Acalanes High School

Athletic Department

2025-2026 Summary

Fall sports athletic update.

The Boys Cross Country team finished 7th at the DAL Championships led by Harry Zimmerman finishing 16th. The Boys Cross Country team finished 3rd at the NCS division 4 Meet of Champion. Harry Zimmerman and Nev Murphy each finished 7th. Dane Darby finished 29th, Jason Rossetter 33rd and David Ellerbrock 35th. The Boys Cross Country team finished 16th at the CIF division 4 Championship. Nevis Murphy finished 22nd and Harry Zimmerman 26th overall.

All DAL Foothill Division

First team	Second Team	Honorable Mention
		Nevis Murphy, senior
		Harry Zimmerman, senior

The Varsity Boys team was an NCS Scholastic Championship team with the third highest overall GPA in division 4.

NCS Scholar Team honors:

Varsity boy's team with an overall GPA of 3.71.
Varsity girl's team with an overall GPA of 3.63.
Junior varsity boy's team with an overall GPA of 3.15.
Junior varsity girl's team with an overall GPA of 3.34.
Frosh-soph boy's team with an overall GPA of 3.66.
Frosh-soph girl's team with an overall GPA of 3.84.

NCS Presidents List

Varsity	Junior varsity	Frosh-Soph	
Dane Darby	Samantha Griscavage	Greyson Blair	Logan Lewis
David Ellerbrock		Aidan Burley	Jose Manrique
Olivia Jensen		Tamim Burley	Fay Pang
Shiraz Kamran		Emmett Fretwell	Sebastian Springfield
Dylan Kubiatowicz		August Greeson	Samuel Taylor
Matthew Roberts		Liam Huselid	Lachlan Tidd
Jason Rossetter		Cade Korpita	Rohan Winig
Harry Zimmerman		Julia Kunz	Henry Zhao

NCS Scholar Athletes

Varsity	Junior varsity	Frosh-Soph
Alexander Hagen	Makoto Kuniyoshi	Matt Bruschi
Olivia Kemp	Olivia Fortin	Elliott Brush
Charlotte Keyser	Natalie Pecci	Dario Hamidi
Nev Murphy		Dominic He
Oliver Penn		Ruby Peters
Dashiell Tinianow		Jiajin You

The Flag Football team finished 3rd in the DAL Foothill division with a 10-2 record and an overall record of 17-3. They were the NCS division 2 Championship Runner-Up defeating Montgomery HS, Campolindo HS and St. Mary's HS before being defeated by Cardinal Newman HS.

All DAL Foothill Division

First team	Second team	Honorable mention
Isabelle Agnost (off), sophomore	Avery DeMent (def), junior	Stella Beuchotte (def), junior
	Maya Shoenhair (off), senior	Mira Clark (off), junior
		Ines Coyne (off,def), junior
		June Natal (def), sophomore

NCS Scholar Team honors: Varsity team with an overall GPA of 3.45.
Junior varsity team with an overall GPA of 3.36.

NCS Presidents List

Varsity	Junior varsity
Avery Dement	Rania Adil
Noelle Dobies	Emilia Deutsch-Stella
Eloise Greeson	Ximena Espinosa-Angel
Stella Mason	Lauren Gallagher
Brooke Rardin	Madeline Garber
Santana Tamayo	Ashlyn McCoin
	Ashby Raher

NCS Scholar Athletes

Varsity	Junior varsity
Isabelle Agnost	Violette Cline
Piper Anderson	
Ruby Coy	
Ines Coyne	
Addison Mandell	
Julia Munter	
Hazel Raaum	
Leah Roth	
Lesley Trowbridge	

The Tackle Football team is the DAL Foothill division champion with a 4-0 record and an overall record of 11-1. They defeated Marin Catholic HS and was defeated by Cardinal Newman HS in the NCS division 1 Semifinal.

Joel Isaac, head coach, was named All-Bay Area Newsgroup Coach of the Year.
Tyler Winkles, junior, was named first team All-Bay Area Newsgroup quarterback.
Deonte Littlejohn, senior, was named second team All-Bay Area Newsgroup linebacker.
Grant Ricker, senior, was named second team All-Bay Area Newsgroup defensive back.
Finley Rivera, junior, was named second team All-Bay Area Newsgroup wide receiver.
Josh Elerts, senior, was named honorable mention All-Bay Area Newsgroup running back.

Deonte Littlejohn, senior, was named DAL Co-Most Valuable Defensive Player.
Tyler Winkles, junior, was named DAL Co-Most Valuable Offensive Player.

