Wellness Policy Assessment

A Local School Wellness Policy assessment shall be conducted every three years and be completed by the district's Wellness Committee. The assessment shall be made available to the public.

District Name South San Francisco USD Date 7/20/2026

Yes	No	
✓	○	Our district reviews the wellness policy to ensure it is up to date.
✓	○	We have an up to date wellness policy that includes all of the required elements and have compared our policy to other district's or other model wellness policy's.
✓	○	We assess our wellness policy every three years as required.
✓	○	We make our wellness policy available to the public.
✓	○	We make our wellness policy assessment available to the public.
✓	○	We have reviewed specific goals for nutrition education. → In progress
✓	○	We have specific goals for physical activity and other activities that promote student wellness.
✓	○	The district prohibits bullying and harassment of all students to promote a safe and positive school environment that is conducive to students' physical and mental health.
✓	○	The district has adopted nutrition guidelines for all foods and beverages available on campus during the school day.
✓	○	To the extent possible, all district schools participate in available federal school meal programs.
✓	○	Students are provided access to free, potable water in the foodservice are during meal times.
✓	○	Nutrition standards for all foods and beverages sold to students, at district schools, during the school day, meet or exceed state and federal nutrition guidelines.
✓	○	School organizations are encouraged to use healthy food items or non-food items for fundraising purposes.
✓	○	The use of non-nutritious food and beverages as a reward is discouraged.
✓	○	Nutritious foods/beverages for school parties, celebrations or events is encouraged.
✓	○	The district prohibits the marketing and advertising of foods and beverages that do not meet nutrition standards for the sale of foods and beverages on campus during the school day.

Progress Report: Indicate any additional wellness practices and describe progress made in attaining the goals of the wellness policy

The district is in progress of recruiting school principal & PE teacher to be part of the committee. Goals for physical activity to be set in subsequent meetings. Nutrition education and promotion goals will be achieved by September and November.

Receipes Posting

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