

TISD High School Spring Menu 2026-2027

High School Lunch Top Cat Line Weekly:				
Monday	Taco Tuesday	Wednesday	Thursday	Friday
Week 1: Chicken Pasta Bowl (with Marinara or Alfredo Sauce) or Beef Meatball Pasta Bowl (with Marinara or Alfredo Sauce) or Fruit & Yogurt Plate Garlic Toast Green Beans Vegetable Blend Fresh Garden Salad Fresh & Chilled Fruit Milk	Beef Nacho Bowl or Chicken Fajita Nacho Bowl or Crispy Tacos or Chicken Popper Salad Refried Beans Fajita Style Peppers & Onions Salsa Fresh Garden Salad Fresh & Chilled Fruit Milk	**Orange Chicken Noodle Bowl or **Teriyaki Chicken Noodle Bowl or *Chicken Eggroll Noodle Bowl or Chicken Popper Salad Steamed Broccoli Carrot Coins Fresh Garden Salad Fresh & Chilled Fruit Good Fortune Frozen Treat Fortune Cookie Milk	Week 1 -Build a Salad Bowl: Turkey Breast or Cheese Cubes With Lettuce and/or Spinach And Choice of the following: Breadstick, Broccoli, Carrots, Cucumber, Garbanzo Beans, Grape Tomatoes, & Croutons, with your choice of dressing Fresh & Chilled Fruit Baby Carrots & Ranch, Milk	Chicken Spicy Bites Bowl w/Roll or Chicken Bites Bowl w/Roll or Steak Finger Bowl w/Roll or Chicken Tender Bowl w/Roll or Chicken Popper Salad Mashed Potatoes Golden Corn Country Gravy Fresh Garden Salad Fresh & Chilled Fruit Milk
Week 2: Ramen Bar! Beef with Ramen or Chicken with Ramen or Potstickers with Ramen or Fruit & Yogurt Plate Vegetable Toppings Fresh Garden Salad Fresh & Chilled Fruit Milk			Week 2 -Build a Sub Sandwich: Turkey Breast or Turkey Ham With Lettuce and/or Spinach And Choice of the following: Carrots, Cucumber, Tomatoes, Pretzels, Fresh & Chilled Fruit Baby Carrots & Ranch, Milk	
Lunch Italian Line Weekly:				
Pizza by the Slice or Bosco Sticks & Marinara or Fruit & Yogurt Plate Broccoli Florets & Ranch Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	Pizza by the Slice or Bosco Sticks & Marinara or Chicken Popper Salad Oven Baked Fries Celery Sticks & Bean Dip Fresh Garden Salad Fresh & Chilled Fruit Milk	Pizza by the Slice or Bosco Sticks & Marinara or Chicken Popper Salad Broccoli Florets & Ranch Marinara Dip Cup Fresh Garden Salad Fresh & Chilled Fruit Frozen Fruit Treat Milk	Pizza by the Slice or Bosco Sticks & Marinara or Chicken Popper Salad Oven Baked Fries Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	Pizza by the Slice or Bosco Sticks & Marinara or Chicken Popper Salad Baby Carrots & Ranch Celery Sticks & Bean Dip Fresh Garden Salad Fresh & Chilled Fruit Milk
Lunch Express Line Weekly:				
Cheeseburger or Chicken Sandwich or Spicy Chicken Sandwich or Fruit & Yogurt Plate Oven Baked Fries Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	Chicken Bites w/breadstick or Spicy Chicken Bites w/breadstick or Chicken Popper Salad Oven Baked Fries Celery Sticks & Bean Dip Fresh Garden Salad Fresh & Chilled Fruit Milk	Cheeseburger or Chicken Sandwich or Spicy Chicken Sandwich or Chicken Popper Salad Oven Baked Sweet Potato Fries Broccoli Florets & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	Cheeseburger or **Chicken Wings or **Spicy Chicken Wings or Chicken Popper Salad Oven Baked Fries Celery Sticks & Bean Dip Fresh Garden Salad Fresh & Chilled Fruit Milk	Cheeseburger or Chicken Sandwich or Spicy Chicken Sandwich or Chicken Popper Salad Oven Baked Fries Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk
Lunch Menu Information				
Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable, Milk 2% White Milk & 2% Chocolate Milk Offered Daily at Lunch	↓ All lunch rolls, tortillas, pastas, and other bread items contain at least 51% whole grain Peanut Butter & Jelly Sandwich entrée available daily upon request.	Our unit lunch offer consists of 3 or more components, one must be a fruit or vegetable. Entrée choices are in bold print Menus subject to change.	Tomball High & Tomball Memorial High & Tomball West High Student Lunch: \$3.50 Premium \$4.00 Premium Plus \$4.25 Adult Lunch: \$5.40 **\$5.90 Premium **\$6.15 Premium Plus	

Tomball ISD Child Nutrition Services uses bar code scanners at the serving line point of sale.

A bar code is scanned on the student's I.D. card, Each TISD student is provided a student ID number and badge when enrolled.

Students are required to use their ID number/badge for every cafeteria transaction



Students and Parents can get the SchoolCafe app!



TISD High School Spring Menu 2026-2027

High School Weekly Breakfast Menu					All Menus Subject to Change
Monday	Tuesday	Wednesday	Thursday	Friday	
Biscuit & Sausage or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Egg & Cheese Croissant or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Breakfast Pizza Bagels or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	New Egg, Bacon & Cheese Wrap or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Glazed Whole Grain Donut or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	
Breakfast: Student - \$2.50 Adult - \$4.00	Our unit breakfast offering includes an entrée (in bold), and choice of sides	(A minimum of 3 menu items must be selected, including 1 serving of fruit; items in bold count towards two items)	↓ Breakfast cereals and pastries contain at least 51% whole grain	2% White Milk & Whole White Milk Offered Daily at Breakfast	
In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1.mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2.fax:(833)256-1665 or (202) 690-7442; or 3.email: Program.Intake@usda.gov This institution is an equal opportunity provider. 2/14/25					
PAYMENT PROCEDURES Money may be deposited into student accounts with cash, check, online at www.schoolcafe.com OR through the School Cafe App STUDENT CHARGES (BORROWING/GRACE PERIOD) Students may charge meals up to the value of two breakfasts and two lunches (\$12.00 for High School). An automated phone call occurs when a negative balance appears on a student's account. If a student account exhausts the grace period/charge limit, the student must select a peanut butter and jelly or toasted cheese sandwich entree for lunch and/or a cereal entrée for breakfast until the negative balance is paid. A la Carte / snack items are <u>not</u> available for charging. FREE/REDUCED-PRICE MEAL PROGRAM We encourage you to complete the USDA free/reduced price meal application if you feel economic hardship exists. Applications expire each year and must be submitted each year. Applications can be submitted online at www.schoolcafe.com or through the SchoolCafe app on your mobile device to determine if you qualify for benefits. Hardcopy applications may be found at the school's front office, if needed, or at the Child Nutrition office located at 1110 Baker Dr. Tomball, TX 77375. Eligibility decisions are based on federally established income and household size guidelines without regard to race, sex, color, national origin, age, or disability.					

You can apply to qualify for free or reduced priced meals at
<https://www.schoolcafe.com/>

Tomball ISD offers a la carte choices to purchase. Money may be deposited into student accounts with cash, check, or online at www.schoolcafe.com A la Carte / snacks are not available for charging. Contact either your school cafeteria manager or the Child Nutrition Department for information or questions regarding the above payment procedures.

There is a third party fee to deposit money online to student accounts. It is always free to deposit with cash or check at the school cafeteria. Please send cash or check in sealed envelope with your student's name and ID number.

