

# WELCOME TO THE COUNSELOR'S CORNER

**HEAD COUNSELOR  
MRS. LORA J.GARZA  
LJGARZA@SBCISD.NET**

**COUNSELING DEPT. SECRETARY  
CAROLINA ALVEAR**



## Resources

TCHATT PROVIDES SHORT-TERM SCHOOL-BASED ACCESS TO TELEMEDICINE AND TELEHEALTH VISITS WITH A MENTAL HEALTH PROFESSIONAL FOR CHILDREN AND YOUTH IDENTIFIED BY SCHOOL PERSONNEL. THE ROLE OF TCHATT IS TO PROVIDE INITIAL INTERVENTION AND ASSESSMENT OF STUDENTS AND REFERRAL IF NEEDED. WITH TCHATT, SCHOOL PERSONNEL CAN CONSULT WITH MENTAL HEALTH PROVIDERS INCLUDING PSYCHIATRISTS, PSYCHOLOGISTS, AND LICENSED CLINICAL SOCIAL WORKERS. WITH AN EARLY INTERVENTION COMPONENT, TCHATT OFFERS PSYCHOEDUCATION FOR STUDENTS, FAMILIES, AND SCHOOL PERSONNEL. PLEASE SEE YOUR CHILD'S SCHOOL COUNSELOR FOR MORE INFORMATION.

**SBCISD DISTRICT COUNSELING DEPT**  
[HTTPS://WWW.SBCISD.NET/FS/ADMIN/SITE/PAGES/3695](https://www.sbcisd.net/fs/admin/site/pages/3695)

**10<sup>TH</sup> GRADE  
SARA ALONZO- LAST NAME M-Z  
SALONZO@SBCISD.NET**

**ELSA LONGORIA - LAST NAME A-L  
11 GRADE  
EELONGORIA@SBCISD.NET**

**CRYSTAL COLE- A-L  
CMCOLE@SBCISD.NET**

**MONIKA AGUILAR M-Z  
MMAGUILAR@SBCISD.NET**

**12TH GRADE  
MONICA ANAYA - A-L  
MAANAYA@SBCISD.NET**

**MAGDALENA SAN ROMAN RIVERA- M-Z  
MSANROMANRIVERA@SBCISD.NET**

**SANTIAGO BERNAL CTE COUNSELOR  
SBERNAL@SBCISD.NET**

**PLEASE CONTACT US AT  
956-361-6541**

