



Zionsville Middle Schools Menu

2026-2027

Students may take 3-5 components to make a lunch meal.

Components are: Entrée (Meat/Meat Alternate and Grain), 1-2 Vegetables, 1-2 Fruits, and a Milk. All meals must include at least 1 Fruit or Vegetable.

Breakfast Served Daily Before Start of School. After School Snack Served M-TH.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4 Choice of 1 Entrée: - Calzone ^{MSW} - Deli Meat Sandwich ^{MSW} - Bagel and Yogurt ^{MW} - Protein Pack ^{M GF} - PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: - Steamed Corn 100% Vegetable Juice - Salsa Cups Choice of 1 or 2 Fruits: - Mandarin Oranges - Dried Fruits 100% Fruit Juice Choice of 1 Milk: - Milk Variety ^M	5 Choice of 1 Entrée: - Breaded ^{MSW} or Spicy Chicken ^{SW} on Bun ^W - Chef Salad ^{MEW} - Deli Meat Sandwich ^{MSW} - Bagel and Yogurt ^{MW} - Protein Pack ^{M GF} - PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: - BBQ Baked Beans - Relish Boat - Assorted Fresh Vegetables - Mixed Greens Salad - Salsa Cups Choice of 1 or 2 Fruits: - Peaches - Assorted Fresh Fruits - Dried Fruits Choice of 1 Milk: - Milk Variety ^M	6 Choice of 1 Entrée: - All Beef Coney Dog on a Bun ^W - Chef Salad ^{MEW} - Deli Meat Sandwich ^{MSW} - Bagel and Yogurt ^{MW} - Protein Pack ^{M GF} - PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: - Emoticon Potatoes - Assorted Fresh Vegetables - Mixed Greens Salad - Salsa Cups Choice of 1 or 2 Fruits: - Pears - Assorted Fresh Fruits - Dried Fruits Choice of 1 Milk: - Milk Variety ^M	7 Choice of 1 Entrée: - Bosco Breadsticks ^{MW} - Chef Salad ^{MEW} - Bagel and Yogurt ^{MW} - Protein Pack ^{M GF} - PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: - Steamed Peas - Assorted Fresh Vegetables - Mixed Greens Salad - Salsa Cups Choice of 1 or 2 Fruits: - Pineapple - Assorted Fresh Fruits - Dried Fruits Choice of 1 Milk: - Milk Variety ^M
10 Choice of 1 Entrée: - Cheese Quesadilla ^{MSW} - Fruit & Yogurt Parfait ^{MSW} - Bagel and Yogurt ^{MW} - Protein Pack ^{M GF} - PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: - Steamed Corn 100% Vegetable Juice - Salsa Cups Choice of 1 or 2 Fruits: - Peaches - Dried Fruits 100% Fruit Juice Slushy Choice of 1 Milk: - Milk Variety ^M	11 Choice of 1 Entrée: - General Tso's Chicken ^{MSW} over Rice - Fruit & Yogurt Parfait ^{MSW} - Deli Meat Sandwich ^{MSW} - Bagel and Yogurt ^{MW} - Protein Pack ^{M GF} - PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: - Steamed Broccoli 100% Vegetable Juice - Salsa Cups Choice of 1 or 2 Fruits: - Applesauce - Dried Fruits 100% Fruit Juice Choice of 1 Milk: - Milk Variety ^M	12 Choice of 1 Entrée: - Mac and Cheese ^{MEW} with Garlic Knot ^{SW} - Chef Salad ^{MEW} - Deli Meat Sandwich ^{MSW} - Bagel and Yogurt ^{MW} - Protein Pack ^{M GF} - PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: - Steamed Peas and Carrots - Assorted Fresh Vegetables - Mixed Greens Salad - Salsa Cups Choice of 1 or 2 Fruits: - Fruit Cocktail - Assorted Fresh Fruits - Dried Fruits Choice of 1 Milk: - Milk Variety ^M	13 Choice of 1 Entrée: - All Beef Cheeseburger ^{MS} or Hamburger on Bun ^W - Chef Salad ^{MEW} - Deli Meat Sandwich ^{MSW} - Bagel and Yogurt ^{MW} - Protein Pack ^{M GF} - PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: - BBQ Baked Beans - Relish Boat - Assorted Fresh Vegetables - Mixed Greens Salad - Salsa Cups Choice of 1 or 2 Fruits: - Pineapple - Assorted Fresh Fruits - Dried Fruits Choice of 1 Milk: - Milk Variety ^M	14 Choice of 1 Entrée: - Ripper's Pizza ^{MSW} - Chef Salad ^{MEW} - Bagel and Yogurt ^{MW} - Protein Pack ^{M GF} - PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: - California Blend - Assorted Fresh Vegetables - Mixed Greens Salad - Salsa Cups Choice of 1 or 2 Fruits: - Pears - Assorted Fresh Fruits - Dried Fruits Choice of 1 Milk: - Milk Variety ^M

Allergen Legend:

W – Contains Wheat

S – Contains Soy

M – Contains Milk/Dairy

E – Contains Eggs

SS – Contains Sesame

GF – Naturally Gluten Free (Packaged in kitchens that prepare items containing gluten.)

Please speak with your school's café manager to obtain a Special Dietary Needs Medical Form if your child requires a special menu or meal modification due to a disability or impairment.

