Liberty Union High School District
Physical Education Exemption Based on Interscholastic Athletic Program Participation

Waiver Process:

1. Student obtains waiver application from student offices (SLC/DEN/BLDG).
2. Students complete the application through the athleticclearance.com portal (band submits to the band director).
    a. The School distributes hard copy forms to students who register on athleticclearance.com for completion.
3. At the end of the sports season, the Coach/Band Director completes the *Confirmation of Completion* section, signs it, and submits it to the designated Administrator either electronically or via paper document.
4. Administrator signs and submits to the Registrar.
5. The Registrar adds one semester PE Core 10 to the transcript* under Semester 1 (Fall Sport), Semester 1 or 2 (Winter Sport) - student chooses one, or Semester 2 (Spring Sport).
6. Registrar uploads completed application document to Student Documents in Aeries.
7. File the completed waiver application in the student's cumulative folder.

*One semester of PE (Subject G, 5 units) may be exempted upon successful completion of an entire interscholastic sports season. Fall Sports fulfill 1st Semester PE; Winter Sports fulfill either 1st or 2nd Semester PE (student chooses one); Spring Sports fulfill 2nd Semester PE. Senior student-athletes participating in Spring Sports are not eligible for the exemption. The full season must be completed to receive PE exemption credit. One Semester of PE Core 10 is added to the student's transcript; no grade mark is issued.

Date: _____

Liberty Union High School District
Physical Education
Physical Education Exemption Based on Interscholastic Athletic Program Participation (Waiver)
2026-2027

Student Name:_____ Student ID Number:_____

School:_____ Grade:_____ Graduation Year: _____

The application must be completed for each exemption request.
Completed applications should be submitted to your counselor. The form **MUST** be turned in by:
August 28th for Fall sports, **December 18th** for Winter sports, and **March 12th** for Spring sports.

***Unfortunately, due to timeline constraints and State regulations, Senior Student-Athletes participating in Spring sports are not eligible for an exemption this season.**

**Exemption only applies to the current school year.

Physical Education is a requirement for graduation (California State Education Code 51222 and Liberty Union High School District Policy 6146.1 and 6142.7). Requests to modify this requirement are processed on a case-by-case basis. In addition, a student who qualifies for a physical education exemption must still successfully earn 250 credits to graduate.

Physical Education Exemption Based on Interscholastic Athletic Program Participation (Waiver):

- "In accordance with Education Code 51242, the Board may exempt any four-year high school student from attending courses of physical education, if the student is engaged in a regular school-sponsored interscholastic athletic program carried on wholly or partially after regular school hours. Administrative Regulation 6142.7, Physical Education and Activity, lists all of the guidelines that must apply in order to be exempted from a physical education course." In addition, for this exemption to be valid:
- Students must meet **ALL** credit requirements for graduation.
- Athletes **DO NOT** receive PE credit or PE grade for participation in CIF-approved sports at the school.
- Athletes **DO NOT** receive a PE credit when they file a waiver, and credits completed for graduation are not lowered due to the waiver.
- The entire season of interscholastic athletic sports must be **COMPLETED** to receive the exemption of 1 Semester of PE.
    - Students actively participating in a **Fall Sport** would fulfill the 1st Semester of PE
    - Students actively participating in a **Winter Sport** would fulfill either 1st or 2nd Semester of PE (choose 1)
    - Students actively participating in a **Spring Sport** would fulfill the 2nd Semester of PE
    - **Spring sports, Senior Student-Athletes participating in Spring sports are not eligible for an exemption.**
- The exemption is only available to a student who participates in an LUHSD Interscholastic Athletic Program
- Per Ed Code 51242, independent conditioning programs or club sports **CAN NOT** be considered for a physical education exemption
- The student is expected to enroll in a minimum of **SIX** classes (3 classes per day on an A/B Block Schedule) throughout his/her **entire high school career** to be eligible for an Interscholastic Athletic Program Participation exemption.
- All students in **GRADE 9** are **REQUIRED** to take **PE Core 9** and are therefore **not eligible** for a waiver.
- Students cannot be concurrently enrolled in a PE class.
- **ONE WAIVER** form must be submitted for **EACH** semester of waiver requested (one per interscholastic athletic program season)

Physical Education Exemption Based on Interscholastic Athletic Program Participation

I have read and understand all of the conditions. I understand that if I fail to fulfill any part of the requirements or conditions, the contract is void, and I will need to fulfill the Physical Education requirement through the regular Physical Education program.

Student Signature: _____ Date: _____

Parent Name: (Please Print) _____

Parent Signature: _____ Date: _____

Physical Education Exemption Based on Interscholastic Athletic Program Participation: (Waiver)

- 10th - 12th grades ONLY.
  - "In accordance with Education Code 51242, the Board may exempt any four-year high school student from attending courses of physical education, if the student is engaged in a regular school-sponsored interscholastic athletic program carried on wholly or partially after regular school hours. Administrative Regulation 6142.7, Physical Education and Activity, lists all of the guidelines that must apply in order to be exempted from a physical education course."
  - At the conclusion of each season, the Athletic Director confirms that the interscholastic athletic program was completed. Late verification forms could result in the cancellation of the exemption option.

Confirmation of Completion

Fall Sport Interscholastic Athletic/Band Program	Winter Sport Interscholastic Athletic/Band Program	Spring Sport Interscholastic Athletic/Band Program
☐ Football	☐ Basketball	☐ Baseball
☐ Flag Football	☐ Wrestling	☐ Softball
☐ Girls Volleyball	☐ Soccer	☐ Track & Field
☐ Girls Tennis	☐ Winter Guard	☐ Swimming & Diving
☐ Girls Golf	☐ Winter Percussion	☐ Boys Volleyball
☐ Water Polo	☐ Competitive Cheer (TCC or CSC)	☐ Boys Golf
☐ Cross Country		☐ Boys Tennis
☐ Marching Band		☐ Stunt Cheer
☐ Competitive Cheer (TCC or CSC)		

- Initial here to confirm the student was on active roster: (Initial) _____
- Initial here to confirm student completed the full season: (Initial) _____
- For **Winter Sport**, choose one: ❒ 1st Semester or ❒ 2nd Semester

Athletic Coach or Band Director Name: (Print Name): _____

Signature: _____ Date:_____

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OFFICE USE ONLY

Administrator Signature: _____ Date: _____