



Gacaliye Waalid/Masuul:

Dugsigeenu wuxuu bixiyaa cuntooyin caafimaad leh maalin kasta. Dhamaan ardaydu waxay heli karaan hal quraac iyo hal qadeyn oo bilaash ah maalintii kasta iskuulka. In kasta oo aan loo baahnayn codsi si loo helo cuntooyinkan bilaashka ah, haddana buuxinta Codsiga Faa'iidooyinka Waxbarasho waa arrin muhiim ah! Codsigaaga wuxuu kaa caawin karaa iskuulka inuu u qalmo helitaanka maalgelin waxbarasho.

Si aad u codsato, fadlan buuxi Foomka Codsiga Faa'iidooyinka Waxbarasho ee la socday warqaddan oo u soo celi::

Roseville Area Schools

1251 County Road B2

Roseville, MN 55422

Yaa buuxinaya codsigan? Carruurta reerahoodu ay ka qayb qaataan Barnaamijka Kaalmada Nafaqada ee Dheeraadka ah (Supplemental Nutrition Assistance Program [SNAP]), Barnaamijka Maalgelinta Qoysaska ee Minnesota (Minnesota Family Investment Program [MFIP]) ama Barnaamijka Qaybinta Cunnada ee Degaanada Hindida Mareykanka (Food Distribution Program on Indian Reservations [FDPIR]), iyo korinta caruurta, dadka dibad-jiifka ah, soogalootiga iyo carruurta baxsadka ahi xaq ayey u leeyihiin iyaga oo aan soo sheegin dakhliga qoyska. Taas beddelkeeda, carruurta way u qalmi karaan haddii dakhliga qoyskoodu uu yahay mid soo hoos gelaya dakhliga ugu badan ee lagu muujiyey tirada qoyskooda ee tilmaamaha la muujiyay.

Su'aalaha Guud:

I get WIC or Medical Assistance. Waxaan qaataa WIC ama Kaalmada Caafimaadka. Carruurta qoysaska ka qaybqaata WIC ama Gargaarka Caafimaadka si toos ah xa uguma yeeshaa barnaamijka. Carruurta xaq ayay u yeelan karaan taas oo ku xiran macluumaadka kale ee dhaqaalaha qoyska. Fadlan buuxi codsi.

Yaan ku daraa xubin qoys ahaan? Kudar adiga iyo dhammaan dadka kale ee ku nool guriga, qaraabo ha ahaadeen ama yeysan ahaan (sida awoowayaasha/ayeeyayaasha, qaraabada kale ama asxaabta).

Ma codsan karaa haddii qof qoyskayga ka mid ahi aanu ahayn muwaadin Maraykan ah? Haa. Adiga ama carruurtaada maaha in aad noqotaan muwaadiniin Maraykan ah si aad u buuxisataan codsi.

Maxaa dhacaya haddii dakhligaygu markasta aanu isku mid ahayn? Qor cadadka aad sida caadiga ah lacag ahaan u hesho. Haddii aad caadi ahaan hesho saacadaha dheeraadka ah, ku dar, laakiin ha ku darin haddii aad mararka qaarkood uun hesho saacadaha dheeraadka ah. Dadka shaqaale xilliyeedka ah, ku qor wadarta dakhliga guud ee sanadlaha ah.

Ma la hubin doonaa macluumaadka dakhliga ama lambarka kiiska ee aan idin siiyo? Waa laga yaabaa. Waxa kale oo laga yaabaa in aan ku soo waydiino inaad soo dirto caddayn qoraal ah.

Sidee xogta loo hayn doonaa? Macluumaadka aad ku bixiso foomka, iyo oggolaanshaha ilmahaaga, waxa loo ilaalin doonaa xog gaar ah ahaan. Wixii macluumaad dheeraad ah, eeg bogga dambe ee Codsiga Faa'iidooyinka Waxbarashada (Application for Educational Benefits).

Haddii aanan hadda u qalmin, ma dalban karaa mar dambe? Haa. Fadlan buuxi codsiga wakhti kasta haddii dakhligaagu hoos u dhaco, tirada qoyskaagu kor u kaco, ama aad bilowdo inaad hesho dheefaha SNAP, MFIP ama FDPIR.

Haddii aad hayso su'aalo kale ama aad u baahan tahay caawimo, wac 651-635-1600.

