

Welcome to the Del Campo High School Counseling Department

Welcome to Del Campo Counseling! Del Campo counselors provide a comprehensive, multi-tiered system of support to ensure student success. They support students in three core domains: academics, personal/social, and college/career. In order to be a successful student, please make sure you communicate with your counselor. Here is some basic information to get you started.

Who is your counselor?

Counselors are divided based on last name alpha and specific programs. Your counselor will be listed on your Q or you can visit the counseling center to see the list of counselor caseloads.

How do you see your counselor?

Students can drop in at lunch, before school or after school. If their counselor is not available, they can see the secretary to request a visit.

Students are also encouraged to email with simple basic questions. Emailing prevents students from missing valuable class time. Often, many things can be dealt with through email correspondence.



COUNSELING CONTACT INFORMATION

Autumn Dello Russo	Counselor	916-971-5655
Anna Khoklan	Counselor	916-971-5674
Jennifer Howard	Counselor	916-971-5665
Joy Ashwell	Counselor	916-971-5680
Denesha Halsell	Secretary	916-971-5675

Del Campo High School Counseling Department Information

Academic Development: Counselors partner with students to build strong educational foundations and stay on track for graduation.

Graduation Planning: Map out individualized graduation plans and monitor credit requirements.
Coursework & Schedules: Facilitate course registrations, transcript reviews, and enroll in alternative credit recovery programs.

Specialized Support: Participate in 504 and IEP meetings, and facilitate Student Support Team (SST) interventions.

Personal & Social Development:
Counselors support the "whole child" by addressing mental health, wellness, and socio-emotional needs

Counseling Services: Deliver short-term counseling sessions and lead small groups.

Wellness Initiatives: Promote mental health through classroom and homeroom lessons, school-wide campaigns, and presentations.

Crisis Management: Provide immediate crisis counseling and assist students during distress.

Family Collaboration: Partner with families, refer students to school-based and community resources.

College & Career Development:
Counselors in collaboration with a college career technician, guide adolescents through postsecondary transitions, making sure they have access to exploration and financial aid resources

Exploration & Navigation: Guide students through career exploration via newsletters, workshops, and platforms like Naviance.

College Applications: Assist with college applications and FAFSA completion, write letters of recommendation.

Testing & Dual Enrollment: Organize PSAT/AP testing, SAT School Day, facilitate ARC dual enrollment, and assist with community college concurrent enrollment.

Financial Aid: Facilitate presentations on financial aid and promote student scholarship opportunities.