



FOOTHILL CHRISTIAN PRESCHOOL

Toilet (Potty) Training Policy 2026–2027

Foothill Christian Preschool is committed to assisting children and working with parents during the critical stage of toilet training. This policy outlines our collaborative approach to toilet training, including readiness indicators, proper clothing recommendations, required supplies, and the process for transitioning from pull ups to underwear. Our goal is to support each child through this important developmental milestone with care, consistency, and positive reinforcement both at school and home.

Toilet Training Guidelines & Requirements

PULL-UP REQUIREMENTS

Children must wear pull-ups with Velcro sides until they can consistently communicate bathroom needs and control their bladder and bowels for a few minutes after indicating the need. The teacher will discuss when it's appropriate to transition to underwear. If consistent accidents occur after switching to underwear, the child will return to pull-ups to maintain health and safety standards.

PROPER CLOTHING

During potty training, dress your child in easily managed clothing such as shorts and pants with elastic waistbands. Avoid tight clothing, shirts that snap in the crotch, pants with snaps and zippers, overalls, bib-type clothing, belts, one-piece outfits, or dresses for girls during this time.

REQUIRED SUPPLIES

Please provide and maintain the following items in your child's classroom:

- Four (4) complete changes of clothing, including socks and an extra pair of shoes.
- Bag of pull-ups with Velcro sides and wipes (you'll be notified via Brightwheel when supplies run low)

Soiled clothes will be returned in a plastic bag at the end of the day.

During the first week of toilet training, we will take your child to the toilet at specific times throughout the day, even if they don't signal the need to go. We will track this progress using our Brightwheel app. Remember that your child should be wearing pull-ups with Velcro closures during these initial steps of the training process.

Toilet Training Readiness Indicators

Physical and psychological signs of readiness will vary from one child to another. Before beginning the toilet training process, we look for several key indicators that suggest a child is ready for this developmental step.

PHYSICAL READINESS	COMMUNICATION SKILLS	INDEPENDENCE & INTEREST
• Staying dry for extended periods • Waking up dry from naps or in the morning • Hiding to have a bowel movement	• Using consistent words or gestures to communicate needs • Asking for a diaper change • Following instructions	• Desire to be independent • Emotional readiness and openness to learning • Willingness to sit on the potty and understand its function • General interest in the bathroom and toilet

Your child is considered fully potty trained after 30 accident-free days in underwear. At this point, your new tuition rate will take effect the following month, reflecting this developmental milestone.

Policy Agreement and Partnership

We appreciate your partnership during this exciting developmental milestone and look forward to continued success for your child. Toilet training requires consistency, patience, and collaboration between home and school environments. Our teachers are committed to supporting your child through this process with care and understanding.

The toilet training policy has been carefully developed to ensure the health, safety, and success of all children in our program. By following these guidelines, we can work together to make this transition as smooth and positive as possible for your child.

IMPORTANT NOTES:

- Parents of non-potty-trained children must return the **Policy Agreement** to the teacher.
- Signing the form means you have read the policy, it does not mean training has begun.
- When you see signs of readiness, schedule a meeting with your child's teacher to set a start date.
- Teachers can only train a few children at a time, so planning together is important.
- Consistency at home and school is the key to potty training success.

Toilet Training Policy Agreement

Please return this section to your child's teacher.

I have read the Toilet Training Policy in its entirety and agree to comply with and abide by the policy as outlined.

Child's Name: _____ Classroom Letter_____

Parent /Guardian 1 Signature: _____ Date_____

Parent /Guardian 2 Signature: _____ Date_____