



LIED ACTIVITY CENTER
BELLEVUE PUBLIC SCHOOLS



Fall 2026

Activities, Clinics, Leagues, and Wellness Programs

2700 Arboretum Drive | Bellevue, NE 68005
(402) 293-5000 | www.bellevuepublicschools.org

GENERAL INFORMATION

The Bellevue Public Schools Lied Activity Center has program offerings for youth and adults. **Classes are open to both members and non-members.** We staff according to registration; therefore, no refunds are given after the first class. The facility has the right to add, drop, or change classes to meet program requirements. Please see facility postings for dates the facility is closed.

Inclement weather: The Lied Activity Center will not open if Bellevue Public Schools closes. Notifications will be sent out via email and posted on social media.

DOWNLOAD OUR APP

Easily sign up for activities for yourself and your family using our app! Search BPS Lied Activity Center in the Apple App Store or Play Store or scan the QR codes below.

Link to Apple App Store



Link to Google Play Store



BPS LIED ACTIVITY CENTER CONTACT

Bellevue Public Schools

Lied Activity Center

2700 Arboretum Drive

Bellevue, NE 68005

(402) 293-5000

bps.liedactivitycenter@bpsne.net

Ryan Schultz

Recreation Specialist

ryan.schultz@bpsne.net

HOURS OF OPERATION

Monday, Tuesday, Thursday & Friday

5:30 a.m. - 9:00 p.m.

Summer: May 15 - August 15, Close at 8:00 p.m.

Wednesday

5:30 a.m. - 7:00 p.m.

Saturday

8:00 a.m. - 5:00 p.m.

Sunday

12:00 noon - 5:00 p.m.

CALENDAR

Dates the Facility is Closed

Labor DaySeptember 7, 2026

Veterans' DayNovember 11, 2026

ThanksgivingNovember 25-27, 2026

ChristmasDecember 24 & 25, 2026

New Year's December 31, 2026 & January 1, 2027

Martin Luther King Jr. Day January 18, 2027

Easter Break March 26-28, 2027

Memorial Day May 31, 2027

JuneteenthJune 18, 2027

Independence Day.....July 4 & 5, 2027

***Changes to the Calendar can be found online at
www.bellevuepublicschools.org***

CONTACTS FOR SELECT TEAMS

Bellevue West Developmental Programs Contact List

Baseball:

Nick Schumacher (402) 293-4040 email: NSchumacher.uba@gmail.com

Boys Basketball:

Steve Klein (402) 293-4040 email: steven.klein@bpsne.net

Girls Basketball:

Dane Bacon (402) 293-4040 email: dane.bacon@bpsne.net

Cross Country:

Larissa Knudson (402) 293-4040 email: larissa.knudson@bpsne.net

Football:

Michael Huffman (402) 293-4040 email: michael.huffman@bpsne.net

Boys Golf:

Rick Mintken (402) 293-4040 email: richard.mintken@bpsne.net

Girls Golf:

Rick Mintken (402) 293-4040 email: richard.mintken@bpsne.net

Boys Soccer:

Alex Zimmer (402) 293-4040 email: alex.zimmer@bpsne.net

Girls Soccer:

Alan Carr (402) 293-4040 email: alan.carr@bpsne.net

Softball:

Josie Chronic (402) 293-4040 email: josie.chronic@bpsne.net

Swimming:

Peg Speer (402) 293-4150 email: peggy.speer@bpsne.net

Boys Tennis:

Matt Lauritsen (402) 293-4040 email: matthew.lauritsen@bpsne.net

Girls Tennis:

Boys Track:

Derrell Bradford (402) 293-4040 email: DerrellBradford@gmail.com

Girls Track:

Larissa Knudson (402) 293-4040 email: larissa.knudson@bpsne.net

Volleyball:

Christina Reicks (402) 293-4040 email: christina.reicks@bpsne.net

Boys Wrestling:

Nolan Barry (402) 293-4040 email: nolan.barry@bpsne.net

Girls Wrestling:

Bryan Irsik (402) 293-4150 email: bryan.irsik@bpsne.net

CONTACTS FOR SELECT TEAMS

Bellevue East Developmental Programs Contact List

Baseball:

Ian DeLaet (402) 293-4150 email: ian.delaet@bpsne.net

Boys Basketball:

