Incoming Kindergarten Summer Packet

10 Minutes a Day for Kindergarten Readiness

Welcome to Kindergarten! This summer packet is designed to help incoming kindergarten students build confidence and independence before the first day of school. Each activity takes about 10 minutes and focuses on important early learning skills:

- Writing
- Reading
- Phonological Awareness
- Math
- Executive Function Skills

The goal is to keep learning fun, playful, and low stress. Young children learn best through movement, conversation, songs, games, and hands-on experiences.

Tips for Families

- Keep sessions short and positive.
- Celebrate effort, not perfection.
- Use crayons, markers, pencils, scissors, counting objects, books, and toys.
- Read aloud every day, even for just 5 minutes.
- Encourage independence with routines.
- If your child becomes frustrated, stop and try again later.

Suggested Daily Routine (10 Minutes)

Time	Activity
2 minutes	Phonological Awareness Warm-Up
3 minutes	Reading or Writing Activity
3 minutes	Math Activity
2 minutes	Executive Function Challenge

Week 1: Getting Ready to Learn

Day 1

Phonological Awareness: Clap the syllables in family names. Example: Mom (1), Grandma (2), Benjamin (3)

Writing: Practice writing first name with a capital letter.

Reading: Look at a picture book and talk about what you see.

Math: Count to 10 using toys or snacks.

Executive Function: Practice putting shoes away after taking them off.

Day 2

Phonological Awareness: Say two words that rhyme with "cat."

Writing: Draw a picture of yourself and tell an adult about it.

Reading: Point to the title and cover of a book.

Math: Sort objects by color.

Executive Function: Practice cleaning up one activity before starting another.

Day 3

Phonological Awareness: Play "I Spy" with beginning sounds. Example: "I spy something that starts with /b/."

Writing: Trace straight lines, zigzags, and circles.

Reading: Retell a favorite story using pictures.

Math: Count forward from 1–15.

Executive Function: Follow a 2-step direction. Example: "Touch your nose, then clap."

Day 4

Phonological Awareness: Listen for words that start with the same sound. Example: sun, sock, sandwich.

Writing: Practice holding a pencil correctly.

Reading: Find letters you know in a book.

Math: Count backward from 5.

Executive Function: Practice waiting patiently for 30 seconds.

Day 5

Phonological Awareness: Clap the beats in animal names.

Writing: Write the letters in your first name.

Reading: Read a nursery rhyme together.

Math: Make patterns using colors or objects. Example: red-blue-red-blue.

Executive Function: Practice putting toys away in the correct spot.

Week 2: Letters and Sounds

Day 6

Phonological Awareness: Name words that begin with /m/.

Writing: Trace uppercase letters A–F.

Reading: Sing the alphabet song slowly.

Math: Count objects to 15.

Executive Function: Practice sitting and listening for one minute.

Day 7

Phonological Awareness: Name words that rhyme with “dog.”

Writing: Draw and label a favorite food.

Reading: Find the first letter in your name around the house.

Math: Compare groups: Which has more?

Executive Function: Pack up materials independently.

Day 8

Phonological Awareness: Say the first sound in these words: ball, fish, sun.

Writing: Trace lowercase letters a–f.

Reading: Point to words while someone reads aloud.

Math: Count and move. Example: 10 jumps.

Executive Function: Practice taking turns in a game.

Day 9

Phonological Awareness: Blend simple sounds. Example: /c/ /a/ /t/ → cat.

Writing: Write your first name independently.

Reading: Talk about your favorite part of a story.

Math: Identify circles, squares, triangles.

Executive Function: Practice deep breaths when frustrated.

Day 10

Phonological Awareness: Play "odd one out." Example: cat, hat, sun.

Writing: Draw a picture and attempt a sentence.

Reading: Find uppercase letters in a book.

Math: Make a shape picture.

Executive Function: Practice following a simple routine independently.

Week 3: Growing Independence

Day 11

Phonological Awareness: Say words that begin with /s/.

Writing: Trace curved lines and spirals.

Reading: Predict what will happen next in a story.

Math: Count to 20.

Executive Function: Practice zipper or button skills.

Day 12

Phonological Awareness: Clap syllables in food words.

Writing: Write uppercase letters G–L.

Reading: Find rhyming words in a story.

Math: Sort objects by size.

Executive Function: Complete a task before asking for help.

Day 13

Phonological Awareness: Identify ending sounds. Example: dog ends with /g/.

Writing: Draw your family and label members.

Reading: Read environmental print. Example: STOP sign, cereal boxes.

Math: Count backward from 10.

Executive Function: Practice listening without interrupting.

Day 14

Phonological Awareness: Blend sounds into words. Example: /h/ /a/ /t/.

Writing: Trace lowercase letters g–l.

Reading: Talk about characters in a story.

Math: Create AB and ABC patterns.

Executive Function: Practice transitioning quickly between activities.