Daacadaadii,

Maria Amerman MS RD SNS

Nutrition Services Supervisor

Maria Amerman MS RD SNS

maria.amerman@isd623.org

Sida loo Buuxiyo Codsiga Dheefaha Waxbarasho (Application for Educational Benefits)

Buuxi foomka Codsiga Dheefaha Waxbarashada (Application for Educational Benefits) ee sanad dugsiyeedka 2026-27 haddii mid ka mid ah waxyaalaha soo socda ay khuseeyaan qoyskaaga:

- Xubin kasta oo qoyska ka mid ah ayaa hadda ka qaybqaata Barnaamijka Maalgelinta Qoyska ee Minnesota (Minnesota Family Investment Program [MFIP]), ama Barnaamijka Kaalmada Nafaqada ee Dheeraadka ah (Supplemental Nutrition Assistance Program [SNAP]), ama Barnaamijka Qaybinta Cunnada ee Degaanada Hindida Mareykanka (Food Distribution Program on Indian Reservations [FDPIR]) ama
- Qoyska waxaa ku jira caruur hal ama in ka badan ah oo aha caruurta la korsado (hay'ada samafal ama maxkamad ayaa mas'uul ka ah ilmaha) ama
- Dakhliga guud ee xubnaha qoysku waxa uu ku jiraa hab-raacyada hoos ku xusan (**dakhliga guud ka hor inta aan canshuurta laga jarin**, ma aha lacagta inta guriga loo qaato). Ha ugu darin dakhli ahaan: lacagaha daryeelka caruur korinta, dheefaha waxbarashada federaalka, lacagaha MFIP, ama kharashka kaalmada laga helo SNAP, WIC ama FDPIR. Milatari: Ha ku darin lacaga la siiyo askarka dagaalka ama kaalmada laga helo Hindisaha Guriyeynta Gaarka loo leeyahay ee Milatariga (Military Privatized Housing Initiative). Tilmaamaha dakhliga waxay dhaqan galayaan laga bilaabo Luulyo (July) 1, 2026 illaa Juun 30, 2027.

Wadarta Dakhliga ugu badan

Tirada qoyska	\$ Sanadkii	\$ Bishii	\$ Laba Jeer Bishii	\$ 2 Todobaadba	\$ Todobaadkii
1	29,526	2,461	1,231	1,136	568
2	40,034	3,337	1,669	1,540	770
3	50,542	4,212	2,106	1,944	972
4	61,050	5,088	2,544	2,349	1,175
5	71,558	5,964	2,982	2,753	1,377
6	82,066	6,839	3,420	3,157	1,579
7	92,574	7,715	3,858	3,561	1,781
8	103,082	8,591	4,296	3,965	1,983
Ku dar qof kasta oo dheeraad ah	10,508	876	438	405	203

Tallaabada 1: Caruurta

Soo qor/tax dhammaan dhallaanka iyo carruurta guriga, iskuulkooda iyo fasalka ku jiraan haddii ay khasayso, iyo taariikhda dhalashada. Ku soo lifaaq bog dheeraad ah haddii loo baahdo si aad u taxdo dhammaan carruurta. Calaamadee sanduuqa haddii ilmuhu uu ku jiro daryeelka korinta (wakaalad samafal ama ay maxkamad mas'uul ka tahay ilmaha).

Tallaabada 2: Lambarka Kiiska

Haddii xubin qoyska ka mid ahi uu hadda ka qaybqaato barnaamijyada SNAP, MFIP ama FDPIR, ku qor lambarka kiiska ka dibna aad Tallaabada 4. Haddii aadan ka qaybqaadan mid ka mid ah barnaamijyadan, faaruq uga tag talaabada 2 una sii gudub Tallaabada 3.

Tallaabada 3: Dakhliga dadka waaweyn iyo carruurta/4 lambar ee u dambeeya ee Lambarka Sooshal Sekuuradka