All DAL Foothill Division

First team	Second team	Honorable mention
Josh Elerts (off), senior	Bryce Birdsong, (def), senior	Adam Caicedo (def), senior
Illias Kaplanes-Jones (def), senior	Liam Crinnion (off), senior	Grant Condy (def), junior
Finn Rivera (off,def), junior	Daniel Dunne (def), junior	Marco Giorgianni (def), senior
Tommy Terhar (def), senior	Deonte Littlejohn (off), senior	Cody Michlitsch (off), senior
Santi Trejo (off), senior	River Lockwood (def), senior	Cash Ricker (off), junior
	Joey Martin (off), senior	Grant Ricker (off,def), senior
	Sean Tandler (off), sophomore	Carson Wellington (def), senior

The Varsity team was an NCS Scholastic Championship team with the highest overall GPA in division 5.

NCS Scholar Team honors:
Varsity team with an overall GPA of 3.30.
Junior varsity team with an overall GPA of 3.39.
Freshman team with an overall GPA of 3.43.

NCS Presidents List

Varsity	Junior varsity	Freshman
Bryce Birdsong	Grant Cortez	Jack Debban
Liam Crinnion	Brayden Hattersley	William Feinstein
Cody Michlitsch	Miles Moore	Luke Fratarcangeli
Finley Rivera	Jake O'Brien	William Griffin
Christian Smario		Isaac Grinshpun
Andrew Upp		Eli La Rotonda
Santi Vignoles		Lucas Leingang
Carson Wellington		DJ McClellan
Wyatt Zawadski		Drew Megibow
		Jack Morgan
		Alden Sturm
		Tyler Tarrab
		Maximo VonVacano-Shafer

NCS Scholar Athletes

Varsity	Junior varsity	Freshman
Jackson Boselli	Finneus Aiken	Austin Bishop
Grant Condy	Owen Blanchard	Jackson Cooper
Josh Elerts	Joaquin Bordi	Kanishka Giridhar
Marco Giorgianni	Isaiah Castillo	Nicholas Gray
Mason Lanphere	Santiago Felix-Duran	Owen Harley
Matthew Lee	Chris Gorham	Stone Jaquet
River Lockwood	Nathan Lederman	Tyler King
Luca Oatham	Trey Roberts	William Meehan
Cash Ricker	Chase Rowland	Brady Mickelson
Tyler Winkles	Alec Schwarz	Jake Mikalis
	Durham Vail	Robert Ruhl
		Mateo Valenzuela

The Girls Golf team finished 3rd in the DAL Foothill division with a record of 4-4 and an overall record of 5-4. The team qualified for the NCS Championships.

All DAL Foothill Division

First team	Second Team	Honorable mention
	Taylor Baker, senior	Jordan Huskins, senior
	Miracle Gu, junior	

NCS Scholar Team honors: Varsity team with an overall GPA of 3.42.
Junior varsity team with an overall GPA of 3.52.

NCS Presidents List

Varsity	Junior varsity
Taylor Baker	Maggie Marusich
Bea Deignan	

NCS Scholar Athletes

Varsity	Junior varsity
Courtney Hamill	Stella Champion
Jordan Huskins	Maya Clarke
CiCi Ning	Leah O'Neill
Chloe Vignoles	Avila Payne
Grace Wolpert	

The Girl's Tennis team was 4th in the DAL Foothill Division with a record of 4-6 and an overall record of 7-7. The were defeated by Irvington HS in the first round of the NCS playoffs.

All DAL Foothill Division

First team	Second team	Honorable mention
	Lauren Foster (doubles), senior	Aamena Shipchandler (singles), senior
	Elisabetta Sokolova (singles), freshman	
	Ridhi Patel (doubles), senior	

NCS Scholar Team honors: Varsity team with an overall GPA of 3.78.
Junior varsity team with an overall GPA of 3.68.

NCS Presidents List

Varsity	Junior varsity
Lauren Anderson	Averly Ammerman
Grace Britto	Casey Eun
Hetty Lofting	Parker Ivory
Sadie Moise	Phoebe LaBonge
Maddie Obertello	Brooke Lewis
Ridhi Patel	Olivia Lewis
Emily Roberts	Riya Patel
Aamena Shipchandler	Carissa Penn
Elisabetta Sokolova	Sara Tseng
Emery Stern	Kennedy Wilson
Jasminder Taylor	
Audrey Tseng	

NCS Scholar Athletes

Varsity	Junior varsity
Tatum Duff	Ava Bell
Delphine Fisher	Daisy Carysforth
Lauren Foster	Quinn Curley
Molly Jones	Lotta Griemens
Audrey Parkin	Rory Jackson
	Avery Marshall

The Girls Volleyball team finished 5th in the DAL with a record of 4-8 and had an overall record of 12-10. In the NCS division 1 playoffs they were defeated by Windsor HS.

All DAL Foothill Division

First Team	Second Team	Honorable Mention
Piper Coy, senior	Sophia Terry, senior	Stella Larkin, senior

NCS Scholar Team honors: Varsity team with an overall GPA of 3.52.
Junior varsity team with an overall GPA of 3.42.
Freshman team with an overall GPA of 3.66.

