Colonial SCHOOL DISTRICT

Colonial School District Wellness Policy Assessment Tool SY26

Instructions: Please read each criterion in addition to referencing the full Wellness Plan and score you school's fulfillment of that criteria by placing either a 1 (Not in place) 2 (Partially in place) or 3 (fully in place)

Wellness Area: Nutrition Promotion	District	CD	CH	EIS	NCE	PLV	SOU	WB	WM	GR	GB	MC	WP	LEA	CEEP
Goal 1: Deliver consistent messages and district practices regarding nutrition and healthy living, disseminated throughout the district's schools, classrooms, cafeterias, homes, and community.															
Wellness Liaisons (Champions) will ensure that posters, flyers, and billboards visible to students throughout classrooms, hallways, and cafeterias display nutrition and healthy eating positively and attractively.	2	3	2	2	2	3	3	3	3	2	1	3	3	2	2
Wellness Liaisons (Champions), school principals, school nurses, health and physical education teachers, students, and nutrition service employees will disseminate nutrition messages and student nutrition-related activities as often as possible through school newsletters, school websites, school menus, and letters to parents/guardians to increase program transparency and incorporate nutrition education in the home.	2	3	3	3	3	2	3	3	2	3	2	3	3	3	3
Family Outreach: Colonial School District will provide educational materials and/or presentations at least once a year to families that focus on healthy lifestyles and eating patterns.	2	3	3	3	3	3	3	3	2	3	unsure	?	2	3	3
Reinforce the importance of nutrition through the integration of these topics into other school subjects, field trips, after-school programming, and assemblies when feasible.	2	2	3	3	3	3	3	3	3	3	2	3	2	3	3
Goal 2: All schools will promote basic nutrition principles through the encouragement of healthy food choices, such as fruits, vegetables, and whole grains.															
Prohibit school-based marketing of foods that do not meet USDA "Smart Snack" regulations.	2	3	3	3	2	2	2	3	3	3	1	3	3	3	3
The cafeteria environment will, to the best of our ability, contain minimal distractions, adequate lighting, and comfortable seating arrangements.	2	2	3	3	3	2	3	3	3	3	1	3	3	3	3
Goal 3: All schools will promote healthy choices during celebrations and fundraisers															
Celebrations and fundraisers that involve food that occur during the school day, on the school campus, and whose primary audience is students are subject to the same nutrient standards as stated in APPENDIX B Smart Snacks. There are no exceptions. This policy does not apply to school-sponsored or school-related bona fide fundraising activities that take place off school grounds and not in transit to and from school. Nor does the policy apply to fundraising and booster sales that occur after the regular school day, off school campus, or to non-students.	2	2	3	3	3	2	3	3	3	3	2	3	2	3	3
To protect students with food allergies and ensure all nutrient standards are being met throughout the school day, parents are encouraged to purchase celebration-type foods off the Colonial Nutrition Services Classroom Celebration List.	2	3	3	3	3	3	3	3	3	3	2	3	3	3	3
Goal 4: All schools will promote equity in School Nutrition															
To move away from traditional holiday-type foods and toward equal representation of our diverse community, all students will be introduced to foods and flavor profiles from various cultures around the world each month through our Passport to Global Flavors Program. These items will be prepared by Nutrition Services staff and offered to every student in the district as a sample tasting. Marketing materials with information about the culture and foods being featured will be shared via social media, digital displays, and through discussions in the cafeteria and classroom.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
Wellness Area: Nutrition Standards	Score	Score	Score	Score	Score	Score	Score	Score	Score		Score	Score	Score	Score	Score
Goal 1: Menus must comply with the current USDA food group and nutrient regulations when averaged over the week and food group portions should be consistent with those established for the three school grades to provide nutritious, well-balanced meals to students.															