- Lambarka Sooshal Sekuuradka/Wadarta Xubnaha Qoyska.** Xubin kast oo qaangaar ah oo qoyska ka tirsan waa in uu bixiyaa afarta lambar ee ugu dambeeya ee Lambarkooda Sooshal Sekuuradka ama calaamadee sanduuqa haddii aysan haysan lambarka Sooshal Sekuuradka. Soo gudbi tirada guud ee xubnaha qoyska oo hubi in dhammaan xubnaha qoyska ay mid mid ugu qoan yihiin codsiga qaybta ilmaha ama dadka waaweyn sida ay u khasayso.
- Dakhliga ilmaha.** Haddii ilmo ka mid ah qoyska uu soo galo dakhli joogto ah, sida SSI ama shaqo waqti dhiman (part-time), soo qor wadarta tirada dakhliga caadiga ah ee ay helaan dhammaan carruurta, oo calaamadee sanduuqa inta jeer ay helaan: toddobaadle, laba toddobaad, laba jeer bishii ama bishiiba mar. Ha ku darin dakhliga soo gala marmar uun sida xannaanaynta carruurta ama cawska jariska guryaha.
- Dakhliga dadka waaweyn.** Soo gudbi qaybtaan magacyada xubnaha qoyska ee qaangaarka ah iyo dakhliga ay heleen.
 - Soo qor/tax dhammaan dadka waaweyn ee ku nool guriga ee aan ku qornayn Tallaabada 1, haddii ay qaraabo yihiin iyo haddii kale, sida awoowayaasha/ayeyyoyaasha, qaraabada ama asxaabta.

- **Dakhliga Guud ee Shaqada.** Tani inta badan waa lacagta laga helo ka shaqaynta shaqooyinka markaas oo jeeg mushaar ah la qaato. Dakhli kasta, u calaamadee sanduuq si aad u muujiso inta jeer ee dakhliga la helay: toddobaadle, laba toddobaadle, laba jeer bishii ama bishiiba mar.
- Soo qor/tax dakhliga guud ee ka hor inta aan canshuurka laga jarin, ma aha lacagta aad mushaarka u heshay. Ha qorin mushaarka aad saacaddii ku shaqeyso. Dadka qaangaarka ah ee aan lahayn wax dakhli ah ee ay sheegaan, geli '0' ama ka tag qaybtaas oo bannaan. Dadka shaqaale xilliyeedka ah, ku qor wadarta dakhliga guud ee sanadlaha ah.
- **Ma waxaad tahay iskii u shaqeysta ama beeraley?** Qor dakhliga saafiga ah ee bishii ama sanadka kadib kharashyada ganacsiga. Ha ku qorin codsiga isla dakhligii laba jeer. Khasaaraha ka yimaada beerta ama ganacsiga iskii u shaqeysiga waa in lagu qoraa dakhli 0 (eber) mana yareynayso dakhliga kale.
- **Dakhli Guud ee Kale.** Qor/tax dakhliga guud ka hor inta aan laga jarindhammaan lacagaha ilaha kale, sida SSI, shaqo la'aanta, masruufka carruurta, kaalmada dadweynaha, badbaadada bulshada, dakhliga kiraynta ama gunnada.

Tallaabada 4: Saxiixa iyo Macluumaadka lagala Xiriirayo Qofka weyn ee qoyska ka tirsan waa inuu saxeexaa foomka. Haddii aadan rabin in macluumaadkaaga lala wadaago Barnaamijyada Daryeelka Caafimaadka Minnesota (Minnesota Health Care Programs), calaamadee sanduuqa "Ha la wadaagin" ee ku yaal Tallaabada 4.

Ikhtiyaar ah: Fadlan soo gudbi macluumaadka ku saabsan qowmiyadda iyo jinsiyadda ee lagaaga codsaday bogga labaad ee foomka. Macluumaadkan looma baahna mana saamaynayo oggolaanshahaaga. Xogtu waxay naga caawin doontaa xaqiijinta in aan buuxinayno shuruudaha xuquuqda madaniga ah iyo in aan bulshadeena si buuxda ugu adeegno.

Do Not Fill Out (Ha Buuxin): For School Office Use (Xafiiska Dugsiga uun Isticmaalaya) Conversions to Annualize All Income:	X52	X26	X24	X12	X1	☐ Verified? Attach Tracker	☐ No change	☐ Free After Verified	☐ Reduced After Verified	☐ Denied After Verified
All Total Income (Include child and adult income)	Weekly	Bi-weekly	2X Month	Monthly	Annualize	Household Size:	Categorical Eligibility	Free	Reduced	Denied
\$	☐	☐	☐	☐	☐		☐	☐	☐	☐
Determining Official Signature:							Date:			
Confirming Official Signature:							Date:			

IKHTIYAAR: Aqoonsiga Jinsiga iyo Qowmiyada Carruurta:

Waxaa nalooga baahan yahay in aan ku waydiino macluumaad ku saabsan jinsiyadda iyo qowmiyadda carruurtaada. Macluumaadkani waa muhiim wuxuuna naga caawiyaa si loo hubiyo in aan si buuxda ugu adeegno bulshadeena. Ka jawaabidda qaybtan waa ikhtiyaari mana saameynayso xaq u yeelashada carruurtaada. Ka jawaab labad tallaabo ee Tallaabada Koow, *Qowmiyada* iyo Tallaabada Labo, *Jinsiga*.

