

CFISD Dance Team I- IV (2026-2027)

Course Description

Instructional priorities of the high school dance program include development of dance techniques, creative expression, improvisation, and appreciation of dance as an art form. Qualities of movement are also explored. These include swinging, percussion, suspension, sustained, collapsing, and vibrancy. Kinesthetic awareness and movement memory is emphasized as well. Dance techniques explored may include ballet, modern, jazz, tap, folk, character, and world dance. As students progress from Dance I to IV, more advanced techniques and skills are acquired. Dance Team will meet the requirement of 1 PE credit for before/after school participation.

Texas Essential Knowledge and Skills:

[Dance, Level I \(One Credit\), Adopted 2013](#)

[Dance Level II \(One Credit\), Adopted 2013](#)

[Dance, Level III \(One Credit\), Adopted 2013](#)

[Dance, Level IV \(One Credit\), Adopted 2013](#)

First Semester (80 Days**)

1st Grading Period

Unit	Start Date	End Date
Foundations of Dance, Conditioning and Stretching	8/12/2026	10/8/2026

*2nd Grading Period

Unit	Start Date	End Date
Choreography & Performance, Ballet, Jazz	12/18/2026	12/18/2026

Second Semester (93 Days**)

3rd Grading Period

Unit	Start Date	End Date
Social Dance, Lyrical, Modern, Contemporary	1/5/2027	3/11/2027

***4th Grading Period**

Unit	Start Date	End Date
Creative Expression & Performance, Critical Evaluation & Response, Choreographic Composition	5/22/2027	5/27/2027

Notes

* Includes time for Final Exams.

**The length of each unit is a specific number of days, but it is understood that there is a range of +/- a day. The purpose of the flexibility is to allow teachers the opportunity to plan for the needs of their students and to accommodate re- teaching or review when necessary. If pre-assessment indicates student mastery could be obtained in a shorter number of days, the additional time could be used for extension or carried into the next unit.

Instructional Materials

Experiencing Dance

Scheff, Sprague, and McGreevy-Nichols

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