

Counseling Resource List

As per your request, below are the names of a few professionals to consider in seeking a counselor/therapist or psychologist to work with your child. This is merely a resource list. It is not an endorsement, recommendation or referral. You may want to interview several professionals before making your decision. Also, you may want to discuss coverage eligibility with your private insurance before making contact.

Center for Anxiety & Behavior Management (Mental) 259 Main Street, Chester, NJ 908-914-2624	Morris Guild - Psychotherapy (Mental) 1 Madison Ave, Morristown, NJ 973-539-5009
Blueprint Mental Health (Mental) 73 West End Ave, Somerville, NJ 908-256-6965	Richard Hall Community Mental Health Center (Both) 500 North Bridge Street, Bridgewater, NJ 908-725-2800
Well Being Therapy Center (Mental) 112 Main Road, Montville, NJ 973-794-6888	Nicole J. Rafanello, Ph.D. Morristown DBT (Both) 91 Washington Street, Morristown, NJ 973-829-7099
Mike Osit, Ph.D (Mental) 5 Mountain Blvd #4, Warren, NJ 908-757-1399	DBT Skills Group NJ (Mental) Medical Arts Building 205 Ridgedale Avenue Florham Park, NJ 973-535-3626
Bridges Counseling Center for Child & Family Wellness (Both) 185 Route 206 Suite 1, Flanders, NJ 973-668-4806	Margaret DeLong, Psy.D. (Mental) Liberty Corner 3640 Valley Road, Bernardsville, NJ 908-604-0045
Maliha Sheikh, Psy.D. (Mental) 19B Claremont Road, Bernardsville, NJ 07924 908-259-4541	Kris Stankiewicz, Psy.D., ABPP (Mental) 1200 US Hwy 22, Bridgewater, NJ 908-307-2273
Lindy Judd, LCSW, LCADC (Both) South Finley Ave, Basking Ridge, NJ 908-344-3983	Oldwick Associates (Mental) 152 Oldwick Road, Oldwick, NJ 908-439-3456
Jeri Rothe, LCSW (Mental) 786 Mountain Blvd Suite 102, Watchung, NJ 908-755-3055	Michele SanGiovanni, LPC (Mental) 100 Hanover Ave Suite 203, Cedar Knolls, NJ 973- 775-9953
Mark S. Aronson, Ed.D. (Mental) 12 Quimby Lane, Bernardsville, NJ 908-953-0686	PerformCare- NJ Children's System of Care (Both) 1-877-652-7624

Saint Clare's Behavioral Health Center at Parsippany (Both) 1 Medical Drive, Morris Plains, NJ 973-298-8600	Saint Clare's Behavioral Health Center at Denville (Both) 50 Morris Avenue, Denville, NJ 973-625-7009
Roderick Bennett, Ph.D (Mental) 61 Claremont Road, Bernardsville, NJ 908-766-1221	Jennifer A. Libby, LCSW (Mental) 20 Community Place #4, Morristown, NJ 973-943-0064
Chad Gillikin, LCSW (Mental) JCS Professional Building, Raritan, NJ 908-304-5161	Lorin Gaffen, LPC, LCADC (Mental) 135 Columbia Turnpike, Florham Park, NJ 973-580-9191
Judith Schaeffer-Binoit, LCSW, LMFT (Mental) 268 Green Village Road, Green Village, NJ 201-774-9236	Sharon R. Foldy, LCSW (Mental) 20 Community Place, Morristown, NJ 201-725-0426
John Grund, LCSW (Mental) 267 Main Street, Chester, NJ 201-841-0432	High Focus Centers (Both) Parsippany, NJ (Other locations available) 973-299-9919
Gen Psych (Both) 380 Foothill Road, Bridgewater, NJ (Other locations available) 1-855-436-7792	Anew Wellness (Substance) 270 Davidson Ave #105, Somerset, NJ 732-328-2639
Catholic Charities (Both) 540 US 22, Bridgewater, NJ 908-722-1881	Jewish Family Services of Somerset, Warren and Hunterdon Counties (Mental) 150 West High Street Somerville, NJ 08876 Contact: Jerry Starr at 908-725-7799
Immediate Care Psychiatric Center (Mental) 22 Hill Road, Parsippany, NJ 973-335-9909	Princeton House (Both) 905 Herrontown Road, Princeton, NJ (Other locations available) Inpatient Admissions 800-242-2550 Outpatient Admissions 888-437-1610
NJ Recovery & Wellness (Both) 205 Ridgedale Ave, Suite 200, Florham Park, NJ 855-202-7939	Alexis Irene, MA, LPC, NCC Cognitive Change 248 Ridgedale Avenue, Florham Park, NJ (862) 217-5069 https://cognitivechange.org/alexis/
Ellie Fuentes LPC, LCADC, ACS, NCC Clinical Insights LLC (973) 348-5919 20 Church Street Basking Ridge NJ 07920 www.clinicalcounseling.net	Center for Psych'I Services of Somerset Cty Dr. Laura DeMarzo, Director 390 Amwell Rd, #104 Hillsborough, NJ 08844 (908) 431-9200

Clear Minds Psychotherapy Alexa Vizcarra, LPC (Virtual Appts Only) (973) 949-1811 alex@clearmindpsychotherapy.com	Better Wellness Counseling & Consulting Ambre Hriso, Director, MSW, LCSW (908) 498-7292 www.betterwellnesscc.com Bedminster Location
Dr. Lara Brodzinsky, Psychologist 364 Main Street #200A, Far Hills NJ dr.brodzinsky@gmail.com www.drlarabrodzinsky.com (917) 415-8959	Collaborative Therapy Network 409 Main St, Chester (908) 409-3228 https://www.collaborativetherapynetwork.com/