



Dakota Hills Middle Nutrition Information

Fall 2026



651-683-6957

Educational Benefits

Support Dakota Hills Middle /Eagan High School (EHS/DHMS) by completing an Application for Educational benefits. Applications for the **upcoming school year 2026-27** will be **available July 2026** and are needed each school year. If your household qualifies, each approved application provides additional funding to programs in our school district.



Beneficios educativos

Apoye a la escuela primaria Dakota Hills Middle / Eagan High School completando esta solicitud de beneficios educativos. Las solicitudes para el próximo año escolar **2026-27** estarán **disponibles a partir del mes de julio de 2026** y se requieren cada año escolar. Si su familia califica, cada solicitud aprobada proporciona fondos adicionales para los programas de nuestro distrito escolar.

Faa'idooyinka Waxbarashada

Taageer Dakota Hills Middle /Eagan High School adigoo buuxinaya Codsiga faa'idooyinka Waxbarashada. Codsiyada sanad dugsiiyeedka soo socda ee 2026-27 waxay **noqon doonaan kuwo la heli karo luulyo 2026** waxaana loo baahan yahay sanad dugsiiyeed kasta. Haddii qoyskaagu uu u qalmo, codsi kasta oo la aqbalay wuxuu bixiyaa maalgelin dheeraad ah oo loogu talagalay barnaamijyada dugsiga degmadeena.

www.district196.org/edbenefits

No Charge for Breakfast Or Lunch Milk = \$0.40

Milk is included with all meals
and can be purchased separately.

Online Menus

Find out what is being served.

Menú en línea

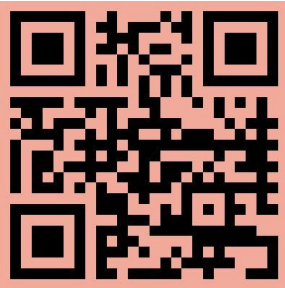
Conozca lo que se servirá

Muujiinta Onleynka ah

Waxa aad ogaataa waxa la bixinayo



www.district196.nutrislice.com



Nutrition Services

All about the Nutrition Services Department

Servicios de Nutrición

Todo sobre la nutrición Departamento de Servicios de Nutrición

Adeegyada Nafaqada

Dhamaan macluumaadka ku saabsan Waaxda adeegyada Nafaqada

www.district196.org/meals



- Celery can grow to a height of 3.3 feet.
- All parts of the celery are edible.
- The darker the color, the stronger the flavor.
- Celery contains Vitamins C, K, B2 and dietary fibers.
- Nibbling on celery helps in cleaning the teeth and mouth after a meal.
- Celery was initially used as medicine.