NCS Presidents List

Varsity	Junior varsity	Freshman
Ellie Blanchard	Camille Chang	Sophia Bell
Piper Coy	Kaia Copen	Abygail Chan
Harper Fox	Valentina Fantin	Izzy Glowacka-Scott
Sydney Graves	Tatum Seelenbacher	Gigi Gullixson
Christina Hageboeck		Sydney Piacente
Rena Liu		Nina Salazar
Sophia Terry		Lea Takenouchi
		Belle Zhang

NCS Scholar Athletes

Varsity	Junior varsity	Freshman
Ella Chong	Francesca Barbano	Zara Batra
Meher Jeyakrishna	Quinn Frontiera	Aaliyah Chun
Stella Larkin	Olivia Garaway	Athena Ponce
Sydney Scovic	Makenna Rodriguez	
Lourdes Smith		

The Boys Water Polo team finished 6th in the DAL with a 0-5 record and an overall record of 18-7. They were defeated by Tamalpais HS 11-8 in overtime in the NCS division 1 playoffs.

All DAL Foothill Division

First team	Second team	Honorable mention
		Alex Lavoie, freshman
		Thomas Parrott, junior
		Justin Rosenblatt, junior

NCS Scholar Team honors: Varsity team with an overall GPA of 3.47.
Junior varsity team with an overall GPA of 3.51.

NCS Presidents List

Varsity	Junior Varsity
Owen Andre	Aiden Castro
Tsimur Havarko	Gunnar Grant
Owen Hulst	Logan Lewis
Malleus Kadai	Mason Ross
Nico Roig	Luke Wellen
Ethan Zolboo	

NCS Scholar Athletes

Varsity	Junior Varsity
Adrian Anderson	Ryan Gerhardt
Fisher Bradford-Urban	Max Musch
Wilson Daughters	John Warren
Peter Endemann	
Borna Koopah	
Thomas Kurimai	
Alexander Lavoie	
William Miller	
Mason Schlehr	
Isaac Topp	

The Girls Water Polo team was the DAL Champion with a 4-0 record and 18-8 overall. They were the NCS Championship Runner-up as they defeated Campolindo HS 7-3 and were defeated by Carondelet HS 14-11 in the championship game. In the CIF NorCal division 1 playoffs, they defeated Soquel HS 13-12 and were defeated by Sacred Heart Prep HS in the CIF division 1 semifinal.

All DAL Foothill Division

First team	Second team	Honorable Mention
Ella Del Rosario, junior	Finley Graff, sophomore	Levand Koopah, senior
Adelyn Horciza, sophomore	Olivia Whipple, junior	

NCS Scholar Team honors: Varsity team with an overall GPA of 3.74.
Junior varsity team with an overall GPA of 3.72.

NCS Presidents List

Varsity	Junior Varsity
Estelle Block	Genevieve Balfour
Elinor Chen	Kelsey Gunderson
Ella Del Rosario	Madelyn Maurer
Sadie Hendrickson	Mave McAllister
Emi Kuniyoshi	Indiana Perry
Anika Rehn	Perry Smith
Sara Williams	Lilia Teicher

NCS Scholar Athletes

Varsity	Junior Varsity
Lily Briones	Lilah Kring
Finley Graff	Erin Lerch
Jayna Guiro	Ella Schlehr
Kylie Kaplan	
Lucy Kerr	
Siena La Rotunda	
Lucy McShane	
Malin Stone	
Olivia Whipple	

The Sideline Cheerleading team was instrumental in delivering spirit and entertainment to the football games and rallies.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.37.

NCS Presidents List

Varsity	Junior Varsity
Ainsley Branstetter	
Layla Epperson	
Lila Graham	
Audrey Tugade	

NCS Scholar Athletes

Varsity	Junior Varsity
Taylor Blair	
Mia Campbell	
Ellie McCormick	
Grace Wheeler	

Winter Sports Update

The Boys Basketball team was the DAL Runner-up with a record of 18-12 overall, and 8-2 in the DAL. They defeated Archie Williams HS and were defeated by Bishop O'Dowd HS in the NCS division 1 quarterfinal.

All DAL

First Team	Second Team	Third Team	Honorable Mention
Gavin Dodge, senior	AJ Hastings, junior		Preston Hilsabeck, senior
	Cameron Hood, senior		Julian Hood, senior

NCS Scholar Team honors: Varsity team with an overall GPA of 3.50.
Junior Varsity team with an overall GPA of 3.50.
Freshman team with an overall GPA of 3.41.