Provide a variety of nutrient-dense foods and beverages.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3

Provide annual training to food service staff that covers basic nutrition, healthy eating concepts, allergies, and components of a reimbursable meal.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
The School Breakfast Program and School Lunch Program will meet the minimum number of servings to be offered both daily and weekly for all food components as outlined by the Final Ruling of Nutrition Standards set forth by the USDA (APPENDIX D, Figure 1).	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
The School Breakfast Program and School Lunch Program will work towards lowering the sodium content in all foods and recipes offered as a part of the meal program. Specific sodium targets are outlined in the Sodium Reduction Timeline by the USDA (APPENDIX D, Figure 2).	2	3	3	3	3	3	3	3	3	3	3	3	3	2	2	
School meal programs will offer only unflavored low-fat milk (1% or lower milk fat) or fat-free flavored or unflavored milk with no more than 150 calories per 8 ounces.	2	3	3	3	3	3	2	3	3	3	3	3	3	3	3	
School lunch programs will offer at least five different fruit/vegetable options a week.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
At least one fruit other than 100% juice will be offered at breakfast every day. Fresh fruit will also be served every day at lunch.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
A different vegetable is served every day of the week at lunch. Over the week, all five vegetable subgroups will be offered (Dark green, red/ orange, beans/peas, starchy, and others). Starchy vegetables will only be served two to three times per week.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
All grains served at lunch and breakfast will be whole grain-rich.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
Only two ounces of grain-based desserts will be offered each week during lunch.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
The Nutrition Services Department will continue to choose products that limit the saturated fat, sodium, and sugar content of the school menus.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
Provide staff with the opportunity to obtain ServeSafe certification as needed and perform routine cafeteria audits for compliance with food safety and sanitation practices to prevent foodborne illness set by the Nutrition Department's Hazard Analysis and Critical Control Points system and Standards of	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
Goal 2: All Foods sold on school campus (All areas of the property under the jurisdiction of the school that are accessible to students during the school day), during the school day (weekdays that school is in session beginning at 12:00 a.m. until 30 minutes after the scheduled school-end time) that are a competitive food (Foods and beverages are those that are sold or given at school during the school day outside of and in competition with the federally reimbursable meal programs), must meet "Smart Snack Standards.																
Properly identify all foods and beverages outside of the school meals program that are sold to students on the school campus during the school day as competitive foods and make sure these products meet or exceed the most current USDA regulations and selected Alliance for a Healthier Generation Competitive School Food and Beverage Guidelines as outlined in APPENDIX B. This includes a la carte, vending, snacks, school store, and fundraising that occur during the school day on school campuses defined in Section B.i and B.ii. See APPENDIX B for more details surrounding these guidelines.	2	3	3	3	3	3	2	3	3	3	3	3	3	3	3	
All competitive foods and beverages sold a la carte during school lunch and/or sold on school campus during the regular school day such as in vending machines, snack carts, etc. must comply with the competitive nutrient standards detailed in APPENDIX B. Compliance will be monitored and enforced by the school principals, wellness liaisons, and school nutrition department.	2	3	3	3	3	3	3	3	3	3	2	3	3	3	3	
Wellness Area: Health Education	Score	Score	Score	Score	Score	Score	Score	Score	Score					Score	Score	Score
Goal 1: All schools will provide the amount and type of health education required by the State Board of Education																
K-4: 30 hours/ grade that includes Nutrition Education (4.5 hours/grade), Drug and Alcohol Education (10 hours/grade), Personal Body Safety (from the approved list of programs) for each grade, Mental Health Literacy (from an approved list of programs) for each grade	2	2	2	3	3	3	2	2	3	N/A	N/A	N/A	N/A		N/A	
5-6: 35 hours/ grade that includes Nutrition Education (4.5 hours/grade), Drug and Alcohol Education (15 hours/grade), Personal Body Safety (from the approved list of programs) for each grade, Mental Health Literacy (from an approved list of programs) for each grade	2	2	2	3	3	3	2	2	3	3	3	3	N/A		N/A	
7-8: 60 hours total that includes Nutrition Education (4.5 hours/grade), Drug and Alcohol Education (15 hours/grade), Personal Body Safety (from the approved list of programs) for each grade, Consent Education (from the approved list of programs) for each grade, Mental Health Literacy (from an approved list of programs) for each grade	3	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3	3	3	N/A		N/A	