SF – Contains Shellfish

T – Contains Tree Nuts

P – Contains Peanuts

F – Contains Fish

Pricing

1 Student Lunch \$2.65

1 Student Reduced Lunch \$0.40

Adult Purchases A la Carte

Milk \$0.65

Additional items beyond the first meal are charged as a la carte.

17	18	19	20	21
Choice of 1 Entrée: • Rotini in Meat Sauce ^{EW w/} Garlic Toast ^{MSW} • Fruit & Yogurt Parfait ^{MSW} • Bagel and Yogurt ^{MW} • Protein Pack ^{M GF} • PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: • Green Beans • 100% Vegetable Juice • Salsa Cups Choice of 1 or 2 Fruits: • Applesauce • Dried Fruits • 100% Fruit Juice Choice of 1 Milk: • Milk Variety ^M	Choice of 1 Entrée: • Corn Dog Nuggets ^{SWE} • Breaded Mozz Sticks ^{MW} • Fruit & Yogurt Parfait ^{MSW} • Deli Meat Sandwich ^{MSW} • Bagel and Yogurt ^{MW} • Protein Pack ^{M GF} • PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: • Steamed Peas • 100% Vegetable Juice • Salsa Cups Choice of 1 or 2 Fruits: • Mandarin Oranges • Dried Fruits • 100% Fruit Juice Choice of 1 Milk: • Milk Variety ^M	Choice of 1 Entrée: • Chicken Tenders ^{MSW} w/WG Dinner Roll ^W • Chef Salad ^{MEW} • Deli Meat Sandwich ^{MSW} • Bagel and Yogurt ^{MW} • Protein Pack ^{M GF} • PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: • Mashed Potatoes ^M • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups Choice of 1 or 2 Fruits: • Pineapple • Assorted Fresh Fruits • Dried Fruits Choice of 1 Milk: • Milk Variety ^M	Choice of 1 Entrée: • Walking Taco with Fritos • Chef Salad ^{MEW} • Deli Meat Sandwich ^{MSW} • Bagel and Yogurt ^{MW} • Protein Pack ^{M GF} • PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: • Refried Beans ^M • Fiesta Relish Boats • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups Choice of 1 or 2 Fruits: • Peaches • Assorted Fresh Fruits • Dried Fruits Choice of 1 Milk: • Milk Variety ^M	Choice of 1 Entrée: • Deep Dish Pizza ^{MSW} • Chef Salad ^{MEW} • Bagel and Yogurt ^{MW} • Protein Pack ^{M GF} • PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: • Steamed Carrots • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups Choice of 1 or 2 Fruits: • Pears • Assorted Fresh Fruits • Dried Fruits Choice of 1 Milk: • Milk Variety ^M
24	25	26	27	28
Choice of 1 Entrée: • Calzone ^{MSW} • Fruit & Yogurt Parfait ^{MSW} • Bagel and Yogurt ^{MW} • Protein Pack ^{M GF} • PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: • Steamed Corn • 100% Vegetable Juice • Salsa Cups Choice of 1 or 2 Fruits: • Applesauce • Dried Fruits • 100% Fruit Juice Choice of 1 Milk: • Milk Variety ^M	Choice of 1 Entrée: • French Toast Sticks ^{MESW} w/Pork Sausage Patties • Fruit & Yogurt Parfait ^{MSW} • Deli Meat Sandwich ^{MSW} • Bagel and Yogurt ^{MW} • Protein Pack ^{M GF} • PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: • Tri-Taters • 100% Vegetable Juice • Salsa Cups Choice of 1 or 2 Fruits: • Fruit Cocktail • Dried Fruits • 100% Fruit Juice Choice of 1 Milk: • Milk Variety ^M	Choice of 1 Entrée: • Breaded ^{MSW} or Spicy Chicken ^{SW} on Bun ^W • Chef Salad ^{MEW} • Deli Meat Sandwich ^{MSW} • Bagel and Yogurt ^{MW} • Protein Pack ^{M GF} • PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: • BBQ Baked Beans • Relish Boat • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups Choice of 1 or 2 Fruits: • Peaches • Assorted Fresh Fruits • Dried Fruits Choice of 1 Milk: • Milk Variety ^M	Choice of 1 Entrée: • All Beef Coney Dog on a Bun ^W • Chef Salad ^{MEW} • Deli Meat Sandwich ^{MSW} • Bagel and Yogurt ^{MW} • Protein Pack ^{M GF} • PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: • Emoticon Potatoes • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups Choice of 1 or 2 Fruits: • Pears • Assorted Fresh Fruits • Dried Fruits Choice of 1 Milk: • Milk Variety ^M	Choice of 1 Entrée: • Bosco Breadsticks ^{MW} • Chef Salad ^{MEW} • Bagel and Yogurt ^{MW} • Protein Pack ^{M GF} • PB&J Sandwich ^{PW} Choice of 1 or 2 Vegetables: • Steamed Peas • Assorted Fresh Vegetables • Mixed Greens Salad • Salsa Cups Choice of 1 or 2 Fruits: • Pineapple • Assorted Fresh Fruits • Dried Fruits Choice of 1 Milk: • Milk Variety ^M

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Visit the Food Service link at <https://www.zcs.k12.in.us/departments/food-services> to find info on:

- Contact names
- Meal assistance
- Nutritional / allergen information
- Cafeteria pricing
- School Pay and More

You can also learn about our **ZCS Family Portal** where you can view current balances, food purchase histories and MORE!

Stay Connected! Follow our Facebook page:
@ZCS Food Service