



McCreary County School District

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Dear Parent/Guardian,

At McCreary County School District, we are committed to creating a learning environment where respect, personal responsibility, and student well-being are valued each day. In accordance with **KRS 158.175**, all McCreary County schools will observe a daily **Moment of Silence or Reflection** at the start of the first class period.

This time provides every student with an opportunity to prepare themselves for the day ahead, reflect quietly, or engage in personal meditation or prayer in a respectful manner. The guidelines are as follows:

- The moment of silence or reflection will last **no less than one (1) minute and no more than two (2) minutes**.
- Students are to remain **seated and silent**, avoiding any distracting displays so that all students can exercise their individual choice.
- Activities during this time may include **meditation, prayer, or any other silent reflection** that does not interfere with others.
- District staff will **not provide instruction or direction** regarding how a student uses this time, allowing each student to make a personal decision.

We encourage parents and guardians to review these guidelines with their child(ren) and to help reinforce the importance of using this time respectfully. This practice is one way we can help foster a calm, focused start to the school day and support the positive school climate we strive for in McCreary County.

By working together, we can ensure this daily tradition is a meaningful opportunity for students to start each day with focus, respect, and readiness to learn.

Thank you,

Darrell King
Director of Pupil Personnel

Dr. Clint E. Taylor
Superintendent
McCreary County School District