9-12: 0.5 Credits* that includes Nutrition Education (4.5 hours), CPR (2 hours), Drug and Alcohol Education (15 hours/grade), Personal Body Safety (from the approved list of programs), Consent Education (from the approved list of programs), Mental Health Literacy (from an approved list of programs)	3	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	3		N/A
Goal 2: All Colonial schools will provide age-appropriate, evidence-based nutrition education curricula during PE/Health class and assess knowledge gained by way of written testing and/or opportunity to exercise new skills															
PE and Health educators will utilize the district-provided nutrition materials and resources for grades K-12 to deliver key health messages to students during required health education hours. The chosen curricula will be evidenced-based, and include both functional knowledge of nutrition as well as skills-based lessons on healthy eating.	2	1	1	3	3	2	3	3	3	3	3	3	3		NA
Nutrition and health education will be taught by physical education and health instructors who are licensed, certified, or have a degree in health education or a related health field.	2	1	3	3	3	2	3	3	3	3	3	3	3		NA
All students will be assessed in health and nutrition education and the results will be reported on student report cards every term that health education is required or as part of another discipline.	2	1	1	1	3	1	1	1	1	3	3	3	3		NA
Goal 3: Colonial School District will provide training and professional development for physical and/or health education staff so that schools may deliver effective nutrition education to students															
All physical and/or health education teachers will be encouraged to enroll in at least one continuing education course before the start of each school year in addition to professional development hours. Continuing education units can be found on the National Commission for Health Educators website, the American School Health Association website, or the Delaware Association for Health, Physical Education, Recreation and Dance. The District Wellness Committee will provide opportunities for health education staff and wellness liaisons (champions) to increase their knowledge of nutrition and health by attending in-services, workshops, seminars, and trainings. It is recommended that such staff members attend at least one educational event per year to effectively develop curricula and distribute information to students. Such opportunities will be emailed annually.	2	2	2	3	3	3	1	1	3	3	2	3	3		NA
Goal 4: Schools will incorporate school gardening into science lesson plans to increase "farm to fork" health education and skills at all grade levels through the establishment of a school garden for each district school and the use of curriculum provided by school garden programs.															
Principals and/or wellness champions will use the resources provided by the Healthy Foods for Healthy Kids (HFHK) Vegetable Gardening Program to implement a school garden. The Garden Coordinator (GC) along with the school team will plan, implement, and monitor the well-being of the garden and its use. Science curriculum related to plants, geology, or biology will be tied into the school garden to provide skills-based learning and incorporate health education. Nutrition Services will partner with schools for the processing and serving of produce grown in the garden.	2	1	3	3	2	1	1	1	1	1	NA	2	3		1
Wellness Area: Physical Education and Activity	Score	Score	Score	Score	Score	Score	Score	Score	Score				Score	Score	Score
Goal 1: All Colonial Schools will provide standards-aligned physical education to students in every grade K-8 and 2 semesters for high school students.															
All physical education courses will be taught by a certified physical education teacher with a degree or certification in the physical education field.	3	3	3	3	3	3	3	3	3	3	3	3	3		3
Professional development will be provided and planned by the district's Physical Education Leadership Team	3	3	3	3	3	3	3	3	3	3	3	3	3		3
Physical education learning objectives and student mastery of the standards will be assessed through the use of any of the following: Focused Fitness, teacher-created assessment, peer and self-assessment physical activity journal, or other means approved by the Physical Education Leadership Team.	3	3	3	3	3	3	3	3	3	3	3	3	3		N/A
Physical education classes will be appropriately modified or adapted to promote the participation of all students, especially students with chronic health conditions and/or special needs. Colonial Physical Education courses will be inclusive and appropriately adapted to ensure that all students are included and have the opportunity for success.	3	3	3	3	3	3	3	3	3	3	3	3	3		3
Physical education requirements or recess will not be waived for other activities or classes or taken away as punishments.	2	2	2	2	3	3	2	2	2	3	3	3	3		3
Goal 2: The Colonial School District recognizes the value that physical activity can have on the physical, mental, and emotional well-being of our students. As such, all schools will strive to meet the recommended minimum of 150 minutes of physical activity per week as recommended by the Centers for Disease Control and Prevention.															