Day 15

Phonological Awareness: Name words that rhyme with “sun.”

Writing: Write your last name if ready.

Reading: Look through books independently.

Math: Count pennies or coins.

Executive Function: Practice cleaning up without reminders.

Week 4: Kindergarten Confidence

Day 16

Phonological Awareness: Say the beginning sound for picture cards.

Writing: Write uppercase letters M–R.

Reading: Retell a story from beginning to end.

Math: Count objects into groups of 5.

Executive Function: Practice morning routine independence.

Day 17

Phonological Awareness: Clap syllables in classmates’ names.

Writing: Draw and label a playground.

Reading: Identify letters in your environment.

Math: Identify numbers 1–20.

Executive Function: Practice asking for help politely.

Day 18

Phonological Awareness: Say a word without the first sound. Example: cat without /c/ = at.

Writing: Trace lowercase letters m–r.

Reading: Point to spaces between words.

Math: Compare lengths of objects.

Executive Function: Play a memory game.

Day 19

Phonological Awareness: Think of three rhyming words.

Writing: Write a sentence with adult help.

Reading: Read favorite books again.

Math: Solve simple story problems. Example: "You have 2 apples and get 1 more."

Executive Function: Practice staying focused for 5 minutes.

Day 20

Phonological Awareness: Review favorite sound games.

Writing: Write your name proudly and draw a self-portrait.

Reading: Choose a favorite book to share.

Math: Count as high as you can.

Executive Function: Talk about what you are excited for in kindergarten.

Week 5: Strong Start Skills

Day 21

Phonological Awareness: Name words that begin with /t/.

Writing: Trace uppercase letters S–X.

Reading: Point to letters and words in a book.

Math: Count to 25.

Executive Function: Practice carrying a backpack independently.

Day 22

Phonological Awareness: Find words that rhyme with “pig.”

Writing: Draw and label your favorite animal.

Reading: Talk about the setting of a story.

Math: Sort objects by shape.

Executive Function: Practice listening during a short activity.

Day 23

Phonological Awareness: Identify beginning sounds in household objects.

Writing: Trace lowercase letters s–x.

Reading: Listen for repeated words in stories.

Math: Make a pattern with toys.

Executive Function: Practice taking turns in conversation.

Day 24

Phonological Awareness: Blend sounds into simple words.

Writing: Write your first name without tracing.

Reading: Look at picture clues to predict a story.

Math: Compare which group has fewer.

Executive Function: Complete a simple chore independently.

Day 25

Phonological Awareness: Say words with the same ending sound.

Writing: Draw and write about summer.

Reading: Choose a favorite page from a book.

Math: Count objects into groups.

Executive Function: Practice calming down with deep breaths.

Week 6: Building Confidence

Day 26

Phonological Awareness: Clap syllables in animal names.

Writing: Trace uppercase letters Y and Z.

Reading: Identify the author and illustrator.

Math: Count to 30.

Executive Function: Practice putting away school supplies.

Day 27

Phonological Awareness: Think of words beginning with /p/.

Writing: Trace lowercase letters y and z.

Reading: Retell a story using beginning, middle, and end.

Math: Find numbers around the house.

Executive Function: Practice waiting your turn patiently.

Day 28

Phonological Awareness: Play "I Spy" with ending sounds.

Writing: Draw a picture and label 3 things.

Reading: Listen for rhyming words.

Math: Identify shapes in the environment.

Executive Function: Practice following 3-step directions.

Day 29

Phonological Awareness: Blend sounds: /m/ /a/ /p/.

Writing: Write uppercase letters from memory.

Reading: Point to punctuation marks.

Math: Compare heavy and light objects.

Executive Function: Practice staying on task for 5 minutes.

Day 30

Phonological Awareness: Name two rhyming words.

Writing: Draw your favorite story character.

Reading: Read books with repeated phrases.

Math: Count backward from 15.

Executive Function: Practice cleaning up after an activity.

Week 7: Ready to Learn

Day 31

Phonological Awareness: Identify beginning sounds in names.

Writing: Write your first and last name.

Reading: Find uppercase and lowercase letters.

Math: Count objects to 35.

Executive Function: Practice independent hand washing.

Day 32

Phonological Awareness: Say words that rhyme with “cake.“

Writing: Trace shapes and patterns.

Reading: Talk about favorite characters.

Math: Create and extend patterns.

Executive Function: Practice organizing materials neatly.

Day 33

Phonological Awareness: Say the middle sound in simple words.

Writing: Draw and label community helpers.

Reading: Listen to a nonfiction book.

Math: Compare tall and short objects.

Executive Function: Practice finishing one task before another.

Day 34

Phonological Awareness: Blend sounds into words.

Writing: Write letters A–Z.

Reading: Retell a favorite story.

Math: Count by ones to 40.

Executive Function: Practice making simple choices independently.

