

Cedar Drive Middle School
Health Office

Mrs. Evon Stentella, RN Phone: (732) 946-0055 ext. 4502 Fax: 732-365-1002 Email: stentella@coltsneckschools.org

**Welcome Parents and Students Entering 6th Grade
September 2026!**

REQUIRED PROOF OF IMMUNIZATION

We look forward to you and your child joining our Cedar Drive Middle School Community in the fall of 2026. To maintain the health and safety within our school, district policies and New Jersey State regulations require students entering 6th grade to provide proof of Diphtheria and Tetanus Toxoids, Pertussis vaccine (Tdap) and Meningococcal vaccine. Documentation is **REQUIRED BY THE NEW JERSEY STATE DEPARTMENT OF HEALTH TO BE IN PLACE PRIOR TO THE START OF 6TH GRADE.** In the event immunizations are not received, a note from your medical provider's office of a scheduled appointment for the above-mentioned immunizations will be required with follow up documentation. This will briefly maintain your child's compliance with the NJ Dept. of Health until updated immunization records are received. Non-compliance can result in delay of sport physical approval, possible fines, and/or removal from school until compliant. For more information on The New Jersey Department of Health and vaccination requirements go to: https://nj.gov/health/cd/documents/imm_requirements/k12_parents.pdf.

MEDICATION

Students requiring daily or emergency medications **MUST** have medication brought in by a parent or guardian along with signed physician and parental consent. Medication must be in the original box with a prescription label or over the counter container/box.

- ☐ **Students are NOT permitted to carry medication while in school with the exception of Emergency Medications** (Epi-Pen/AuviQ or Asthma Inhaler) **WITH** Action Plans of Care **on file** in the CDMS Health Office for the current academic school year. New forms are due each academic school year.
- ☐ In the event that your child will need medication during the school hours it is necessary that all forms be filled out properly and returned to the health office as needed throughout the school year.
- ☐ Forms require a signature by parent and physician and a doctor's office stamp. Forms are available on the nurse's page under Cedar Drive Middle School – Our School – Health Office - Health Office Forms.
- ☐ Parents must bring in all medication in the original labeled packages/containers. This applies to prescription and over the counter medications. Medication will not be dispensed without parent/guardian signature, physicians office stamp, and original packaging.

SCHOOL SPORTS

School sports are offered at Cedar Drive Middle School for students in grades 6 - 7- 8. Participation in school sports requires a complete physical exam prior to participation. The only accepted NJ forms can be downloaded from the CDMS health office page along with guidelines and explanation of forms. All forms must be received and reviewed by the school nurse and or school physician **BEFORE** a student can participate in school sports. Physicals on file in the CDMS Health Office are good for 365 days. Physicals on file in the health office from the previous school year at CDMS do not need to be resubmitted. **Additional forms ARE REQUIRED for EACH SPORT and EACH SEASON throughout the school year.** See guidelines for sport physicals on the CDMS health office page for other required forms.

HELPFUL HINTS

- REVIEW and UPDATE EMERGENCY INFORMATION and CONTACTS IN GENESIS FOR YOUR CHILD IN PREPARATION FOR THE NEW SCHOOL YEAR AND UPDATE AS NEEDED THROUGHOUT THE SCHOOL YEAR. in the event of an emergency.
- **MAKE MEDICAL APPOINTMENTS EARLY** and have your medical care provider fill out forms during summer pediatrician visits in preparation for fall sports ~ Offices are busy late August and early September and may require additional time to process forms.
- Fall sport participation and / or tryouts generally begin the first full week of school in September for students cleared for participation.
- Documents will be due mid-August for review for FALL sports only please.

Keep a copy for your own records as a reference for middle school through high school years.

The website is updated regularly, so please regularly check for updates or changes throughout the year.

Thank you in advance for your support in providing the best possible care for your child. Please email me with any questions or concerns.

Sincerely,

Mrs. Evon Stentella RN