Tallaabada Koow: Qowmiyada (hal calaamee): ☐ Hisbaanik ama Laatin ☐ Maaha Hisbaanik ama Laatin

Tallaabada Labo: Jinsi (calaamad mid ama ka badan): ☐ Hindi Mareykanka ama Dhaladka Alaska ☐ Aasiyaan ☐ Madow ama Afrikaan Mareykan ah ☐ Dhaladka Hawaay ama kuwo kale oo Jasiiradaha Baasifigga ah ☐ Caddaan

TILMAAMAHA: Ilaha Dakhliga

Ilaha dakhliga ee Caruurta

Ilaha Dakhliga Canug	Tusaaleyaal
- Dakhli Shaqo ka soo galay - Sooshal Sekuurad - Lacagaha Naafada - Dheefaha Qof Dhintay dartiis loo helo - Dakhliga ka yimid qofka ka baxsan qoyska - Dakhliga ka soo galay meel kasta oo kale	- Ilmuhu wuxuu haystaa shaqo joogto ah oo buuxda ama mid dhiman oo ay ka helaan mushahar ama joornaati - Ilmuhu waa indhoole ama waa naafo qaata dheefta Sooshal Sekuuradka - Waalidku waa naafo, hawl-gabay, ama dhintay, ilmahooduna waxay helaan dheefta Waalidku waa naafo, hawl-gabay, ama dhintay, ilmahooduna waa helaan - Saaxiib ama xubin qaraabo dhow oo qoyska ah ayaa si joogto ah u siiya ilmaha lacag ay isticmaalaa - Ilmuhu wuxuu dakhli joogto ah ka helaa sanduuqa hawlgabka ee gaarka ah, magdhaw ama hanti loo hayo

Ilaha dakhliga ee Dadka Waaweyn

Dakhli Shaqo ka soo galay	Kaalmada Bulshada / Masruufka furiinka / Masruufka Carruurta	Dakhllyada Kale oo dhan
- Mushaarka, joornaatiga, gunnada lacagta caddaanka ah (ka hor inta aan wax laga jarin ama cashuuraha) - Dakhliga saafiga ah ee iskii u shaqeystaha ka soo gala (beero ama ganacsi) - Haddii aad ka mid tahay Milatariga Mareykanka: - Mushaarka aasaasiga ah iyo lacagaha cadaan ah ee gunnooyinka (HA ku darin mushaharka dagaalka, FSSA ama gunnooyinka guryaha ee gaarka loo leeyahay) - Gunnooyinka guryaha ka baxsan xerada ciidamada, cuntada iyo dharka	- Kaalmada Lacagta caddaanka ah ee laga helo Gobolka ama dawladda hoose - Dakhliga Dheeraadka ah ee Sooshal Sekuuradka - Dheefta Shaqo La'aanta - Magdhawga shaqaalaha - Lacagta Masruufka Xaaska La Furay - Lacagaha masruufka ilmaha - Dheefaha Askartii Hore - Dheefaha Shaqo-joojinta	- Sooshal Sekuurad - Dheefaha Naafada - Dakhliga joogtada ah ee ka yimaada hanti loo hayo ama dhaxalka loo hayo - Maalgashiga faa'iidada sanadlaha ah (Annuities) - Dakhliga maalgashiga - Dakhliga Kirada - Lacagaha caddaanka ah ee caadiga ah ee ka yimaada qoyska dibadiisa

Xeerka Qaran ee Cuntada Dugsiga ee Richard B. Russell wuxuu farayaa inaan isticmaalno macluumaadka laga helo codsigan si aan u ogaano ciddii u qalanta cuntooyin bilaash ah ama lagu dhimay. Waxaan ogolaan karnaa oo keliya foomamka si buuxda loo dhammaystiray. Waxaa suuragal ah inaan la wadaagno macluumaadkaaga u-qalmiitaanka barnaamijyada waxbarasho, caafimaad, iyo nafaqo si ay uga caawiyaan reerkaaga inay helaan faa'iidooyinka barnaamijyadaas. Kormeerayaal iyo hay'adaha fulinta sharciga ayaa sidoo kale adeegsan kara macluumaadkaaga si ay u hubiyaan in xeerarka barnaamijka la raacay.

