

Reach
2026/2027

Breakfast Menu

We try to follow the menu however, menus are subject to change *due* to shortages that sometime apply.

Week
1

Monday	Tuesday	Wednesday	Thursday	Friday							
Sausage Biscuit Super Donut Applesauce Cups Assorted Fresh Fruit 100% Fruit Juice Assorted Milk	Apple Frudel Super Donut Diced Peaches Assorted Fresh Fruit 100% Fruit Juice Assorted Milk	Banana Bread Cinnamon Bun Super Donut Tropical Fruit Assorted Fresh Fruit 100% Fruit Juice Assorted Milk	Super Donut Chocolate Chip Muffin Mandarin Oranges Assorted Fresh Fruit 100% Fruit Juice Assorted Milk	Super Donut Frosted Strawberry Pop- tart Frosted Cinnamon Poptart Pineapple Tidbits Assorted Fresh Fruit 100% Fruit Juice Assorted Milk							
BE PREPARED TO EAT		What makes a Great Breakfast Select at least 3 items! <table><tr><td>Milk</td><td>Fruit Juice</td></tr><tr><td>2 Grains or A Grain and Protein</td><td>Fruit</td></tr></table> One must be a <table><tr><td>Fruit Juice</td><td>AND/OR</td><td>Fruit</td></tr></table>	Milk	Fruit Juice	2 Grains or A Grain and Protein	Fruit	Fruit Juice	AND/OR	Fruit		Start your Day with a Healthy Breakfast 
Milk	Fruit Juice										
2 Grains or A Grain and Protein	Fruit										
Fruit Juice	AND/OR	Fruit									

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