NCS Presidents List

Varsity	Junior Varsity	Freshman
Gavin Dodge	Pengyu Chen	Tyler Cosso
Justice Hembrador	Dhruv Mahadevan	Will Griffin
Preston Hilsabeck	Frankie Rocca	Jacob Kubalik
Samuel Phillips	Cameron Thornton	Eli La Rotonda
		Robert Ruhl

NCS Scholar Athletes

Varsity	Junior Varsity	Freshman
Aakash Agarwal	Brandon Blatteis	Francesco Cangini
AJ Hastings	Zubin Krishnan	Drew Felder
Bryce Mansour	Colin Schlicht	Timothy O'Keefe
Evan Palmer	Cash Woehrle	

The Girls Basketball team was the DAL Runner-up with a record of 22-10 overall, and 8-2 in the DAL. They defeated San Marin HS, Alameda HS and was defeated by Redwood HS before defeating Pinole Valley HS in the NCS division 1 3rd place game. The were defeated by Del Oro HS in the CIF NorCal division 2 playoffs.

All DAL

First Team	Second Team	Third Team	Honorable Mention
Lexi Le, senior	Sofia Fernandez, senior	Cameron Thornton,senior	Sienna Fernandez, soph
			Millie Jones, freshman

NCS Scholar Team honors: Varsity team with an overall GPA of 3.59.
Junior varsity team with an overall GPA of 3.60.

NCS Presidents List

Varsity	Junior varsity
Avery Deily	Rania Adil
Morgan Soo Hoo	Ella Garofolo
Cameron Thornton	Emi Kuniyoshi
	Lilian Renbarger
	Nina Salazar

NCS Scholar Athletes

Varsity	Junior varsity
Sienna Fernandez	Evelyn Oprea
Leia Halvorson	
Millie Jones	
Leah O'Neill	

The Boys Soccer team was 4th in the DAL with an overall record of 7-9-6 record and 2-5-3 in the DAL. They defeated Deer Valley HS and were defeated by Redwood HS in the NCS division 3 quarterfinal.

All DAL

First team	Second team	Honorable mention
Omri Noiman, senior	Aidan Parnell, senior	Zachary Birrell, junior
		Caleb Nguyen, junior
		Eli Romick, junior

NCS Scholar Team honors

Varsity team with an overall GPA of 3.40.
Junior Varsity team with an overall GPA of 3.57.
Frosh-soph team with an overall GPA of 3.72.

NCS Presidents List

Varsity	Junior varsity	Freshman
Zachary Birrell	Luca Fazio	James Ammerman
Trevor Krick	Noah Frankel	Tyler Anderson
Bryan Lurie	Bennett George	Greyson Blair
Grant Matter	Mason Hennessy	Benjamin Ferber
Omri Noiman	Jonathan Judson	Luke Fratarcangeli
Harrison Sheffler	Adam Nolan	Gibran Khan
Elliott Van Ornum	Owen Weston	Lucas Leingang
Santi Vignoles	Grigory Statnikov	Logan Lewis
William Zimmerman		David Penn
Maor Ziskind		Matthew Roberts
		Calder Williamson
		Cade Yen

NCS Scholar Athletes

Varsity	Junior varsity	Freshman
Karsten Harmeyer	Grant Cortez	Mason Foster
Theodore Horwath	Coen Gilson	Tyler King
Shiraz Kamran	Kiran Ouk	Owen Lee
	Alec Schwarz	Jonathan Rubin

The Girls Soccer team was 5th in the DAL with an overall record of 7-10 and 4-4 in the DAL. They were defeated by Piedmont HS in the NCS division 2 playoffs.

All DAL

First team	Second team	Honorable mention
Tori Hiatt, senior	Edie Berzansky, senior	

NCS Scholar Team honors: Varsity team with an overall GPA of 3.73.
Junior varsity team with an overall GPA of 3.78.
Frosh-soph team with an overall GPA of 3.70.

NCS Presidents List

Varsity	Junior varsity	Frosh-soph
Michela Barbano	Averly Ammerman	Piper Anderson
Edie Berzansky	Ruby Coy	Mari Beltramo
Ella Culbertson	Courtney Hamill	Lauren Gallagher
Avery Dement	Lucia Hamilton	Hadley Hastings
Claire Hawkins	Brooke Lewis	Shelley Khan
Victoria Hiatt	Livvy Lewis	Emery Stern
Elodie Jensen	Ashby Raher	
Tatum Keely	Allie Schofield	
Catheryn McCormick	Farren Staino	
Samantha Murdin	Talia Tichenor	
Cassidy Smith	Audrey Tseng	
Reese Tierney	Alexa Wall	
Caroline Tumilty		

NCS Scholar Athletes

Varsity	Junior varsity	Frosh-soph
Molly Aldrich	Olivia Kemp	Avery Adams
Alexa Bantique	Elouise Kubas	Brooke Bernstein
Grace Eppinger	Casey Lerch	Amelia Doshi
Sierra Goyert	Tatum Walsh	Delphine Fisher
Evelyn Lee		Penny Haslam
Lily Polkinhorn		Paige Neufeld
Maria Statnikova		Avila Payne
		Sylvie Prado
		Mara Schmidt
		Margaret Stirling

The Wrestling team was 3rd in the DAL with a league record of 4-2. Kirian Gracie, Lilah Kring and Gwyneth Lee qualified for the NCS Championships.