Fadlan hubi inaad bixiso afarta lambar ee ugu dambeysa ee Lambarka Bulshada (Social Security Number) ee qofka weyn ee qoyska ee saxiixaya codsiga. Haddii qofkaasi uusan lahayn lambarka Bulshada, 'Hubi haddii uusan jirin Lambarka Bulshada.' Codsiyada loogu talagalay ilmaha la korsaday uma baahna in la qoro lambarka Bulshada. Codsiyada loogu talagalay carruurta ku nool guryaha hela Barnaamijka Kaalmada Nafaqada ee Dheeraadka ah (SNAP), Kaalmada Ku Meel Gaarka ah ee Qoysaska Danyarta ah (TANF), ama Barnaamijka Qaybinta Cuntada ee Kaydka Dhaladka ah (FDPIR) sidoo kale uma baahna in lagu xuso lambarka Bulshada. Carruurta qaarkood waxay xaq u leeyihiin cuntooyin bilaash ah xitaa iyada oo aan la buuxin codsi. Fadlan la xiriiir iskuulkaaga si aad u hesho cuntooyin bilaash ah ilmaha la korsaday iyo carruurta aan hoy lahayn, socdaalka ah, ama ka cararay guryahooda.

Dugsiyada dadweynaha iyo iskuulada charter-ka, heerka u-qalmiitaanka arday kasta waxaa sidoo kale lagu diiwaangeliyaa nidaam kombiyuutar oo gobolka oo dhan ah oo loo adeegsado in lagu soo diro xogta ardayga Wasaaradda Waxbarashada Minnesota (MDE), sida uu dhigayo sharciga gobolka.

Oraahda takoor la'aanta: Iyadoo la raacayo sharciga xuquuqda madaniga ah ee federaalka iyo xeerarka iyo siyaasadaha xuquuqaha madaniga ah ee Waaxda Beeraha ee Maraykanka (U.S. Department of Agriculture [USDA]), machadkaan waxaa mamnuuc ka ah takoorida ku salaysan isir, midab, asal qaran, lab ama dheddig (ay ku jirto aqoonsiga jinsiga iyo jihaynta galmada), naafanimada, da'da ama aargoosiga ama u goodin arin hore ee xuquuqda madaniga ah darteed.

Macluumaadka barnaamijka waxaa lagu heli karaa luqado aan Ingiriisi ahayn. Dadka naafada ah ee u baahan hab kale oo isgaarsiineed si ay u helaan macluumaadka barnaamijka (tusaale, far waaweyn, cajalad maqal ah, Luqadda Calaamadaha Mareykanka), waa inay la xiriiraan hay'ada gobolka ama hay'adda maxalliga ah ee maamusha barnaamijka ama Xarunta USDA's TARGET ee lambarkeedu yahay (202) 720- 2600 (cod iyo TTY) ama kala xiriiir USDA iyada oo loo marayo Adeegga Gudbinta Federaalka lambarka (800) 877-8339.

Si loo xareeyo cabashada takoorka barnaamijka ah, Qofka Cabanaya waa in uu buuxiyaa Foomka AD-3027, Foomka Cabashada Takoorka ee Barnaamijka USDA (USDA Program Discrimination Complaint) kaas oo laga heli karo onlayn: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, oo laga heli karo xafiis kasta oo USDA, iyada oo la wacayo (866) 632-9992, ama adigoo warqad u qoraya USDA. Warqaddu waa inay ka kooban tahay magaca qofka cabashada qaba, ciwaanka, taleefanka, iyo sharraxaad qoraal ah oo ku saabsan falka takoorka ah ee lagu eedeeyay oo faahfaahsan si loogu wargaliyo Kaaliyaha Xoghayaha Xuquuqda Madaniga (Assistant Secretary for Civil Rights [ASCR]) nooca iyo taariikhda xadgudubka xuquuqda madaniga ah ee lagu eedeeyay. Foomka AD-3027 ama warqadda la buuxiyay waa in loo gudbiyaa USDA iyadoo: (1) **boostada:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or (2) **fakis:** (833) 256-1665 ama (202) 690-7442; ama (3) **iimayl:** program.intake@usda.gov

Machadkani waa mid fursadaha uu bixiyo loo siman yahay.