Trevor Lenear (402) 293-4150 email: trevor.lenear@bpsne.net

Girls Basketball:

Eric Lenear (402) 293-4150 email: eric.lenear@bpsne.net

Cross Country:

Connor Mazzei (402) 293-4150 email: connor.mazzei@bpsne.net

Football:

Aaron Thumann (402) 293-4150 email: aaron.thumann@bpsne.net

Boys Golf:

Trevor Lenear (402) 293-4150 email: trevor.lenear@bpsne.net

Girls Golf:

Nicole Burns (402) 293-4150 email: nicole.burns@bpsne.net

Boys Soccer:

Noah Bishop (402) 293-4150 email: noah.bishop@bpsne.net

Girls Soccer:

Sipres Hoefer (402) 293-4150 email: sipres.hoefer@bpsne.net

Softball:

Casie Onken (402) 293-4150 email: casie.onken@bpsne.net

Swimming:

Peg Speer (402) 293-4150 email: peggy.speer@bpsne.net

Boys Tennis:

Ben Dalton (402) 293-4150 email: benjamin.dalton@bpsne.net

Girls Tennis:

Krista Tew (402) 293-4150 email: krista.tew@bpsne.net

Boys Track:

Tom Messier (402) 293-4150 email: thomas.messier@bpsne.net

Girls Track:

Bryan McKinley (402) 293-4150 email: bryan.mckinley@bpsne.net

Volleyball:

Courtney Smeby (402) 293-4150 email: courtney.smeby@bpsne.net

Boys Wrestling:

Jake Nieman (402) 293-4150 email: jake.nieman@bpsne.net

Girls Wrestling:

Bryan Irsik (402) 293-4150 email: bryan.irsik@bpsne.net

SWIM LESSONS

Youth Swim Lessons / 3-12 years old

Learn to swim while having fun with our trained instructors. We offer Preschool (3-4 years old only) and levels 1 through 6 at the Lied Activity Center. All of our swim instructors are American Red Cross certified lifeguards.

Levels: Pre-school – Level 6

Cost: \$70 members; \$90 non-members

Registration Process

The registration period for each session is listed below. **Once registration opens**, you can easily register online by visiting www.bellevuepublicschools.org to register under “**Lied Activity Center - Registration Forms**” OR you can download the Lied Activity Center App and sign up there!

When you register, you will be able to choose the time of the session you would like. Early sign up is encouraged to ensure your desired time is available. Payment is due at the time of registration, which can be conveniently paid online via the online registration process.

Families may register in person at the Lied Activity Center; however, we encourage you to save time and utilize the online registration system. **No refunds after the first lesson.**

Fall Session 1: Registration Period: August 10 - 23, 2026

Fall Session 2: Registration Period: October 19 - 25, 2026

Mondays

Classes 6:00 – 6:25 p.m.	Session 1: Aug. 24, 31, Sept. 14, 21, 28, Oct. 5, 12
6:30 – 6:55 p.m.	(No Class Sept. 7)
7:00 – 7:25 p.m.	Session 2: Oct. 26, Nov. 2, 16, 30, Dec. 7, 14, 21
7:30 – 7:55 p.m.	(No Class Nov. 9 & 23)

Wednesdays

Classes 6:00 – 6:25 p.m.	Session 1: Aug. 26, Sept. 2, 16, 23, 30, Oct. 7, 14
6:30 – 6:55 p.m.	(No Class Sept. 9)
7:00 – 7:25 p.m.	Session 2: Oct. 28, Nov. 4, 18, Dec. 2, 9, 16, 23
7:30 – 7:55 p.m.	(No Class Nov. 11 & 25)

Private Lessons Available / All Ages

Cost: \$160 members; \$180 non-members

Date/Time: Classes consist of seven 30-minute sessions. Dates and times to be determined between instructor/student. To register, please contact the Lied Activity Center at (402) 293-5000.

SWIM LESSONS

Aqua Tots / 6–36 months

Cost: \$50 members; \$70 non-members

Saturdays

Classes 9:30 – 10:00 a.m. Session 1: Aug. 29, Sept. 5, 12, 19, 26

10:00 – 10:30 a.m. Session 2: Oct. 10, 17, 24, 31, Nov. 7

Session 3: Nov. 14, 21, Dec. 5, 12, 19 (No class Nov. 28)

This water experience is best for tots that are ready to explore the aqua environment and are ready to have fun in the pool with mom or dad. Skills, games and water safety activities are included. Swim diapers are required for those not potty trained.