All DAL Foothill Division

First team	Second team	Honorable mention
Lilah Kring, sophomore	Kirian Gracie, senior	Gwyneth Lee, junior

NCS Scholar Team honors: Varsity team with an overall GPA of 3.25.
Girls team with an overall GPA of 3.52.
Junior varsity team with an overall GPA of 3.58.

NCS Presidents List

Varsity	Girls	Junior Varsity
Aidan Burley	Lilah Kring	Ark Kalmes
Leo Chen	Isabel Oh	DJ McClellan
Nick Hammons		
Marley Oh		

NCS Scholar Athletes

Varsity	Girls	Junior Varsity
Dario Hamidi	Jill Pierce	Noah Anderson
Jake Hammons		Parker Baker
Logan Houston		Jonathan Fairhurst
Rayyan Khan		Logan Houston
Duncan Kinsey		Calvin Lai
Sebastian Springfield		
Austin Stevenson		

Spring Sports Update

The Baseball team was 5th in the DAL with a record of 1-9, and overall record of 8-15-1.

All DAL Foothill Division

First team	Second team	Honorable mention
Tyler Winkles, junior	Branson Smith, senior	Josh Lee, junior

NCS Scholar Team honors: Varsity team with an overall GPA of 3.33.
Junior varsity team with an overall GPA of 3.42.
Freshman team with an overall GPA of 3.45.

NCS Presidents List

Varsity	Junior Varsity	Freshman
Drew Asadorian	Gavin Lee	Ryan Fang
Brady Coultas	Grant Matter	Luke Kelly
Will Forschler	John Nicolini	Jacob Kubalik
Cody Michitsch		DJ McClellan
Branson Smith		Drew Megibow
Tyler Tarrab		Ian Powell
		Johnny Rubin

NCS Scholar Athletes

Varsity	Junior Varsity	Freshman
Zachary Birrell	Isaiah Castillo	Tyler Cosso
Beckett Clayton	Bryce Long	Stone Jaquet
Jimmy Cusumano	Trey Roberts	Bobby Ruhl
Riley Gates	Marcus Yakaitis	
Karsten Harmeyer		

The Boys Golf team finished 1st in the DAL with a record of 7-1 and 14-1 overall, and finished in 2nd place at the DAL Championships. They placed 3rd at the NCS Division 2 Championship.

All DAL Foothill Division

First Team	Second Team	Honorable Mention
Durham Vail, junior	Rocco Stassi, junior	Isaac Topp, junior

NCS Scholar Team honors: Varsity team with an overall GPA of 3.17.

NCS Presidents List

Varsity	Junior Varsity
Naveen Ahuja	
JP Birdwell	
William Griffin	

NCS Scholar Athletes

Varsity	Junior Varsity
Chase Belhumeur	
Benjamin Ferber	
Owen Harley	
Matthew McCallister	
Mason Ross	
Oliver Stoneman	
Ryan Weilbach	

The Boys Lacrosse team is 1st in the DAL with a 7-0 record, and finished with a 12-6 overall record. In the NCS playoffs, they were defeated by De La Salle HS.

Grant Condy, junior, is the Most Valuable Player of the DAL.

All DAL Foothill Division

First Team	Second Team	Honorable Mention
Luke Dafferner, junior	Mason Lanphere, junior	Cooper Banwart, junior
Caleb Mason, junior	Jackson Tseng, junior	Leo Deignan, senior
Kyle Sanftner, sophomore	Kyle Sanftner, freshman	Corbin Gallegos, senior
		Jan Korzeniowski, senior

NCS Scholar Team honors: Varsity team with an overall GPA of 3.33.
Junior varsity team with an overall GPA of 3.49.

NCS Presidents List

Varsity	Junior varsity
Luke Dafferner	Connor Eun
Andrew Iams	Nolan Potts
	Austin Stevenson
	Calder Williamson
	Cash Woehrle
	BenWolff

NCS Scholar Athletes

Varsity	Junior varsity
Cooper Banwart	Kyle Cronin
Emerson Boudreau	Matthew Lee
David Gallacher	Cash Ricker
Owen Hulst	
Caleb Mason	
Curtis Sanders	
Jackson Tseng	
Ryan Yun	

The Girls Lacrosse team was 2nd in the DAL with a 5-3 record and 12-6 overall. In the NCS playoffs, they were defeated by Piedmont HS.

All DAL Foothill Division

First Team	Second Team	Honorable Mention
Grace Colaco, junior	Kate Beaver, junior	Grace Eppinger, junior
Emily Roberts, senior	Charlotte Gellman, senior	Christina Hageboeck, senior
Reese Tierney, junior	Reese Imrie, senior	Kate Uffelman, senior
	Kelly Reidenback, freshman	

NCS Scholar Team honors: Varsity team with an overall GPA of 3.38.
Junior varsity team with an overall GPA of 3.59.

