Dear Elementary Parents:

In an effort to establish and maintain a safe and healthy school environment for all children the North Allegheny School District approved the guidelines that are within the Student Wellness Policy # 3441.

- **While we understand the importance of being able to share a treat for special events, such as birthdays, we would strongly encourage <u>non-edible</u> treats, i.e. pencils, erasers, stickers, etc. Many students have shared non-edible treats with their classmates. Children are delighted to receive a small note pad, pencil, or sticker. Some teachers ask students to write a brief note highlighting a positive attribute of their classmate. All birthdays are recognized during morning announcements when children are asked to come to the office for their birthday pencil! (Summer birthdays are also celebrated during the course of the year). Please continue to share those <u>non-edible</u> treats.**

- **If you choose to send in an edible treat, please notify your child's homeroom teacher at least 48 hours in advance by completing the portion on page 2 of this form. Teachers will consult with the school nurse to determine if the treats are safe for our children in case of any food-related allergies. Homeroom teachers have been asked <u>not to serve</u> edible treats unless they have received prior notification from you. This also serves as a way to maintain class schedules, decreasing interruptions in learning time. When prior notification is given, it allows the teacher adequate time to determine, in advance, when the treat might best be distributed.**

- **Please consider other healthy alternatives, such as: pretzel rods, apple slices, graham crackers, fresh fruits, fresh vegetables, low-fat yogurt cups, cereal bars, applesauce cups, juice boxes (low sugar/light), raisins, dried fruits, or low-fat animal crackers.**

- **The District's Food Service Department can provide healthy alternative snacks at a reasonable cost, if you so desire. Please contact the Food Service Department at 724-924-7201 if you want their services.**

Healthy food choices increase our children's awareness of nutrition. During a child's growth period, it is essential to emphasize this component of personal wellness. In typical elementary fashion, our elementary staff, in collaboration with caring, conscientious parents, has provided our children with a safe school environment. We thank you for your support and cooperation. If you have any questions or suggestions, please contact your child's teacher, our school nurse, or me.

Sincerely,
Mr. Jeff Anderchak
Principal

Return this portion to Franklin Health Office

Student Name:_____

Date of Request:_____Date of treat:_____

List of Ingredients: _____

_____

_____

If there is a problem with the snack (i.e. contains a food not permitted in the class due to allergy), you will be contacted by the teacher or the school nurse.