You can easily register online by visiting www.bellevuepublicschools.org to register under “**Lied Activity Center - Registration Forms**” OR you can download the Lied Activity Center App and sign up there!

When you register, you will be able to choose the time of the session you would like. Early sign up is encouraged to ensure your desired time is available. Payment is due at the time of registration, which can be conveniently paid online via the online registration process.

Families may register in person at the Lied Activity Center; however, we encourage you to save time and utilize the online registration system. **No refunds after the first lesson.**

Adult Swim Lessons / 18 & Older - NEW!

Cost: \$70 members; \$90 non-members

Tuesdays

Classes 6:30 – 7:00 p.m. Session 1: Aug. 25, Sept. 1, 8, 15, 22

7:00 – 7:30 p.m. Session 2: Oct. 6, 13, 20, 27, Nov. 3

Session 3: Nov. 17, Dec. 1, 8, 15, 22 (No class Nov. 24)

Whether you’re learning to swim for the first time or looking to improve your skills, our Adult Swim Lessons provide a supportive and encouraging environment for every ability. Participants will build water confidence while learning essential swimming and water safety skills, including floating, breath control, treading water, and basic stroke techniques. Instructors tailor lessons to individual goals and comfort levels, helping each swimmer progress at their own pace. No prior swimming experience is required—just bring a swimsuit, towel, and a willingness to learn!

You can easily register online by visiting www.bellevuepublicschools.org to register under “**Lied Activity Center - Registration Forms**” OR you can download the Lied Activity Center App and sign up there!

When you register, you will be able to choose the time of the session you would like. Early sign up is encouraged to ensure your desired time is available. Payment is

SWIM LESSONS

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Red Cross Lifeguard Class

The Lied Activity Center is proud to offer Red Cross Lifeguard Certification classes and Lifeguard / First Aid Review Courses. Individuals interested in becoming certified lifeguards must be 15 years or older and attend all three class days. Cost is \$200. You may register online or in person.

You can easily register online by visiting www.bellevuepublicschools.org home page to register under “Lied Activity Center - Registration Forms” OR you can download the Lied Activity Center App and sign up there!

October Class – Registration due by October 11, 2026

Friday, October 23, 2026

5:00 – 9:00 p.m. at Bellevue East High School

Saturday & Sunday, October 24 & 25, 2026

8:00 a.m. – 5:00 p.m. at Bellevue East High School (with a lunch break)

YOUTH ACTIVITIES

Co-ed Basketball League / Ages 4 years old-Grade 2

Cost: \$50 members; \$70 non-members

Time: Age 4 - Kindergarten: 6:00-7:00 p.m.

1st & 2nd Grade: 6:00-7:00 p.m.

Dates: Tuesday on Nov. 3, 10, 17, 24 & Dec. 1

Learn the basic skills of basketball. Volunteers for head and assistant coaches are needed. Contact the Lied Activity Center at (402) 293-5000. **No refunds after the first week. Registration ends on October 18th.**

You can easily register online by visiting www.bellevuepublicschools.org to register under “Lied Activity Center - Registration Forms” OR you can download the Lied Activity Center App and sign up there!

Families may register in person at the Lied Activity Center; however, we encourage you to save time and utilize the online registration system.

Co-ed Basketball Clinic / Pk - 2nd & 3rd - 6th Grade

Cost: \$50 members; \$70 non-members

Time: Pk -2nd Grade: 8:00-9:00 a.m.

3rd - 6th Grade: 9:15-10:30 a.m.

Dates: December 21, 22 & 23

Learn the basic skills of basketball by experienced coaches. Drills, games and fun. T-shirts will be provided to each child. Contact the Lied Activity Center at (402) 293-5000. **No refunds once registration ends. Registration ends on December 6th.**

You can easily register online by visiting www.bellevuepublicschools.org to register under “Lied Activity Center - Registration Forms” OR you can download the Lied Activity Center App and sign up there!