NCS Presidents List

Varsity	Junior varsity	
Edie Berzansky	Phoebe Ambrosini	Rory Jackson
Grace Eppinger	Averly Ammerman	Elouise Kubas
Julia Lyons	Mari Beltramo	Claire Leanos
Maddie Obertello	Natalie Burciaga	Brooke Lewis
Kelly Reidenbach	Serafina Cook	Olivia Lewis
Emily Roberts	Stella DeGroot	Savannah Martinez
Samantha Swift	Emilia Deutsch-Stella	Avila Payne
Reese Tierney	Amelia Doshi	Zoya Sainath
	Avery Frasier	Allie Schofield
	Abby Haimovici	Chloe Vignoles
	Lucia Hamilton	Tatum Walsh
	Penelope Haslam	Willow Ward
	Hadley Hastings	Kennedy Wilson
	Claire Hawkins	

NCS Scholar Athletes

Varsity	Junior varsity
Grace Colaco	Quinn Curley
Elizabeth Culbertson	Beatrice Deignan
Ximena Espinosa-Angel	Delphine Fisher
Cate Mercier	Eloise Greeson
	Rory O'Farrell
	Ferren Staino
	Talia Tichenor
	Sage Vasquez-Fireman
	Alexa Wall

The Varsity Softball team was 6th in the DAL with a record of 0-10, and an overall record of 9-14. In the NCS playoffs, they defeated Montgomery HS and St. Joseph's HS 18-0 before being defeated by Moreau Catholic HS 4-1 to be the NCS Championship Runner-up.

June Natal, sophomore was named honorable mention All-Bay Area Newsgroup.

All DAL Valley Division

First team	Second team	Honorable Mention
June Natal, sophomore	Santana Tamayo, junior	Vanessa Choi, junior
		Gabby Huerta, junior

The Varsity team was an NCS Scholastic Championship team with the third highest overall GPA in division 3.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.56.

NCS Presidents List

Varsity	Junior Varsity
Reina Dekel	
Avery DeMent	
Ashlyn Fogarty	
Ella Greenfield	
Avery Stoneman	
Santana Tamayo	

NCS Scholar Athletes

Varsity	Junior Varsity
Kirpa Chadha	
Vanessa Choi	
Lauren Foster	
Gabby Huerta	
Leia Pham	

The Girls Swim Team finished 4th and the Boys Swim Team finished 5th at the DAL Championship.
The Girls Swim Team finished 8th at the NCS Swim Championships.
Cruz Tamayo 15th 100 butterfly, 16th 100 backstroke
Ella Del Rosario 14th 100 freestyle, 16th 200 freestyle
Addison Shiflet 8th 100 breaststroke
Anna Motes 12th 100 breaststroke
Malin Stone 12th 100 backstroke
Tess Veronda 15th 100 butterfly
Anika Rehn 16th 50 freestyle
Malin Stone, Anna Motes, Tess Veronda, Anika Rehn 7th 200 medley relay
Ella Del Rosario, Jayna Guiro, Malin Stone, Anika Rehn 9th 400 freestyle relay
Braden Dunton, Jayden Hwang, Cruz Tamayo, Gunnar Grant 12th 200 medley relay
Jayna Guiro, Ella Del Rosario, Elinor Chen, Sara Williams 13th 200 freestyle relay
Cruz Tamayo, Gunnar Grant, Mason Schlehr, Braden Dunton 15th 400 freestyle relay

All DAL Foothill Division

First team	Second team	Honorable mention
	Cruz Tamayo, freshman	Ella Del Rosario, senior
		Jayna Guiro, freshman
		Anika Rehn, freshman

NCS Scholar Team honors:
Varsity boys team with an overall GPA of 3.34.
Varsity girls team with an overall GPA of 3.47.
Junior Varsity boys team with an overall GPA of 3.72.
Junior Varsity girls team with an overall GPA of 3.62.

NCS Presidents List

Boys Swimming

Varsity	Junior Varsity
Owen Andre	Aidan Castro
Sean Geraghty	Gunnar Grant
Cruz Tamayo	Jonathan Judson
	Daniel Kim
	Tyler Leonard
	Logan Lewis
	Jack Morgan
	Cooper Morris
	Dillon Nagar
	Eli Rosenberg
	Duncan Suva

Girls Swimming

Varsity	Junior Varsity
Ella Del Rosario	Genevieve Balfour
Brooke Rardin	Elinor Chen
Tess Veronda	Emi Kuniyoshi
Sara Williams	Alexandra Martinez
Hannah Geraghty	Madeleine Maurer
Sadie Hendrickson	Mave McAlister
Lucy McShane	Indiana Perry
	Anika Rehn
	Addison Shiflet
	Lilia Teicher
	Maggie Xiang

