



Talley Middle School:

Nurse's Office Guide

2026
2027

School Nurse

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The main function of the school nurse is to keep students healthy, safe and ready to learn. We are the sole medical professional in the building and are here to support your student's physical, mental and emotional health.

Emergency Card

The School Nurse's Office can treat students with a variety of minor illness and injuries. Sometimes a child is too sick to be at school or may have had an injury that needs to be evaluated by a doctor. In these cases, it's very important we can contact a parent or guardian. If we cannot contact the adults on the Emergency Card in the event of an emergency, we will call an ambulance.

Please be sure to fill out your student's emergency card and notify us of any changes.

What is too sick for school?

- As a general rule, if your student does not feel well enough to make it through the day and participate in all activities, they should stay home.
- Below is a brief list of reasons to keep your student home from school. Please visit ***Is your child too sick for school?*** located on the BSD website for more information.

Stay home from school for:

- Diarrhea
- Vomiting 2 or more times in the past 24 hours
- Fever above 100.4 degrees
- Difficulty breathing or uncontrolled cough
- Weeping or contagious rashes that can't be covered

All students must stay home until fever/vomiting/diarrhea free for 24 hours without the use of medication.

Sports Physicals

- If your student is interested in playing a sport, they must have a **2026-2027 DIAA Physical Form** on file in the nurse's office **prior to try outs.**
- The DIAA Physical Form can be found on Talley's website under Athletics.

Screenings

- A large part of the school nurse's role is to screen children for potential health problems. Some screening happens by reviewing a student's health record and other screenings are completed in school.
- The school nurse will complete vision and hearing screenings on our 7th grade students. Postural gait screenings will be completed for all students. The school nurse inspects the student's spine as he/she stands and walks, and then inspects the back and hips as the student bends forward.
- Parents/guardians will be contacted if the student requires further follow up by a physician.

Medications

We can administer your student's scheduled, as needed and emergency medications while at school. If your child has a rescue medication for seizures, asthma, or a food allergy (ex: Valtoco, Albuterol, Epi Pen), they should have this medication at school. Please share their updated action plans with the school nurse, which can be obtained from your student's health care provider.

Prescription medications must be in the original prescription bottle/box with a label.

Please do not send in any medication with your student. A parent/guardian or responsible adult over the age of 18 must bring in medications. A *Permission to Have Medication Administered at School* form will have to be completed and signed in the nurse's office.

Please feel free to contact me with any questions or concerns. I am looking forward to working with you and your students!

