



SEISD
High School
Calendar Menu

Breakfast Menu

Tuesday

Wednesday

Thursday

Friday

Week 1	Cereal Bowl Cheese Cubes	Chicken Tamal	Ham & Cheese Sandwich	Mini Pancakes
Week 2	Concha Cheese Stick	Peanut Butter & Jelly Sandwich	Egg & Ham Burrito	Cheesy Bites
Week 3	Cocoa Bread Cheese Cubes	Egg & Cheese English Muffin	Egg & Chorizo Burrito	Sausage Biscuit
Week 4	Cinnamon Glazed French Toast	Egg Croissant	Egg Frittata Buttered Toast	Breakfast Pizza

Served Daily:
Milk Variety, Juice & Fresh Fruit

Lunch Menu

Week 1

Served Daily:
Fresh Fruit and Milk Variety

Tuesday

Wednesday

Thursday

Friday

Boneless Wings
Mashed Potato
Fresh Roll
Gravy
BBQ Sauce

Pepperoni Pizza
Steamed Broccoli
Fruit Juice Gels

Beef Tacos
Pinto Beans
Chocolate Cookie

Chicken Sandwich
Tater Tots
Ketchup
Mayonnaise

Vegetable Bar

Vegetable Bar

Vegetable Bar

Vegetable Bar

Week 2

Tuesday

Wednesday

Thursday

Friday

Nacho Supreme
Pinto Beans

Chicken Pozole
Francesito
Dragon Punch Juice

Spaghetti & Meat Sauce
Steamed Broccoli
Texas Toast

Bacon Cheeseburger
Tater Tots
Ketchup
Mayonnaise

Vegetable Bar

Vegetable Bar

Vegetable Bar

Vegetable Bar

Week 3

Tuesday

Wednesday

Thursday

Friday

Corn Dog
Macaroni & Cheese
Baked Beans
Ketchup
Mustard

Rolled Tacos
Tater Tots
Ketchup

Chicken Tenders
Fresh Roll
Mashed Potato
Gravy

Turkey Ham & Cheese
Sandwich
Dragon Punch Juice
Chips
Mustard
Mayonnaise

Vegetable Bar

Vegetable Bar

Vegetable Bar

Vegetable Bar

Week 4

Tuesday

Wednesday

Thursday

Friday

Barbacoa Tacos
Pinto Beans

Sweet & Sour Chicken
Fried Rice
Vegetable Eggroll
Fortune Cookie

Chicken Flautas
Refried Beans
Sour Cream
Guacamole

Salisbury Steak
Fresh Roll
Mashed Potato
Gravy
Strawberry Sundae

Vegetable Bar

Vegetable Bar

Vegetable Bar

Vegetable Bar

Pick 3 For Free!

Bringing your lunch from home?
Add a fruit, vegetable, and milk for Free!



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FREE

Available Daily Upon Request:
Breaded Chicken Salad

Menu is subject to change.

July 2026					W
M	T	W	T	F	
	21 28	22 29	23 30	24 31	1 2
August 2026					Week
	T	W	T	F	
	4 11 18 25	5 12 19 26	6 13 20 27	7 14 21 28	3 4 1 2
September 2026					Week
M	T	W	T	F	
	1 8 15 22 29	2 9 16 23 30	3 10 17 24	4 11 18 25	3 4 1 2 INT
October 2026					Week
M	T	W	T	F	
	6 13 20 27	7 14 21 28	1 8 15 22 29	2 9 16 23 30	INT INT 3 4 1
November 2026					Week
M	T	W	T	F	
	3 10 17 24	4 11 18 25	5 12 19 26	6 13 20 27	2 3 4 BRK
December 2026					Week
M	T	W	T	F	
	1 8 15 22 29	2 9 16 23 30	3 10 17 24 31	4 11 18 25	1 2 3 BRK
January 2027					Week
M	T	W	T	F	
	5 12 19 26	6 13 20 27	7 14 21 28	1 8 15 22 29	BRK 4 1 2 3
February 2027					Week
M	T	W	T	F	
	2 9 16 23	3 10 17 24	4 11 18 25	5 12 19 26	4 1 2 3
March 2027					Week
M	T	W	T	F	
	2 9 16 23 30	3 10 17 24 31	4 11 18 25	5 12 19 26	4 INT BRK 1 2
April 2027					Week
M	T	W	T	F	
	6 13 20 27	7 14 21 28	8 15 22 29	9 16 23 30	2 3 4 1 2
May 2027					Week
M	T	W	T	F	
	4 11 18 25	5 12 19 26	6 13 20 27	7 14 21 28	3 4 1 2

INT-Intercession
BRK- Winter or Spring Break