Varsity Diving

NCS Scholar Athletes

Boys Swimming

Varsity	Junior Varsity
Gavin Barclay	Adrian Anderson
Wilson Daughters	Charles Holmes
Braden Dunton	Wesley Martin
Peter Endemann	Luke Wellen
Thomas Kurimai	
Noah Moseley	
Ethan Zolboo	

Girls Swimming

Varsity	Junior Varsity
Ava Bell	Maya Clarke
Lily Briones	Elena Gerhardt
Jessica Gerhardt	Jayna Guiro
Adelyn Horciza	Kelsey Gunderson
Sophia Schwartz	Kylie Kaplan
Malin Stone	Lucy Kerr
	Perri Smith

The Boys Tennis team is 3rd in the DAL with a 1-5 record and an overall record of 9-9. In the NCS team championships, they were defeated by Northgate HS in the first round.

Sze Ting Chen, senior, was a 1st team All-DAL singles selection.
Blake Marshall, senior, and Cameron Fisher, freshman. was a 1st team All-DAL doubles selection.
Sze You Chen, sophomore, was a 2nd team All-DAL singles selection.
Saaj Shah, senior, was an honorable mention All-DAL singles selection.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.43.
Junior Varsity team with an overall GPA of 3.38.

NCS Presidents List

Varsity	Junior Varsity
James Ammerman	Tyler Anderson
Rhett Brewer	Cade Krick
Alexander King	Reed Lusch
Saaj Shah	Jack Roberts
Samuel Taylor	Cade Yen
Sze Ting Chen	Hugo DeTorres
William O'Brien	Ilai Elbaz
Nick Owens	Noah Frankel

NCS Scholar Athletes

Varsity	Junior Varsity
Grant Cortez	Ilai Elbaz
Cameron Fisher	Brandon Fu
Nolan Roberts	Lucas Ho
Vedant Todi	Connor McAndrew
Andrew Zheng	Conrad Smith

The Boys Track & Field team finished 2nd and the Unified team 5th at the NCS Tri-Valley Championships and the following placed in the meet.
River Lockwood 2nd 300 hurdles
Cameron Thornton 6th 400
Nevis Murphy 8th 1600, 8th 800
Illias Kaplanes-Jones 3rd long jump
Deonte Littlejohn 1st discus, 1st shotput
Amari Hollins 4th discus
Miles Moore 4th pole vault
Matt Schwarz, Illias Kaplanes-Jones, Jackson Boselli, River Lockwood 2nd 4X100
Julian Hood, Matt Schwarz, Ben Mickelson, River Lockwood 3rd 4X400
Julia Munter, Cameron Thornton, Olivia Kemp, Isabelle Agnost 6th 4X100
Sylvie Merrill & Asha Sekhon 2nd unified long jump
Ben Mickelson 7th 400
The Boys Track & Field team placed 5th at the NCS Meet of Champions and the following placed in the meet.
Illias Kaplanes-Jones 4th long jump
Deonte Littlejohn 2nd discus, 3rd shotput
Miles Moore 6th pole vault
Julian Hood, Matt Schwarz, Ben Mickelson, Jackson Boselli 4th 4X400
Matt Schwarz, Illias Kaplanes-Jones, Jackson Boselli, River Lockwood 5th 4X100
The results at the CIF Championships.
Deonte Littlejohn 11th discus

All DAL Foothill Division

First team	Second team	Third team
Jackson Boselli, junior	Isabelle Agnost, sophomore	Amari Hollins, sophomore
Julian Hood, senior	Olivia Kemp, sophomore	Miles Moore, sophomore
Illias Kaplanes-Jones, senior	Julia Munter, senior	
Lexi Le, senior	Nevis Murphy, senior	
Deonte Littlejohn, senior	Cameron Thornton, senior	
River Lockwood, senior		
Ben Mickelson, junior		
Matt Schwarz, senior		

NCS Scholar Team honors:
Boys varsity team with an overall GPA of 3.29.
Girls varsity team with an overall GPA of 3.40.
Boys junior varsity team with an overall GPA of 3.44.
Girls junior varsity team with an overall GPA of 3.69.

NCS Presidents List

Boys

Varsity	Frosh-Soph
Dylan Adams	Shayne Abolins
Luca Fazio	Martin Bruschi
Nikhil Hunn	Jack Debban
Casey Lopez	David Ellerbrock
Donovan McGrath	Mason Foster
Miles Moore	Brayden Hattersley
Harrison Sheffler	Dylan Kubiatowicz
Elliott Van Ornum	Jake Mikalis
	Matthew Robers
	Jason Rossetter
	Alec Schwarz
	Sebastian Springfield
	Aiden Sturm
	Maximo Von Vacaro-Shafer
	Rohan Winig
	Henry Zhao

