College Heights-ECLC Menu SY26/27

We continue to experience supply chain issues that may influence menu changes. Menu changes may not be updated online as they occur. We will work to substitute a like item to the best of our ability. ***Allergy Notice***: ECLC is the only facility where nuts are not served. Other schools are "nut-aware", indicating we take special care to prevent cross-contamination. Students that require special diet accommodations must have documentation signed by a medical provider on file with the School Nutrition Department in order for the nutrition department to support them properly. Please access the nutrition section of the CSD website for the proper paperwork. *Please do not self-select menu items for students that need special consideration without speaking with Keith Jenkins Nutrition Supervisor at keith.jenkins@csdecatur.net.

week 1	***MONDAY***	***TUESDAY***	***WEDNESDAY***	***THURSDAY***	***FRIDAY***
WEEK OF: **Aug 17th-Aug 21st** **Sept 7th-Sept 11th** **Sept 28th-Oct 2nd** **Oct 19th-Oct 23rd** **Nov 9th-Nov 13th** **Nov 30th-Dec 4th**	**BREAKFAST** Mini Pancakes w/ Syrup Or Assorted Cereal w/ Toast Fruit Selection Choice of Milk **LUNCH** Chicken Nuggets w/ Breadstick Crispy Mashed Potatoes Fruit Selection Choice of Milk **SNACK** French Toast Graham Crackers Milk	**BREAKFAST** Yogurt with Graham Crackers Or Assorted Cereal w/Toast Fruit Selection Choice of Milk **LUNCH** Soft Beef Tacos Lettuce & Tomato Seasoned Pinto Beans Fruit Selection Choice of Milk **SNACK** Cinnamon Toast Crunch Apple Sauce Cup	**BREAKFAST** Apple or Cherry Strudel Or Assorted Cereal w/ Toast Fruit Selection Choice of Milk **LUNCH** Assorted Pizza Seasoned Green Beans Fruit Selection Choice of Milk **SNACK** Cheez Its 100% Fruit Juice	**BREAKFAST** Sausage Biscuit Or Assorted Cereal w/ Toast Fruit Selection Choice of Milk **LUNCH** Beanie Weenies Steamed Broccoli Fruit Selection Choice of Milk **SNACK** Blueberry Muffins Milk	**BREAKFAST** Cinnamon Roll Or Assorted Cereal w/ Toast Fruit Selection Choice of Milk **LUNCH** Chicken Sliders Seasoned Carrots Fruit Selection Choice of Milk **SNACK** Nutrigrain Grain Bar Sliced Fresh Fruit

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Week 2	***MONDAY***	***TUESDAY***	***WEDNESDAY***	***THURSDAY***	***FRIDAY***
WEEK OF: **Aug 3rd-Aug 7th** **Aug 24th-Aug 28th** **Sept 14th-Sept 18th** **Oct 5th-Oct 9th** **Oct 26th-Oct 30th** **Nov 16th-Nov 20th** **Dec 7th-Dec 11th**	**BREAKFAST** French Toast Bites Or Assorted Cereal w/ Toast Fruit Selection Choice of Milk **LUNCH** Chicken Tenders w/Breadstick California Blend Fruit Selection Choice of Milk **SNACK** WG Chocolate Chip Cookies Milk	**BREAKFAST** WG Muffin Or Assorted Cereal w/ Toast Fruit Selection Choice of Milk **LUNCH** Soft Chicken Tacos Lettuce & Tomato Seasoned Black Beans Fruit Selection Choice of Milk **SNACK** Trix's Orange Slices	**BREAKFAST** Yogurt with Graham Crackers Or Assorted Cereal w/Toast Fruit Selection Choice of Milk **LUNCH** Assorted Pizza Corn Fruit Selection Choice of Milk **SNACK** WG Goldfish 100% Fruit Juice	**BREAKFAST** Chicken Biscuit Or Assorted Cereal w/ Toast Fruit Selection Choice of Milk **LUNCH** Beef Sliders Sweet Potato Fries Fruit Selection Choice of Milk **SNACK** Apple Muffins Milk	**BREAKFAST** Mini Bagel with Strawberry Filling Or Assorted Cereal w/ Toast Fruit Selection Choice of Milk **LUNCH** Turkey Sandwich Steamed Broccoli Fruit Selection Choice of Milk **SNACK** WG Apple Cinnamon Nutrigrain Bar 100% Fruit Juice

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Week 3	***MONDAY***	***TUESDAY***	***WEDNESDAY***	***THURSDAY***	***FRIDAY***
 ***WEEK OF:*** **Aug 10th-Aug 14th** **Aug 31st -Sept 4th** **Sept 21st-Sept 25th** **Oct 12th-Oct 16th** **Nov 2nd-Nov 6th** **Nov 23rd-Nov 27th** **Dec 14th-Dec 18th**	**BREAKFAST** WG Muffins Or Assorted Cereal w/ Toast Fruit Selection Choice of Milk **LUNCH** Chicken Tenders w/Breadstick Tator Tots Fruit Selection Choice of Milk **SNACK** Mickey Mouse Crackers Milk	**BREAKFAST** Mini Pancakes w/ Syrup Or Assorted Cereal w/Toast Fruit Selection Choice of Milk **LUNCH** Cheese Quesadilla Lettuce & Tomato Seasoned Black Beans Fruit Selection Choice of Milk **SNACK** Lucky Charms 100% Fruit Juice	**BREAKFAST** Yogurt Cup w/ Gram Crackers Or Assorted Cereal w/ Toast Fruit Selection Choice of Milk **LUNCH** Assorted Pizza Seasoned Cooked Carrots Fruit Selection Choice of Milk **SNACK** Cheez Its Apple Sauce	**BREAKFAST** Sausage Biscuit Or Assorted Cereal w/ Toast Fruit Selection Choice of Milk **LUNCH** Beef -a- Roni Mixed Vegetables Fruit Selection Choice of Milk **SNACK** Banana Muffins Milk	**BREAKFAST** Apple or Cherry Strudel Or Assorted Cereal w/ Toast Fruit Selection Choice of Milk **LUNCH** Chicken & Waffles Steamed Broccoli Fruit Selection Choice of Milk **SNACK** Nutrigrain Bars 100% Fruit Juice

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