Mountain Ridge High School

2026-2027 School Year

Mountain Lions Athletic Information

Athletic Department Hours: 7:30 AM to 3:00 PM

All Athletes Must Register Online!

1. Go to https://www.registermyathlete.com - if you have an account from last year log in and update your information for 2026-2027
   Be sure to select the 2026-2027 school year when registering
2. Create your online account – then log into your account
3. Complete your online registration for each of your athletes
4. Upload your **seven-page** Physical Evaluation paperwork to **REGISTER MY ATHLETE**

The Athletics office will NOT clear you for tryouts until you have completed the online registration and uploaded your physical, Brainbook, Opioid AND Hazing certificates

****ATTENTION****

Incoming Freshman and New students to Mountain Ridge:

In addition to the online registration and physical evaluation, you will need to upload a copy of your **Brainbook, Opioid AND Hazing course certificates** to Register My Athlete. To complete these courses, go to academy.azpreps365.com

FALL TRYOUTS	WINTER TRYOUTS	SPRING TRYOUTS
Spiritline – July 27, 2026 **Cross Country – August 3, 2026** **Football – August 3, 2026** **August 10, 2026**	**November 2, 2026**	**February 8, 2027**
Flag Football **Golf (Boys/Girls)** **Swim & Dive (Boys/Girls)** **Volleyball (Girls)** **Badminton (Girls)** **Beach Volleyball (Boys)**	**Basketball (Boys/Girls)** **Soccer (Boys/Girls)** **Wrestling (Boys/Girls)**	**Baseball (Boys)** **Softball (Girls)** **Tennis (Boys/Girls)** **Track & Field (Boys/Girls)** **Volleyball (Boys)** **Beach Volleyball (Girls)**

If you have any questions, please contact the Mountain Ridge Athletics Office at 623-376-3036 or check the website for updated information at https://mrhs.dvusd.org/athletics/ridge-athletics

GO RIDGE!

The Athletic Department will not send or receive faxes and it cannot accept emailed physicals