Families may register in person at the Lied Activity Center; however, we encourage you to save time and utilize the new online registration system.

LAC ACTIVITIES & EVENTS

LAC Fall 2026 Craft Fair

Date: October 10, 2026
Time: 9:00 a.m. – 3:00 p.m.
Location: BPS Lied Activity Center
2700 Arboretum Drive
Bellevue, NE 68005

The Lied Activity Center will be hosting our 19th craft fair for the Bellevue community. It has grown to become one of the biggest craft fairs in Sarpy County.

Admission is \$5 and that fee goes to support the scholarship fund for the Lied Activity Center. Vendor spots are available. Please contact Christina Gesser at laccraftfair@gmail.com

Adult Open Pickleball League

Cost: \$5 for members and non-members
Dates: Tuesdays
Time: 11:00 a.m.-1:00 p.m.

The Lied Activity Center will be hosting an open Pickleball league for all members and non-members. The cost is \$5 per player and you will be able to play against other players in the community. Learn the basics from other players and enjoy one of the fastest growing s

Hunter's Safety Training

Cost: Free
Dates: Session 1: September 19 & 20
Session 2: October 3 & 4
Time: Saturday: 9:00 a.m.-2:00 p.m.
Sunday: 12:00-5:00 p.m.

The Nebraska Game and Parks Department requires that all youth in the state of Nebraska complete a Hunter Safety Certification. Students must be at least 11 years old to be tested and certified. Please register online at outdoornebraska.gov.

2026 FALL ONE & FALL TWO WELLNESS PROGRAMS

General Information

Welcome new and returning participants. All registrations are taken at the Lied Activity Center. Please bring completed form and payment to the Lied Center Front Desk during business hours Monday-Sunday. Payments will be processed at the time of registration.

Scheduled Sessions for all Programming

Fall One 8 Week Session: August 24-October 17

Registration Period: July 27-August 30

(No class September 5, 7)

Fall Two 8 Week Session: October 19- December 19

Registration Period: October 5-25

(No class November 23-28)

Pay per Class Options: If not registered for the current session, you may pay a drop-in class fee of \$11.00 for members and \$13.00 for non-members. Payment for a single class must be made before each class at the front desk. You will be issued a class form for admittance to your group fitness class and must be presented to the instructor.

Cancellation policy: If your program is cancelled due to not meeting minimum class participation not including BPS Staff Unlimited Pass, you may transfer into another class or request a refund.

If you are cancelling your enrollment for any other reason you must cancel prior to the second scheduled class for which you are registered. *Refunds will not be given after second class has been conducted.*

If you are cancelling due to a medical issue, you must provide documentation from your medical care provider stating that you are to refrain from physical activity, and submit the documentation to Ryan Schultz, Recreation Specialist at the Lied Activity Center. Registrations may be credited up to *six months*.

Inclement Weather / Holiday Closing Policy / Missed Class: If Bellevue Public Schools close due to inclement weather or a scheduled holiday the facility will also be closed. If you miss a scheduled class, you are encouraged to make up the missed class during the CURRENT SESSION.

For current information concerning inclement weather closures at the Lied Activity Center contact the Lied Activity Center (402) 293-5000.

Please Note: There are no prorates for missed classes or late registrations and there is no transfer of classes to another person.

2026 FALL ONE & FALL TWO WELLNESS PROGRAMS

Program Pricing for Group Fitness Land and Aquatic Classes

*Pricing may change without notice

7 Week Session	Member	Non-Member
1 Class Per Week	\$65.00	\$80.00
2 Classes Per Week	\$95.00	\$110.00
3 Classes Per Week	\$115.00	\$130.00
4 Classes Per Week	\$135.00	\$150.00
5 Classes Per Week	\$155.00	\$170.00
BPS Staff* Unlimited	\$110.00	\$125.00

BPS Staff Unlimited

Attend an unlimited number of aquatic and/or group fitness classes during the week.

*Staff Rate- includes teachers, administrators and all support staff and BPS retirees-

No other discounts apply.

The facility has the right to add/drop/change classes/instructors to meet program and minimum class participation requirements. Fitness programs are designed for ages 16 & up. Participants younger than 19 must have a legal guardian or parent's written consent.

