



MTSS MINUTE



A GOSHEN COUNTY SCHOOL DISTRICT #1 NEWSLETTER

NOTABLE DATES



SAEBRS Screening Window

March 30 - April 10

All teachers and grade 2-12 students will complete the spring SEL screener.

Guiding Coalition

April 1

District Guiding Coalition members will meet to continue their work leading PLC work district-wide.

No School

April 6

School will not be in session on this Monday. Instead, schools will have a full-Friday session April 10th.

Green Friday

April 17

Students are invited to interventions and enrichments.



Fueling the Spring Stretch

Building Resilience & Motivation

As the winter season moves out and spring approaches, students can experience a notable dip in focus, emotional regulation, and motivation. This is part of a normal school-year flow, and it is a prime opportunity to reinforce resilience. Resilience isn't about avoiding challenges; it's about navigating challenges with support, strategies, and confidence. Within MTSS, resilience appears within predictable routines, warm relationships, clear expectations, and intentional SEL practices. When students feel safe and supported, they are capable of recovering from setbacks, learning more deeply and persisting longer. This month, we highlight simple ways to strengthen resilience so students can end the year with confidence.

Spring into a new season with a powerful combination of resilience and persistence.

MTSS Myths

Myth: Motivation is something students must bring with them.

Reality: *Motivation can be influenced by adults through relationship-building, clear expectations, feedback, and classroom routines.*



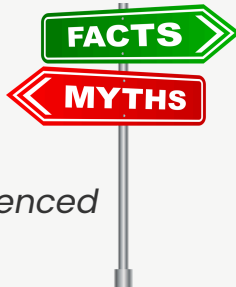
Myth: Students who shut down are just choosing not to try.

Reality: *Shut-down behavior often signals overwhelm or low confidence. This indicates that students need more scaffolding, not assumptions about effort.*

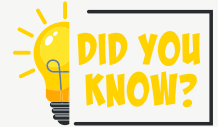


Myth: Older students don't need SEL or resilience-building.

Reality: *Adolescents often need more explicit modeling of coping strategies, flexible thinking, and self-regulation than younger students.*



FAQ Corner



Question: What Tier 1 moves support student motivation?

Answer: *Predictable routines, clear learning goals, positive reinforcement, and choice-based tasks significantly increase motivation and engagement.*

Question: How can teachers support students who say "I can't do this"?

Answer: *Reframe the task with growth-focused language, chunk the work, and celebrate small steps to build persistence and confidence.*

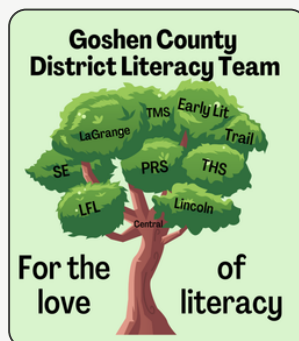
Question: How does MTSS help build resilience?

Answer: *MTSS provides predictable structures, supportive relationships, and targeted interventions. All of these help students practice and internalize coping skills.*

MTSS in Action



GCSD's speech-language pathologists met with instructional coaches to systematize documentation of services in Branching Minds.



The District Literacy Team finalized a multi-year district literacy action plan. The plan will be presented to admin team for approval.



Lincoln's 2nd grade team worked with instructional coaches to conduct a data cycle review. Teachers determined goal status for individual students & formed new groups.

MTSS Resources & Learning Opportunities



Compassion Resilience Toolkit



A comprehensive, school-focused resource with guides for teachers & administrators. Includes informational materials, training guides, and self-care supports.



Building Resilience in Students Video



This ultra-short YouTube clip offers a quick, accessible reminder of how simple daily practices can help students build resilience and bounce back from challenges.



Tips & Strategies

Practical Ways to Build Student Resilience



Tip #1: Normalize struggle with language like, "This is tough, and you can do tough things."



Tip #2: Use micro-check-ins (1-minute emotional check).



Tip #3: Model flexible thinking when things don't go as planned.



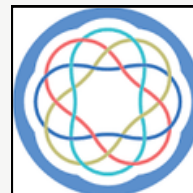
Tip #4: Reinforce predictable routines to help students regulate during high-energy weeks.



Tip #5: Celebrate progress, not perfection because small wins build motivation.

Branching Minds

Branching Minds MTSS Resources Library



This resource hub offers a wide collection of guides, toolkits, webinars, and success stories to help schools strengthen MTSS practices, improve behavior and attendance supports, and build more resilient student systems.



MTSS Support or Coaching

Do you want to take a deeper dive into any of the topics within this newsletter? I'd be happy to help! Whether it's a quick question or an in-depth meeting, reach out to schedule a time for us to chat.



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