Francis Howell SCHOOL DISTRICT

LEARNING TOGETHER

801 Corporate Centre Drive, O'Fallon, MO 63368

Allergy Checklist

Please make sure that your child has all of the following in place with your school nurse before attending school.

All forms are required to be filled out **annually** and **signed by a healthcare provider and a parent/guardian**. You may use the forms on our website or forms provided by the doctor's office.

- Allergy Action Plan
- Emergency Epinephrine (Epi-Pen, Auvi-Q, Neffy or equivalent)
    - Must not be expired
    - Must be in box with original prescription label
- Benadryl or other over-the counter allergy medication prescribed by the doctor
    - Must not be expired
    - Must be in original, unopened manufacturer's packaging

If you would like your child to self-carry their emergency medication at school, please speak with your child's school nurse. A separate self-carry authorization form is required and must be completed by both the parent/guardian and the child's healthcare provider. Self-carrying medication is most common among middle and high school students and is considered on an individual basis.