



ELM After School Athletics Code of Conduct

Congratulations on your decision to join the ELM athletics program. Eastlake middle is proud to be a school that excels in both academics and athletics each year. You are joining a tradition of excellence that has been established by the young men and women who have gone before you to create one of the best middle school programs in the Sweetwater Union High School District. The goal of our athletics program is to encourage sportsmanship, teamwork, skill development, and school pride in a positive and respectful environment. Participation in after school sports programs is a privilege, not a right. To earn that privilege, students must abide by all ELM rules, and conduct themselves as positive role models who exemplify good character and social responsibility..

Through their participation as an athletic team, students are considered representatives of SUHSD, as such are expected to maintain exemplary behavior and citizenship. All students will be held responsible for any involvement in any offenses specified in the [Student Handbook](#) whether on campus, at school activities or in the community.

Expectations for Student-Athletes

As a student-athlete, I will:

1. **Show Respect**
 - Respect coaches & teachers, teammates, opponents, referees, and spectators.
 - Use appropriate language and actions at all times.
2. **Practice Good Sportsmanship**
 - Win with humility and lose with grace.
 - Play fair and follow the rules of the game.
3. **Be a Team Player**
 - Students must be fully committed to the Eastlake Middle School team.
 - Students may only commit to **one** sport per season **NO exceptions**
 - Attend **all** practices and games unless excused in advance.
 - Missing practice time may result in loss of play time during games.
 - Excessive game absences may result in being dropped from the team.
 - Support and encourage my teammates.
4. **Work Hard Academically**
 - Maintain good grades (minimum 2.0 academic GPA and 2.0 citizenship)
 - Understand that academics come first.
 - Student athletes who obtain a GPA lower than a 2.0 on a progress report will be placed on probation and not be allowed to participate in games.
5. **Be Responsible**
 - Arrive on time and be prepared for practices and games.
 - Take care of uniforms, equipment, and school property. Failure to return uniforms will result in being placed on the Non-Privileged list and possible fine.
 - Follow **all** school rules, including the [ELM student code of conduct](#).
 - Student athletes who are suspended from school may **result in removal** from the team.

Expectations for Coaches

Coaches will:

1. Promote respect, fairness, and good sportsmanship.
2. Serve as positive role models on and off the field.
3. Provide equal opportunities for skill development and participation.
4. Communicate clearly with athletes and families about schedules, expectations, and goals.
5. Enforce rules fairly and consistently.

Expectations for Parents and Guardians

Parents/Guardians are expected to:

1. Be supportive and encouraging toward all players and coaches.
2. Demonstrate positive behavior from the sidelines.
3. Communicate respectfully with coaches and school staff.
4. Help student-athletes manage their time and responsibilities.
5. Understand that playing time and decisions are made at the coaches' discretion.
6. Per SUHSD guidelines, keep all furry friends at home and off the campuses.

Consequences for Misconduct

Failure to follow this Code of Conduct may result in:

- Warnings or probation
- Suspension from games or practices
- Removal from the team (in serious or repeated cases)

Any student who has been suspended for violating the SUHSD discipline policy will be suspended from the team for no less than the same time period as the school suspension. A meeting with administration, and athletic director will be held to determine if the student may continue to participate in the activity.

Team suspension: If a coach suspends a student, the student will be ineligible for participation in practice and games until a hearing with the administrator, coach, athletic director, parent and student is held to determine whether or not the student may remain on the team.

Acknowledgment

We ask that all student-athletes and their parents/guardians sign this document to confirm they understand and agree to follow these guidelines.

Student-Athlete Signature: _____

Parent/Guardian Signature: _____

Date: _____