Daily recess and/or allotted time for physical activity will be encouraged for preschool and elementary school students	3	3	3	3	3	3	3	3	3	N/A	N/A	N/A	N/A		3
Areas used for physical activity should be in a safe environment for students with proper supervision.	3	3	3	3	3	3	3	3	3	3	3	3	3		3
Schools will work towards bolstering the confidence of students to maintain a physically active lifestyle into adulthood.	3	3	3	3	3	3	3	3	3	3	3	3	3		3
The district will provide opportunities outside of the school day for students to participate in activity programs, clubs, or groups without socioeconomic barriers when possible (i.e., Girls on the Run, seasonal sports).	2	3	3	3	3	3	3	3	3	3	3	3	3		1
Physical activity will be incorporated into other curricula throughout the school day to increase student's overall movement. Principals and curriculum developers will inform teachers of these expectations and provide support and resources.	2	3	3	3	3	3	3	3	3	1	1	1	1		3
Comprehensive school discipline plans will not include the use of withheld recess as a consequence. School teams will be trained in appropriate school discipline strategies in conjunction with school climate plans (i.e. Responsive Classroom, etc.)	2	3	3	3	2	2	3	3	3	3	3	3	N/A		3
Professional learning opportunities will be made available to all instructional staff regarding the importance of physical activity within academic programs	2	1	1	3	3	1	1	3	3	1	1	1	3		3
Wellness Area: Social Emotional and Behavioral Wellness	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score
Goal 1: All Colonial schools will implement SEL curriculums/frameworks that are high quality, evidence-based/evidence-informed (Tier 1)									3		1				
All Colonial schools will implement SEL curriculums/frameworks that are high quality, evidence-based/evidence-informed (Tier 1).											1				
Schools will implement Tier 1 SEL practices and materials that are aligned with the CASEL Framework and Delaware SEL Competencies	2	2	3	3	2	3	2-3	3	3	2	2	3	3	3	3
Goal 2: All Colonial schools will implement Mental Health curriculums/frameworks that are high quality, evidence-based/evidence-informed (Tier 1)									3		2				
All schools will implement instructional resources that are age and developmentally appropriate, high-quality, evidence-based or evidence-informed, and aligned to standards/frameworks.								3	3		1				
Colonial School District will implement instructional programming for mental health in grades kindergarten through 12 that is aligned with the DOE-adopted mental health competencies.	2	2	3	3	3	2	2-3	3	3	3	2	3	3	3	3
Schools will ensure all staff are trained in the identified approaches for addressing social-emotional learning, behavior, and mental health.	2	2	2	3	2	2	2-3	3	1	1	1	2	3	3	3
Wellness Area: Counseling, Psychological, and Social Services	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score
Goal 1: All Colonial schools will provide support, services, and/or resources to assist students in feeling healthy															
All Colonial schools will employ a range of staff (school nurses, school counselors, school psychologists, social workers/counselors of mental health) to support student mental health	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
All Colonial schools will use various screening tools and processes to identify student needs (i.e. Food Insecurity).	2	3	2	3	3	3	3	3	3	3	3	3	3	2	3
School teams will partner with families to provide resources to address the social needs (such as food and transportation to and from school) of students and their families.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
Families will have access to additional resources through the SafeDE Application.	2	3	3	3	1	2	3	3	3	3	2	3	3	3	1
Goal 2: All Colonial schools will provide support, services, and/or resources to assist students in feeling safe									3		3				
To assist students in feeling safe while at school, a 5-step approach will be utilized:									2		1				
Prevention									2		1				
All school-based safety/crisis teams will complete vulnerability assessments and maintain/implement school-wide safety plans	2	3	3	3	3	2	3	2	2	1	1	3	3	3	2
All Colonial schools will implement an online monitoring platform to identify potential risks of self-harm or threats to others.	2	3	3	3	3	2	3	3	3	3	3	3	3	3	2
All Colonial schools will implement an online platform allowing students, staff, and family members to report safety concerns anonymously.	2	3	3	3	2	2	3	3	1	3	3	3	3	3	N/A
