



Hertford County Public Schools Breakfast Menu for September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	September 1	September 2	September 3	September 4
	Sausage Biscuit Fruit Juice Milk	Pancake/Sausage Stick Fruit Juice Milk	Super Donut Fruit Juice Milk	Banana Bread Fruit Juice Milk
September 7	September 8	September 9	September 10	September 11
<i>Holiday No School</i>	Sausage Biscuit Fruit Juice Milk	Glazed Cinnamon Bun Fruit Juice Milk	Super Donut Fruit Juice Milk	Apple Strudel Fruit Juice Milk
September 14	September 15	September 16	September 17	September 18
Confetti Pancakes Fruit Juice Milk	Sausage Biscuit Fruit Juice Milk	Early Release Day Pancake/Sausage Stick Fruit Juice Milk	Super Donut Fruit Juice Milk	Banana Bread Fruit Juice Milk
September 21	September 22	September 23	September 24	September 25
Dutch Waffle Fruit Juice Milk	Sausage Biscuit Fruit Juice Milk	Glazed Cinnamon Bun Fruit Juice Milk	Super Donut Fruit Juice Milk	Apple Strudel Fruit Juice Milk
September 28	September 29	September 30		
Assorted Cereal/Pop Tart Fruit Juice Milk	Sausage Biscuit Fruit Juice Milk	Pancake/Sausage Stick Fruit Juice Milk		

Families Making the Connection

Taste & Learn About Local Produce

North Carolina is fortunate to have a bounty of agricultural products. “Goodness Grows in North Carolina”! You can find locally grown food in grocery stores, roadside stands, and farmers markets as well as restaurants, schools, and early care and education sites across the state.

For National Fruits & Veggies Month in September and Farm to School and Early Care and Education Month in October, plan to participate in the N.C. Crunch, an opportunity to taste and learn about North Carolina grown fruits and veggies. Schools, early care and education centers, organizations, and families can sign up and receive a free guide with tips, templates, and links to resources. Share photos on social media of you tasting and learning about N.C. produce using #NCCrunch. Learn

more and sign up at <https://growing-minds.org/north-carolina-crunch>.

The N.C. Crunch is also an opportunity to recognize all those involved in feeding our youth and communities—farmers, distributors, school nutrition professionals, transportation professionals and more. Let’s thank our dedicated #FarmtoSchoolHeroes across the state!