GEORGIA CLASSROOM

Getting Ready for Kindergarten

Want to practice school skills?

Below are suggestions of skills families might explore together outside of school.

Physical Health and Wellness

With parent/caregiver support...

- Runs, jumps, skips, hops, climbs, and balances safely while playing
- Practices fine motor skills (scissors, crayons, building toys, clothing fasteners)
- Develops healthy habits like hand washing; covers mouth during coughs; brushes teeth
- Participates and follows rules during both structured (games) and unstructured (free play) activities (learns to wait for a turn; shares)
- Identifies basic emotions (happy, sad, mad, scared) in self and others (faces, books, media)
- Knows to ask an adult for help when hurt, sick, or uncomfortable
- Uses calming strategies when upset (deep breaths, quiet space, etc.)
- Listens quietly for 5–10 minutes during a story or group activity

English Language Arts

With parent/caregiver support...

- Listens to and understands conversations
- Uses new words heard in conversations, activities, and books
- Understands and uses gestures and body language
- Speaks in complete sentences and is understood
- Understands and retells stories, events, and other learned information
- Names different sounds; rhymes; hears and names the beginning sound in a word; hears words in sentences; hears parts of words
- Begins to name upper and lowercase letters, including those in first and last name
- Draws pictures to share ideas
- Understands that letters make words and words make sentences; uses finger to track words from left to right on a page; reads symbols and words around them (ex. STOP sign, restaurant logos)

Social Studies

With parent/caregiver support...

- Names and follows rules
- Describes events in relation to time – past, present, and future
- Describes and respects similarities and differences between self and others
- Lists different jobs, services, and businesses in the community

Nutrition

With parent/caregiver support...

- Helps to prepare meals; asks questions and talks about the foods used in recipes
- While reading books together, finds different foods and talks about people who work with food
- Helps to make healthy snacks, sorts foods, and talks about choosing healthy foods

Fine Arts

With parent/caregiver support...

- Finds the steady beat when listening to music
- Sings familiar songs together
- Listens to various types of music together and moves to the music
- Creates sound effects for songs, poems, and stories using various found items
- Creates works of art to tell a story using various art supplies and craft materials found at home
- Develops fine motor skills by practicing holding various art supplies such as scissors, crayons, paintbrushes
- Plans a drawing by sketching using lines with markers, crayons, or pencils
- Creates a three-dimensional structure using various items found at home
- Sees themself as an artist

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GaDOE
Georgia Department of Education

These skills were identified by the Georgia Department of Education's Division of Curriculum and Instruction based on current Georgia standards. We invite you to use this resource to help support your student's learning at home.

Mathematics

With parent/caregiver support...

- Counts to 20 in order
- Counts 10 or fewer objects by pointing to each object and saying the correct number
- Recognizes and identifies numbers 0–10
- Sorts objects (like toy cars) by similarities and differences (color, size, etc.)
- Names common 2– and 3–dimensional shapes (square, triangle, circle, cube, sphere)
- Counts and compares sets having more, less, or the same as/equal
- Uses gathered data to answer questions about the world around them

Science

With parent/caregiver support...

- Asks questions while using senses (sight, smell, taste, touch, sound) to explore the world
- Observes the earth and sky; explains changes in the earth and sky
- Describes living things around them
- Explores and describes objects based on what materials they are made of (color, size, shape, etc.); states of matter; types of motion (fast, slow, etc.); and simple machines (ex. ramps made with blocks)
- Participates in protecting the environment

Conversation Starters

After reading a book or story, ask...Who is the story about? What happened in the story?

What do we have in the house that is shaped like a rectangle? a triangle? a circle?

You have 5 stickers and I have 2. How many stickers do we have together?

What does it mean to be responsible?

How are our family members and/or friends alike and different?

While watching a TV show or reading a book, ask... How are these characters feeling? How do we know?

What are some words that rhyme with fun? cat? boat?

What are some healthy snacks? Why is it important to eat healthy?

What are different kinds of work people do?

For more activity ideas to practice these skills, go to gpb.org/learn.