For questions contact Renee at 402-740-3282 or renee@fitinthecity.com

Group Exercise Etiquette

- Please introduce yourself to the instructor, if you are new to the class.
- In order to prevent injury, do not enter a class already in session, or leave before properly stretching and cooling down.
- Please refrain from talking during class to avoid distracting other students, your instructor, and your lifeguard.
- All cell phones should be turned OFF during class.

Adult Wellness Programs

Open to members/non-members (Ages 16 & older)

All classes conducted by nationally certified instructors. Our wellness programs offer multiple benefits regardless of your fitness level. Our instructors provide modifications to increase or decrease the difficulty of the moves, and you're always free to go at your own pace.

Align & Flow Yoga - This yoga practice emphasizes continuous movement, allowing you to build strength, stability and flexibility while still cultivating a deeper mind-body connection.

New Monday 6PM -Relax & Renew Yoga - Flowing yoga sequences are combined with mindful movement, deep stretching and relaxation techniques to create a calming and restorative experience.

2026 FALL ONE & FALL TWO WELLNESS PROGRAMS

Real Fitness Wellness Program

These classes focus on Functional Training to help maintain a healthy lifestyle for the active older adult.

Balance with Flexibility - Work on maintaining your balance and flexibility through standing and seated exercises tailored to help you lengthen muscles and improve joint stability.

Strength Moves - Staying strong and healthy as we age is recommended and accommodated in this total body strength program for those ages 55 & up. Each participant is provided physical distancing and the appropriate class equipment and chair.

Aquatic Classes

Held in a heated, zero depth entry pool. Swimmers and non-swimmers are welcome.

Classes led by nationally certified instructors. Our aquatic programs offer multiple benefits regardless of your fitness level. Our instructors provide modifications to increase or decrease the difficulty of the moves, and you're always free to go at your own pace. Working out in water provides equal resistance through your full range of motion, and allows you to strengthen your muscles without stressing vulnerable joints.

Aqua Moves - Offering the aquatic exerciser a safe way to exercise in the comfort of the water by providing physical distancing and purpose-driven exercises. Shallow and deeper water levels are available for participants to complete their water exercises while instructors provide effective cues, patterns, variety, and intensity levels. Classes include cardiovascular fitness, Zumba aqua patterns and strength training with added resistance and buoyancy options with the use of aquatic equipment.

For participants seeking the deeper areas of the pool water belts and aqua noodles can be provided.

Please Note for Saturday Aqua Moves Class - 10:30-11:20 a.m.

This class is based on instructor availability. If no instructor is available for a scheduled class students may attend their class time with self-paced individual water walking. A lifeguard will be provided.

Drop-in rates do apply for those not enrolled in a current session.

2026 FALL ONE & FALL TWO

WELLNESS PROGRAMS

Overview of Weekly Scheduled Classes Class Schedule Subject to Change

MONDAY

<u>Time</u>	<u>Class</u>
8:30 - 9:20 a.m.	Strength Moves
9:30 - 10:20 a.m.	Aqua Moves
6:00 - 7:00 p.m.	Relax & Renew Yoga

TUESDAY

<u>Time</u>	<u>Class</u>
8:30 - 9:20 a.m.	Balance with Flexibility
9:30 - 10:20 a.m.	Aqua Moves
5:30 - 6:20 p.m.	Aqua Moves

WEDNESDAY

<u>Time</u>	<u>Class</u>
8:30 - 9:20 a.m.	Strength Moves
9:30 - 10:20 a.m.	Aqua Moves
6:00 - 7:00 p.m.	Align & Flow Yoga

THURSDAY

<u>Time</u>	<u>Class</u>
8:30 - 9:20 a.m.	Balance with Flexibility
9:30 - 10:20 a.m.	Aqua Moves
5:30 - 6:20 p.m.	Aqua Moves

FRIDAY

<u>Time</u>	<u>Class</u>
8:30 - 9:20 a.m.	Strength Moves
9:30 - 10:20 a.m.	Aqua Moves

SATURDAY

<u>Time</u>	<u>Class</u>
10:30 - 11:20 a.m.	Aqua Moves*

*This class is based on instructor availability. If no instructor is available for a scheduled class students may attend their class time with self- paced individual water walking. A lifeguard will be provided.



www.bellevuepublicschools.org