Mitigation															
Schools will utilize a research-based model for completing risk and threat assessments to determine the level of risk and appropriate responses.	2	3	3	3	3	3	3	3	3	3	3	3	3	3	2
Protection									3						
Response									3						
Following a school crisis, district- and building-level teams will implement the crisis response plan that corresponds to the incident	2	3	3	3	3	3	3	3	3	3	2	3	3	3	2
Crisis response will include the provision of mental health support to meet the student/staff needs. Support will be pulled from building-level, district-wide, and community partners.	2	3	3	3	3	3	3	3	2	3	2	3	3	3	N/A
Recovery									3						

Following a school crisis, the building safety/crisis response team will monitor the building's needs.	2	3	3	3	3	2	3	2	2	2	2	3	3	3	2	
Additional support will be provided in response to the identified needs	2	3	3	3	3	2	3	3	2	1	2	3	3	3	2	
After action reporting will be utilized to determine the effectiveness and necessary changes to the crisis response plan	2	3	3	3	3	2	3	2	2	1	2	2	3	3	2	
Goal 3: All Colonial schools will provide support, services, and/or resources to assist students in feeling engaged									3							
Through the implementation of a Multi-Tiered System of Support, all schools will monitor student attendance, behavior, and academic progress.	2	3	3	3	3	3	3	3	3	3	3	3	3	3	2	
Students experiencing challenges in one or more of these areas will be reviewed for intervention, including referral to in-school services from community partners.	2	3	3	3	3	3	3	3	3	3	3	3	3	3	2	
Goal 4: All Colonial schools will provide support, services, and/or resources to assist students in feeling supported																
Students with intense needs will receive individualized support/services from school-based staff (including referral to community partners). Samples of individualized support/services include 504 Plans, Special Education Services, Functional Behavior Assessments/Behavioral Intervention Plans, Provision of Homebound Services, Support for students protected under McKinney Vento or Foster Care, Safety Plans following risk or threat assessment, and Return to Learn Planning following a student's return from alternative placement, outside agency, or homebound services	2	3	3	3	3	3	3	3	3	3	3	3	3	3	2	
Wellness Area: Health Services	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	
Goal 1: All Colonial schools will assist students in feeling healthy, safe, and ready to learn through Care Coordination																
School Nurses will:																
1a. Provide direct care for emergent, episodic, and chronic mental and physical health needs.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
1b. Connect students and family to available resources.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
1c. Collaborate with families, school community, mental health team (including school counselors, social workers, and psychologists), and medical home.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
1d. Develop and implement plans of care.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
1e. Foster developmentally appropriate independence and self-advocacy.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
1f. Provide evidence-based health counseling.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
1g. Facilitate continuity of care with family during transitions.	2	3	3	3	3	3	3	3	2	3	3	3	3	3	3	
Goal 2: All Colonial schools will assist students in feeling healthy, safe, and ready to learn through Quality Improvement																
School Nurses will:																
2a. Participate in data collection for local, state, and national standardized data sets and initiatives.	2	3	3	3	3	3	3	3	2	3	3	3	3		3	
2b. Transform practice and make decisions using data, technology, and standardized documentation.	2	2	3	3	3	3	3	2	2	3	3	3	3		3	
2c. Use data to identify individual and population-level student needs, monitor student health and academic outcomes, and communicate outcomes.	2	3	3	3	3	3	3	2	2	3	3	3	3		3	
2d. Engage in ongoing evaluation, performance appraisal, goal setting, and learning to professionalize practice.	2	3	3	3	3	3	3	2		3	3		3		3	
2e. Identify questions in practice that may be resolved through research and evidence-based practice processes.	2	2	3	3	3	3	3	2	2	3	3	3	3		3	
Goal 3: All Colonial schools will assist students in feeling healthy, safe, and ready to learn through Leadership																
