

STRIVE FOR A HEALTHIER YOU

Two simple steps will earn you a credit toward your 2027-2028 deductible

The HealthyU Wellness Program is back for the 2026-2027 health plan year, and participating and earning rewards is easy.

HealthyU provides employees covered by the ACSHIC health plan the opportunity to earn a \$100 credit to their 2027-2028 deductible.

To fulfill the requirements of the Wellness Deductible Reduction Program:

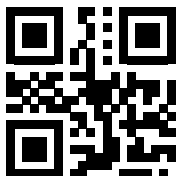
- Have a preventive exam by March 31, 2027. If you have had a preventive exam dating back to July 1, 2025, you have fulfilled this step of the wellness program.
- Complete an online health risk assessment between July 1, 2027, and March 31, 2027. You must complete an assessment even if you did one for a prior rewards program.

Employees' spouses who are covered by the health plan can also earn a \$100 credit toward their 2027-2028 deductible by completing a preventive exam and online assessment by the March 31, 2027, deadline. Note that ACSHIC members and their covered spouses must each have their own myhighmark.com accounts.

Plan	Impact on Deductible
Employee only	\$200 Deductible
Employee: Exam & Assessment	-\$100
Total Decuctible Responsibility	\$100
Employee + Spouse/Family	\$400 Deductible
Employee: Exam & Assessment	-\$100
Spouse: Exam & Assessment	-\$100
Total Decuctible Responsibility	\$200
Employee & Child	\$400 Deductible
Employee: Exam & Assessment*	-\$100
Total Decuctible Responsibility	\$300

**Child dependents are not eligible for the deductible reduction*

Scan the QR code to visit myhighmark.com. For more information, call your Highmark Well360 team at 844-946-6238.



Getting Started

- Download the My Highmark app from the app store on your device or visit myhighmark.com.
- Log in to your MyHighmark account or create an account if you don't have one. Members and covered spouses must each have their own accounts.
- Accept the annual authorizations
- Begin the HealthyU program, track your progress and complete many of your activities on the app or web.