Middle School Menu

August-26

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
3		4		5		6			
10		11						14	
17		18		19		20		21	
				Popcorn Chicken, Y, W	14	Orange Chicken W, Y, E,	19	Big Daddy Cheese Pizza M,	28
				Smiley Potatoes Y	25	Rice	37	Broccoli	4
				Sweet Corn	8	Edamame Y	3	Red Pepper Slices	2
				Peaches, Sliced	14	Carrot Baby	6	Ranch Dressing M, E, Y	2
				Milk (assorted)	15	Applesauce	22	Orange	21
						Milk (assorted)	15	Milk (assorted)	15
24		25		26		27		28	
Macaroni & Cheese W, M, Y,	28	Chicken Tenders W, Y	16	Cheese Ravioli W, M	29	Chicken Egg roll M, E, W, Y	20	Cheese Bites M, W	28
Tomatoes, Grape	10	Onion Rings M, W	28	Spaghetti Sauce	8	&/or Potstickers W, Y, SS	11	Red Dipping Sauce	5
Chickpeas	10	Baked Beans	15	Sweet Corn	17	Fried Rice W, Y, SS	17	Cucumber Slices	0
Mixed Berries Cup	20	Apple Slices	8	Cranberries, Dried	28	Broccoli	2	Ranch Dressing M, E, Y	2
Milk (assorted)	15	Milk (assorted)	15	Milk (assorted)	15	Fresh Apple	22	Orange	21
						Milk (assorted)	15	Milk (assorted)	15
31									
French Toast Sticks E, M, Y, W	26								
Pancake Syrup	30								
Cheese, String M	3								
Tater Rounds Y	19								
Chickpeas	10								

Lunch 3.25
Milk $.45
NSLP Reduced price lunch $0.40
All meals served with
choice of Milk

Alternate Daily Choices:

Mon	Chicken Nuggets/Patty	16-41
Tue	Hot Dog	30
Wed	Pizza	21-42
Thu	Nachos/Walking Tacos	32-48
Fri	Breakfast for Lunch	15-25

Students must have money on their accounts or bring cash for ala carte purchases.

Allergen Key:

M	Milk
E	Eggs
F	Fish
S	Shellfish (e.g., shrimp, crab)
N	Tree nuts (e.g., almonds, walnuts, pecans)
W	Wheat
Y	Soybeans
P	Peanuts
SS	Sesame

See District's Food Service website for a la carte pricing
Questions regarding the Menu, Please contact
Kevin Harris at:

Kharris@D15.org

Disclaimer about Carb counts

***Menu subject to change, notice given when possible**

The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer.
Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.