

SHAC Meeting Minutes

Date: May 28, 2026 Time: 2:00pm

Location: Beyond Blue Neighborhood Center -Charlotte 2336 Freedom Dr, Charlotte, NC 28208

Present: Brianna Ramgeet, Brittany Feeling, Cesia Pineda, Endora Crawford, Fran Collins, Hillary Hawkins, Irini McCarthy, Jessie Lankford, Keith Kraemer, Kembra Farrow, Ken Obryant, Kerry Barbera, Molly Rush, Monica Adamian, Rhonda Harris, Sahsine Davis, Shea Heyward, Stevie Micheli, Tuere Dunton-Forbes, McKenzie Shoe, Madden Wilkinson, Ellie Ben-Yohanan, Lisa Nee

School Health Advisory Council: Our Charge

*A School Health Advisory Council (SHAC) is required by
NC State Board of Education Healthy Active Children Policy (HRS-E-000)
and CMS Student Wellness Policy and Regulation (JL, JL-R).*

Responsibility #1: Work in conjunction with CMS leadership to plan, implement and monitor compliance with CMS Policy JL – Student Wellness and other CMS policies, regulations, and programs related to health and wellness.

Responsibility #2: Review CMS annual progress report related to compliance with Policy JL.

Responsibility #3: Develop resources for staff, students, and parents about CMS health policies and regulations that impact student mental and physical health.

Responsibility #4: Promote student-centered programs intended to positively impact health, wellness and safety.

Agenda Items	Notes
Welcome, Introductions, and Inclusive Welcome (Dr. Kenyatta O'Bryant)	
WSCC Emotional Well-Being Cohort (Rhonda Harris)	<ul style="list-style-type: none">• The WSCC Emotional Well-Being Learning Collaborative (LC) was introduced as part of a national effort aligned with the CDC National Initiative focused on advancing emotional well-being in K–12 education.• This initiative emphasizes the importance of preventing chronic disease and promoting healthy behaviors through a coordinated school health approach.• The Learning Collaborative prioritizes Emotional Well-Being (Priority 2) as a central focus area for improving student and school outcomes.• The work is supported by national partners, including the National Center for School Mental Health and the Collaborative for Academic, Social, and Emotional Learning (CASEL).• The collaborative emphasizes creating a strong foundation for emotional well-being for all students through Tier 1, schoolwide strategies that support universal access to supportive environments.• There is a focus on cultivating youth leadership, empowering students to actively contribute to decision-making, peer support, and school climate initiatives.• The initiative aims to increase belonging and support for all, ensuring that every student feels connected, valued, and supported within the school community.• A key priority is creating systems for emotional well-being in schools, including policies, practices, and structures that sustain mental health and well-being efforts over time.
WSCC Emotional Well-Being Cohort Youth Presentations (Jordyn Love & Madden Wilkinson)	Hopewell - Attend at least one meeting with administrators/teachers to share at least 2 ideas that include peer perspective on how to make school more emotionally safe

	<p>POB - Create a calming room for teachers to address/support their emotional health. Interview at least 2 staff members for insight and perspective on mental health and needed supports</p> <p>Host a Mental Health Fair in conjunction with community agencies</p>
Wellness Representative (Ellie Ben-yohanan)	<p>Ellie aims to promote mental wellness awareness among middle school students by encouraging proactive support during their critical developmental stage. She is committed to helping early adolescents navigate the impact of social media and build healthy coping skills, with the goal of improving their overall well-being, including physical health, social relationships, self-confidence, and academic success.</p>
Year in Review (Treva Johnson)	<p>August 2025: First meeting of the year. North Carolina Healthy Schools- NC Department of Public Instruction presented and provided some guidance on the work for the year.</p> <p>November 2025-SHAC Sub-committees worked on creating goals for the year. We decided on three goals.</p>  <p>The graphic titled "November 2025" lists three goals for SHAC sub-committees. The first goal, under "Health Education & Physical Activity," is to meet the CPH requirement for 80% of 8th/9th grade HPE students and administer the PE requirement. The second goal, under "Community Involvement & Family Engagement," is to increase parent education from 30% to 60% and provide quarterly culturally responsive resources through district/community partnerships. The third goal, under "Employee Wellness," is to support physical and mental health by incorporating walking workdays, with a note to start on the next day (3/20). The CMS logo is in the bottom right corner.</p>
SHAC Survey	<p>Please take a few minutes to complete the end of the year survey.</p> 
<p>Updates/Announcements:</p> <ul style="list-style-type: none"> SHAC Committee Community Partners 	<ul style="list-style-type: none"> Meck Design 3.0 is the innovative conference hosted by Live Well Meck that will span two days, beginning with Day 1 – Pre Conference on Thursday June 25th followed by Day 2 – Design Day on Friday June 26th. The event is scheduled to take place at The Pearl Innovation District on Friday, June 26, starting at 9 AM. As the premier innovative day of learning and community collaboration, Meck Design will offer attendees an opportunity to explore key insights from the 2025 Community Health Assessment (CHA) through engaging, participatory activities. Building on this shared learning, participants will draw upon their lived experiences, professional expertise, and organizational affiliations to serve as collaborating partners in shaping the 2026 Community Health Improvement Plan (CHIP). Together, the two-day event will create a dynamic space for reflection, discovery, and co design, empowering the community to play an active role in improving health outcomes across Mecklenburg County. Meck Design Day Registration: https://www.southpiedmontahec.org/event/78355 Teen Health Connection Leadership Summit-June 18th. See flyer below



TEEN HEALTH CONNECTION

TEEN LEADERSHIP SUMMIT 2026

Think BIG, Lead BIGGER

Your Impact Starts Here

Thursday, June 18, 2026
10:00 AM - 3:30 PM
Mallory Adams Pavilion
at Freedom Park
2435 Cumberland Ave, Charlotte, NC 28203

Teen Health Connection invites Charlotte-area teens to an energizing, future-focused leadership experience designed to build confidence, strengthen leadership identity, and help young people discover their power to create meaningful change. This year's Teen Leadership Summit continues the bold theme: **Think BIG, Lead BIGGER!**

Virtual Emcee & Keynote Speaker
Oshvia Phillips-Reed
Charlotte Hornets Arena Lead & Media Personality

Keynote Presentation:
Your Impact Starts Here
A powerful and inspiring session that helps teens recognize their voice, influence, and capacity to lead right now.

Interactive Leadership Breakout Sessions

Financial Leadership
Teens explore budgeting, financial literacy, and how smart financial decision-making opens doors to opportunity and long-term power.

Civic Leadership
A behind-the-scenes look at how laws, policy, and advocacy shape communities—also how young people can influence social change.

Health Leadership
Insight into careers in medicine, mental health, and public health, including designing wellness messages and campaigns that make an impact.

Innovation & Technology
Teens practice design thinking to create solutions for real-world issues such as behavioral health, safety, and environmental challenges.

TeenHealthConnection.org | 704.381.8334 | 3541 Randolph Road, Suite 206, Charlotte, NC 28211

- CMS Back to School Event. Truist Field Saturday, August 1st. Registration opens Monday, June 1st.

SHAC Resources

[SHAC Manual](#)
[Healthy Active Children Policy](#)

Next meeting

- NEXT MEETING August 27, 2026 2:00 p.m

Thank You!