School Nurses will:																
3a. Direct health services in school, district, or state.	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	
3b. Interpret school health information and educate students, families, school staff, and policymakers.	2	3	3	3	3	3	3	3	3	3	2	3	3	3	3	
3c. Advocate for district or state policies, procedures, programs, and services that promote health, reduce risk, improve equitable access, and support culturally appropriate care.	2	2	3	3	3	3	3	3	3	3	2	3	3	3	3	
3d. Engage in and influence decision-making within education and health systems.	2	3	2	3	3	3	3	3	2	2	2	3	3	3	3	
3e. Participate in development and coordinate implementation of school emergency or disaster plans.	2	2	2	3	3	3	3	1	3	3	3	3	3	3	3	
3f. Champion health and academic equity.	2	3	3	3	3	3	3	3	2	2	3	3	3	3	3	

3g. Share expertise through mentorship/ preceptorship.	2	2	3	3	2	3	3	3	3	2	2	2	3	3	3
3h. Practice and model self-care	2	3	3	3	3	3	3	2	1	3	3	3	3	3	3
Goal 4: All Colonial schools will assist students in feeling healthy, safe, and ready to learn through Community/Public Health															
School Nurses will:															
4a. Provide culturally sensitive, inclusive, holistic care.	2	3	3	3	3	3	3	3	3	3	3	3	3	3	3
4b. Conduct health screenings, surveillance, outreach, and immunization compliance activities.	2	3	3	3	3	3	3	3	2	3	2	3	3	3	3
4c. Collaborate with community partners to develop and implement plans that address the needs of school communities and diverse student populations.	2	3	3	3	3	3	3	3	3	3	2	3	3	3	3
4d. Teach health promotion, health literacy, and disease prevention.	2	3	3	3	3	3	3	2	3	3	3	3	3	3	3
4e. Provide health expertise in key roles in school, work, and community committees/ councils/coalitions.	2	3	3	3	3	3	3	3	2	3	3	3	3	3	3
4f. Assess school and community for social and environmental determinants of health.	2	3		3	3	3	3	2	2	3	2	3	3	3	3
Wellness Area: Employee Wellness	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score	Score
Goal 1: Colonial School District will provide support, services, and/or resources to assist staff in feeling healthy and supported															
1a. Provide resources to encourage employees to embrace mental health and wellness.	2	3	3			3	3		2	2	1	3	3	3	2
1b. Develop, plan, and facilitate district-wide wellness activities and events for staff.	2	3	1			3	3		2	2	1	2	3	3	2
1c. Analyze data to identify the health and wellness needs of the Colonial community to support retention efforts.	2	2	1			2	2-3		2	2	1	2	3	3	2
1d. Serve as a thought partner to educate and inspire employees to embrace their mental health and wellness needs.	2	2	2			2	2-3		2	2	1	3	3	3	2
Monitoring, Evaluation, and Accountability to the Community	Score														
Goal 1: Monitor the district's and each school's progress toward achieving the goals outlined in the wellness plan and inform the public of this progress.															
The Superintendent of Colonial School District will be responsible for the implementation of the wellness plan throughout the district.	3														
Identified School Wellness Liaisons (Champions) will report committee updates to the principal of their respective school. School Wellness Liaisons (Champions) will attend sessions and share updates about the district wellness plan with other liaisons/champions at annual district wellness meetings.	1														
Department representatives for Physical and Health Education, Health and Wellness, and Nutrition Services will conduct an internal assessment for each focus area of the wellness plan and report a rating for each school for that area to the committee. These ratings will be used to provide the public with an update for each school.	3														
All Wellness Committee Meeting Minutes and agendas will be posted to the Colonial School District's website for public access. The website will be maintained with up-to-date wellness plan information as well as ways for the public or district staff to get involved.	2														
Goal 2: Monitor and evaluate the applicability of the wellness plan to the current school environment through feedback and data and adapt the plan as needed															
The Wellness Plan will be reviewed every 3 years at a district-level meeting with the administration as well as at committee meetings with the Schools and/or School Wellness Champions.	2														
This Wellness Plan will be available online to the general public and open for comments.	3														