Girls

Varsity	Frosh-Soph
Samantha Griscavage	Rania Adil
Victoria Hiatt	Kaiya Busfield
Nevis Murphy	Avery Deily
Robyn Sherman	Ngoc Huynh
Cameron Thornton	Amelia Jones
Lesley Trowbridge	Charlotte Keyser
	Isabel Oh
	Faye Pang
	Lilian Renbarger
	Arianna Rosen
	Anneliese Tarsa
	Sara Tsang
	Lujain Youssef

NCS Scholar Athletes

Boys

Varsity	Frosh-Soph
Josh Elerts	Finneus Aiken
Alexander Hagen	Greyson Blair
Shiraz Kamran	Zane Bruschi
Trevor Krick	Leo Chen
Bryan Lurie	Ajax Choudhury
Ben Mickelson	Dane Darby
Luca Oatham	Brock Garland
Oliver Penn	August Greeson
Matt Schwarz	Dario Hamidi
Will Siamas	Liam Huselid
Andrew Upp	Zubin Krishnan
	Jose Manrique
	Kiran Ouk
	Charles Phillips
	Treyson Roberts
	Colin Wang
	Kacper Zarzycki

Girls

Varsity	Frosh-Soph
Isabel Agnost	Sofie Kemper
Yanina Galavach	Stella Mason
Alexandra Hall	Evelyn Oprea
Olivia Kemp	Margaret Stirling
Hazel Raaum	
Mackenzie Siewart	
Genevieve Tarsa	

The Boys Volleyball team placed 4th in the DAL with a 4-6 record and a 14-14 overall record. They defeated Heritage HS and Redwood HS before being defeated by Moreau Catholic HS in the NCS Semifinal.

All DAL Foothill Division

First team	Second team	Honorable mention
Mason Briones, senior	Arthur Tam, senior	Preston Hilsabeck, senior
		Jake Mikalis, freshman

NCS Scholar Team honors: Varsity team with an overall GPA of 3.47.
Junior Varsity team with an overall GPA of 3.60.

NCS Presidents List

Varsity	Junior Varsity
Mason Briones	Soren Berg
Kaan Dalan	Azar Dekel
Preston Hilsabeck	Max Feldman
Jake Mikalis	Lucas Latimer
Elias Ristow	Asher Law
Gage Svoboda	Kai Nath

NCS Scholar Athletes

Varsity	Junior Varsity
Zane Long	Elliott DeMelo
	Christian Dunphy

The Stunt team finished 8th in the DAL with a 0-7 record.

First team	Second team	Honorable mention
	Ruby Byrne, junior	

NCS Scholar Team honors: Varsity team with an overall GPA of 3.35.

NCS Presidents List

Varsity
Ashlyn McCoin
Leah Roth
Audrey Tugade

NCS Scholar Athletes

Varsity
Taylor Blair
Stella Champion
Olivia Jensen

The Beach Volleyball team placed 7th in the DAL with a 0-6 record and a 3-13 overall record.

NCS Scholar Team honors: Varsity team with an overall GPA of 3.37.

NCS Presidents List

Varsity

Annalie Andres
Abygail Chan
Grace Hayes
Krystina Merkelo
Nina Salazar
Beier Zhang

NCS Scholar Athletes

Varsity

Stella Larkin
Caitlyn Lewis
Shaelyn McCall

Senior Awards

Gavin Dodge and Lexi Le won the Most Outstanding Athlete Award for excellence in a single sport.
Deonte Littlejohn and Ella Del Rosario won the Most Valuable Athlete Award for excellence in several sports.
Amin Noroozi, Harry Zimmerman, Neve Murphy and Tori Hiatt won the Booster Club Athlete of the Year Award for athletic and academic participation over four years.

Overall Update.

137/395 Presidents List in the Fall.
119/395 Scholar Athletes in the Fall.
24/24 Scholar Teams in the Fall.
89/218 Presidents List in the Winter.
61/218 Scholar Athletes in the Winter.
14/14 Scholar Teams in the Winter.
171/536 Presidents List in the Spring.
129/536 Scholar Athletes in the Spring.
24/24 Scholar Teams in the Spring.
397/1149 Presidents List in the year.
309/1149 Scholar Athletes in the year.
62/62 Scholar Teams in the year.

100% of our teams received scholar Team honors.
35% of our student-athletes received Presidents List honors.
27% of our student-athletes received Scholar Athlete honors.
828 students participate in at least one sport, which is 67% of our student body.
253 students are two-sport athletes, 36 students are three-sport athletes, 1 student is a four-sport athlete.
1149 total student participants.

All DAL selections. These are voted upon by the head coaches in the league.

NCS Presidents List. GPA must be 3.80 to 4.00. Determined by the total non-weighted grade point average for the marking period.

NCS Scholar Athlete. GPA must be 3.50 to 3.79. Determined by the total non-weighted grade point average for the marking period.

NCS Scholar Team honors. Average GPA must be 3.00 or higher. Determined by the teams average total non-weighted grade point average for the marking period.