

Tuesday Sep 1

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Chicken Biscuit	1 each/3.6oz 1 ...	29	
Diced Peaches	140 Grams 1/2 ...	17	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Wednesday Sep 2

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Pull Apart Glazed Clusters	1 each (2.5oz) ...	31	
Fresh Grape Packets (Item # 223)	1 pack 1/2 cup		
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Thursday Sep 3

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Banana Bread	1 Slice Each/3....	45	
Fruit Mix	1/2 cup 1/2 cup	20	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Friday Sep 4

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Frosted Cinnamon Poptart	1 Pack-3.5oz 1 ...	73	
Fresh Apple (Item # 2112)	1 each		
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Tuesday Sep 8

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Super Donut	3 ounce 1 each	38	
Applesauce Cups	1/2 cup 1/2 cup	14	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Wednesday Sep 9

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Pancake Roll-up	1 each/2.85oz ...	17	
Orange Wedges	1 Whole Orang...	15.4	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Thursday Sep 10

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Breakfast Bagel Pizza	1 each 4 oz	34	
Diced Peaches	140 Grams 1/2 ...	17	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Friday Sep 11

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Blueberry Muffin	1 each/3.1oz 1 ...	42	
Fruit Mix	1/2 cup 1/2 cup	20	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Monday Sep 14

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Caramel Mini Cinnis Pull Apart	1 package each...	35	
Applesauce Cups	1/2 cup 1/2 cup	14	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Tuesday Sep 15

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Breakfast Sausage Pizza	1 each 2.79 oz	18	
Pineapple Tidbits	1/2 cup 1/2 cup	15	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Wednesday Sep 16

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Chocolate Chip French Toast Mini	1 pack each/3.0...	35	
Fruit Mix	1/2 cup 1/2 cup	20	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Thursday Sep 17

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Cinnamon Bun	1 each 2.75oz	35	
Orange Wedges	1 Whole Orang...	15.4	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Friday Sep 18

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Powder Donuts	1 pack each 3o...	41	
Diced Peaches	140 Grams 1/2 ...	17	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Monday Sep 21

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Frosted Strawberry Pop-tart	1 each/48 1oz	35	
Applesauce Cups	1/2 cup 1/2 cup	14	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Tuesday Sep 22

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Beacon Street Stuffed Cheese Sti	1 each 60 grams	14	
Diced Pears	1/2 cup 1/2 cup	20	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Wednesday Sep 23

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Blueberry Bread	1 slice each/96 ...	43	
Fruit Mix	1/2 cup 1/2 cup	20	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Thursday Sep 24

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Super Donut	3 ounce 1 each	38	
Fresh Banana (Item # 2803)	1 each 1/2 cup		
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Friday Sep 25

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Chocolate Chip Muffin	1 each	47	
Mandarin Oranges	1/2 Cup 1/2 Cup	18	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Monday Sep 28

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Strawberry Cream Cheese Bagel	1 each/2.43oz ...	42	
Fresh Banana (Item # 2803)	1 each 1/2 cup		
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Tuesday Sep 29

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Mini Pancakes	1 pack each 85 ...	36	
Diced Peaches	140 Grams 1/2 ...	17	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		

Wednesday Sep 30

Item Name	Portion Size	Carbohydrates (g)	Special Meal Accommodations
Sausage Biscuit	1 each/3.25oz ...	23	
Orange Wedges	1 Whole Orang...	15.4	
100% Fruit Juice	4oz 1/2 cup		
Assorted Milk	8oz 8oz		