Day 35

Phonological Awareness: Play rhyming games.

Writing: Draw and attempt a full sentence.

Reading: Point to spaces between words.

Math: Sort objects by more than one attribute.

Executive Function: Practice transitioning calmly between activities.

Week 8: Kindergarten Problem Solvers

Day 36

Phonological Awareness: Identify beginning sounds quickly.

Writing: Trace and copy simple words.

Reading: Read environmental print.

Math: Count to 45.

Executive Function: Practice solving small problems independently.

Day 37

Phonological Awareness: Say words that begin with /b/.

Writing: Draw and label a nature picture.

Reading: Predict what happens next.

Math: Use objects to show addition stories.

Executive Function: Practice asking questions respectfully.

Day 38

Phonological Awareness: Say a word without the ending sound.

Writing: Write familiar letters from memory.

Reading: Discuss facts learned from books.

Math: Identify coins and their names.

Executive Function: Practice listening to directions the first time.

Day 39

Phonological Awareness: Blend sounds into 3-letter words.

Writing: Write your favorite letters.

Reading: Find rhyming words in books.

Math: Count objects into equal groups.

Executive Function: Practice keeping track of belongings.

Day 40

Phonological Awareness: Review favorite sound games.

Writing: Draw and write about a fun memory.

Reading: Choose books independently.

Math: Count backward from 20.

Executive Function: Practice completing routines independently.

Week 9: Almost Kindergarteners

Day 41

Phonological Awareness: Identify first sounds in pictures.

Writing: Write uppercase letters neatly.

Reading: Retell a story with details.

Math: Count to 50.

Executive Function: Practice sitting and focusing during a story.

Day 42

Phonological Awareness: Think of words that rhyme with "bug."

Writing: Draw and label classroom items.

Reading: Identify letters in your name.

Math: Compare longer and shorter objects.

Executive Function: Practice asking for help appropriately.

Day 43

Phonological Awareness: Blend sounds into words.

Writing: Copy a simple sentence.

Reading: Talk about favorite books.

Math: Solve simple subtraction stories.

Executive Function: Practice staying calm during challenges.

Day 44

Phonological Awareness: Clap syllables in long words.

Writing: Write lowercase letters neatly.

Reading: Point to words while reading together.

Math: Count objects by touching each one.

Executive Function: Practice independent cleanup.

Day 45

Phonological Awareness:" Play "odd word out."

Writing: Draw a self-portrait.

Reading: Read a favorite book again.

Math: Review shapes and numbers.

Executive Function: Practice following directions quickly.

Week 10: Kindergarten Ready!

Day 46

Phonological Awareness: Review beginning sounds.

Writing: Write your full name.

Reading: Choose books to read with family.

Math: Count to 50 or higher.

Executive Function: Practice your morning routine.

Day 47

Phonological Awareness: Say rhyming words.

Writing: Draw and label school supplies.

Reading: Talk about how books are organized.

Math: Create your own patterns.

Executive Function: Practice packing and unpacking a backpack.

Day 48

Phonological Awareness: Blend and segment simple words.

Writing: Write letters and numbers from memory.

Reading: Retell a story independently.

Math: Solve addition stories with objects.

Executive Function: Practice staying focused during a task.

Day 49

Phonological Awareness: Review favorite rhyming games.

Writing: Draw a picture of your future classroom.

Reading: Read signs and labels around you.

Math: Review counting and shapes.

Executive Function: Practice using kind words.

Day 50

Phonological Awareness: Celebrate all the sounds and words you learned.

Writing: Write your name proudly and decorate it.

Reading: Share your favorite book with someone.

Math: Count as high as you can and celebrate!

Executive Function: Talk about goals and excitement for kindergarten.

Optional Weekly Read-Aloud Suggestions

- Brown Bear, Brown Bear, What Do You See?
- Chicka Chicka Boom Boom
- Pete the Cat books
- The Very Hungry Caterpillar
- Llama Llama books
- The Kissing Hand
- Kindergarten, Here I Come!

- First Day Jitters

Kindergarten Readiness Checklist

By the end of summer, many incoming kindergarten students may be able to:

- Recognize some letters
- Write first name
- Count to 20
- Hold a pencil comfortably
- Listen to a short story
- Follow 2-step directions
- Share and take turns
- Use the bathroom independently
- Open snack containers
- Clean up materials
- Express needs with words

Remember: children develop at different rates. Confidence, curiosity, and a love of learning matter most.

Supplies to Keep Handy

- Crayons
- Pencils
- Paper
- Child-safe scissors
- Glue stick
- Counting objects
- Picture books
- Alphabet chart
- Playdough

Final Note to Families

Thank you for supporting your child's learning journey. The best preparation for Kindergarten is spending time together talking, reading, playing, and encouraging independence. Small daily routines make a big difference.

Have a wonderful summer and enjoy this exciting transition to Kindergarten!