

ARIZONA HEALTHY SCHOOLS ACT

Parent & Guardian Information

Arizona has a new law called the Arizona Healthy Schools Act.

Here's what you need to know:

- **No Ultra-Processed Foods:** Public schools participating in federal meal programs can no longer serve or sell "ultra -processed" foods.
- **No Outside Food with Banned Ingredients:** Parents/guardians, visitors, or outside companies are not allowed to bring foods with banned ingredients to distribute or sell on campus during the school day, which is defined as midnight before to 30 minutes after the end of the instructional day. You cannot give out food that contains any of the 11 banned ingredients to any student(s).
- **When Does It Start?** The first day of school: August 3, 2026.
- **Who Does It Apply To?** Any public school must follow these new rules.

What Can I Do or Bring?

- These new rules **do not apply to parents packing their child's individual lunch or snacks**. You can still pack any lunches, snacks, or treats for your individual child. You cannot give any food containing any of the 11 banned ingredients to any other students.
- DVUSD Birthday Buckets are a great way to celebrate your child's birthday. We'll take care of the compliance part! See dvusd.org/departments/food-and-nutrition for more information.



What Exactly is Ultra-Processed?

The law defines ultra-processed foods as those with one (1) or more of the following banned 11 ingredients:

- Potassium Bromate
- Propylparaben
- Titanium Dioxide
- Brominated Vegetable Oil
- Yellow Dye 5
- Yellow Dye 6
- Blue Dye 1
- Blue Dye 2
- Green Dye 3
- Red Dye 3
- Red Dye 40

