



KEYSTONE CENTRAL
S C H O O L D I S T R I C T
RESPECT FOR YESTERDAY • PRIDE IN TODAY • PLANS FOR TOMORROW

Food and Nutrition Services Newsletter *2026-2027 School Year*

Welcome to Keystone Central School District! All children need healthy meals to learn, and KCSD offers nutritious breakfast and lunch meals every school day.

Monthly breakfast and lunch menus are found on line at:
<https://www.kcsd.us/district-offices/food-nutrition-services>

BREAKFAST AND LUNCHES CONTINUE TO BE FREE FOR ALL STUDENTS through KCSD's participation in Pennsylvania Department of Education's Community Eligibility Program (CEP).



This is great news for students and families because **ALL KCSD students attending school in person will receive a FREE BREAKFAST and a FREE LUNCH for the entire 2026-2027 school year** (Virtual academy students are not eligible for Community Eligibility Provision free breakfasts and free lunches because they do not attend

school in person. Should a virtual academy student attend school in person for a specific reason, they will receive a free breakfast and lunch).

Families do not need to fill out a free or reduced meal application with Community Eligibility Program (CEP). Hence, there are no 2026-2027 meal applications posted on the Food and Nutrition Services website. Breakfast and lunch menus are available on our website at

<https://www.kcsd.us/district-offices/food-nutrition-services>

KCSD practices “Offer versus Serve” at breakfast and lunch meals. This means students have the option to select a minimum of two of three offered food group choices for breakfast and to select a minimum of three of five offered food group choices for lunch. Meal cards/student ID numbers are used for free breakfast and free lunch meals at cashier stations.

OFFER VS SERVE

Take at least
3
One must be a fruit

BREAKFAST

A COMPLETE BREAKFAST INCLUDES:

**2**
1/2 cup fruit choices

**1**
1-2 oz of grains*

**1**
cup of milk

*Protein may be substituted for Grains

Take
3-5
One must be a fruit or veggie

LUNCH

A COMPLETE LUNCH INCLUDES:

**2**
1/2 cup fruit choices

**2**
1/2 cup veggie choices

**1**
1-2 oz of grains

**1**
cup of milk

**1**
1-2 oz protein item

This institution is an equal opportunity provider

Meal Prices

Breakfast K-12 **FREE**

Elementary Lunch **FREE**

Middle and High School Lunch **FREE**

Adult Breakfast \$3.35

Adult Lunch \$5.55

Milk \$.75

A la carte foods/beverages are available daily at all grade levels for purchase.

STUDENTS MUST HAVE MONEY IN THEIR ACCOUNT TO PURCHASE A LA CARTE FOODS/BEVERAGES.

Families are encouraged to use the EZ School Meal app to track meals and a la carte purchases. Directions for the EZ School Meal app are found on the Food and Nutrition Service website at

<https://www.kcsd.us/district-offices/food-nutrition-services>

Account Balance Information

Parents and Guardians: Want to know what your child/children's lunch account balance is? Simply use the EZ School Pay app to view transactions. You may also call the Cafeteria Manager at school or you may call the Food and Nutrition Service Office at (570) 893-4900 option 1 extension 2301.

Delinquent Account Balances

Families are encouraged to monitor account funds often to ensure your child/children(s) account does not become delinquent. Low-balance email notification and autopayments can be set up using EZSchoolPay.com. See our website for instructions. ***STUDENTS WHO HAVE A NEGATIVE ACCOUNT BALANCE CANNOT PURCHASE A LA CARTE ITEMS.*** All balances remain the responsibility of the parent or guardian. Any accounts not paid in full during the current school year may result in legal action. Additional collection fees may be added to the balance at that time. If you wish to set up a payment plan, please contact the Food and Nutrition Service Department at 570-893-4900 ext. 2301.

How to Make Deposits

Parents/guardians may add money to student accounts free of charge by sending cash or check payments to the school in which they currently have a child/children enrolled. Checks are preferred as this helps to ensure your money reaches the school cafeteria. Please make checks payable to "KCSO Food and Nutrition Service". Alternatively, payments can be made online at EZSchoolPay.com using a credit or debit card for a \$2.00 per transaction fee. Please see our web site for instructions.

Account Refunds

Account refunds are only issued when a student withdraws from the district or when a student graduates. Requests for refunds should be made to Julie Evey, Food and Nutrition Service Secretary, at 570-893-4900 ext. 2301.

Food Allergies and Disabilities

Food and Nutrition Services accommodates modified diets for students according to the following guidelines:

- ***Lactose Intolerance*** – A milk substitute is offered if a Medical Plan of Care for School Food Service is received.
- ***Food Allergies*** — Food substitutions will be made as required by a child's physician, physician's assistant, nurse practitioner, or a registered dietitian for allergies covered

under the Americans with Disabilities Act if a Medical Plan of Care for School Food Service is received.

- **Special Diets** – Those diets requiring specific food nutrients to be tracked as a result of a disability will be accommodated if a Medical Plan of Care for School Food Service is received.

Birthday Baskets:



Have you ever wished that celebrating your child's birthday at school could be easier and more nutritious? Consider purchasing a Birthday Basket for your child with snacks for everyone in your child's class.

What is included in a Best Wishes Birthday Basket?

- A birthday card for your child
- A variety of treats/prizes for every student in your child's classroom

How much does a Best Wishes Birthday Basket cost?

- Only \$42 a basket

Birthday basket forms are found on the district's website at
<https://www.kcsd.us/district-offices/food-nutrition-services>

Sincerely,

Sharon Berger, RD LDN

Food and Nutrition Service Supervisor

(570) 893-4900 x 2302

sberger@kcsd.k12.pa.us



P.O. Box 157 Suwanee, GA 30024-0157

Dear Parents/Students:

Envision Payment Solutions™ is pleased to have been selected by **Keystone Central School Nutrition** as its check service provider.

Please be aware that if your check is returned, it may be re-presented electronically. Also, in presenting a check for payment, you authorize service charges and processing fees to be debited from the same account should the check be dishonored. These fees, as permitted by state law, may be debited as a paper draft or an electronic funds transfer, at our option. Each dishonored item is subject to the applicable state returned check fees; *Pennsylvania Statute Annotated Title 18§ 4105*.

Envision Payment Solutions™ will apply a \$30.00 service fee per check. Per Pennsylvania code upon criminal conviction for passing a dishonored check the fee is \$50.00.

If you wish to inquire about a returned check written to Keystone Central School Nutrition, please contact **Envision Payment Solutions™** directly at the information listed below.

Thank you. We wish you and your children all the best for this year and beyond.

Sincerely,

Envision Payment Solutions™

Customers (check writers) with returned check inquiries should contact:

Envision Payment Solutions™

Tel 877.290.5460, or 770.709.3100

Fax 770.709.3007

P.O. Box 157

Suwanee, GA 30024-0157

customerservice@envisionpayments.com