



SUNDAY - JULY 19, 2026

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday (June through August)

8:15 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

8:30 AM - 4:00 PM Weekdays*

*Wednesdays in Summer, 9:30 AM - 4:00 PM

School

8:00 AM - 4:00 PM Monday - Friday
 (Summer hours vary - call in advance)

OUR MISSION STATEMENT

Sacred Heart Parish
 is a welcoming Catholic community,
 which inspires faith in God,
 through prayer, sacraments, and service,
 while living Gospel values,
 as faithful followers of Jesus Christ.



SACRED HEART NEWS

Sacred Heart Book Discussion Group
Tuesday, July 28th at 7:00 PM
Parish Conference Room 1
(Located in the parish office)



Looking for some good books to read this summer? Come join Sacred Heart's book discussion group!

July 28th: *Thunderstruck* by Erik Larson
August 25th: *An Irish Country Doctor* by Patrick Taylor

For more information, please contact Annelies Smith at ybugmom@comcast.net.

Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy



Following the *Ecce Agnus Dei* (Behold the Lamb of God) and our shared act of humility, we enter into the climax of the Mass, and indeed the climax of our whole Christian life: *Holy Communion*. First, the Priest receives Holy Communion saying quietly, "May the Body/Blood of Christ keep me safe for eternal life." During this time, the Communion hymn begins, "its purpose being to express the spiritual union of the communicants by means of the unity of their voices, to show gladness of heart, and to bring out more clearly the "communitarian" character of the procession to receive the Eucharist" (GIRM, 86). After the Priest receives Holy Communion, the distribution of Holy Communion to those Catholics who are properly disposed takes place.

Sacred Heart Liturgical Schedule Updates

Fr. Joseph is currently visiting his family in Nigeria and is scheduled to return on August 22nd. During his absence, Fr. Nagel will share his time between our Parish Family of Sacred Heart and St. Monica for Masses and parish commitments. Additionally, Fr. Joseph Mitchell and Fr. John Madigan, Senior Priests in the Archdiocese of Seattle, will assist by presiding at various weekend Masses. Please note the following changes to Sacred Heart's Liturgical schedule during Fr. Joseph's vacation:

- ◆ There will be no Eucharistic Adoration on Thursdays, starting Thursday, July 16th. Eucharistic Adoration will resume on Thursday, August 27th.
- ◆ There will be no 7:00 AM First Friday of the Month Mass or 9:30 AM Eucharistic Adoration on Friday, August 7th. The First Friday of the Month Mass and Eucharistic Adoration will resume on Friday, September 4th.

St. Monica offers a Perpetual Eucharistic Adoration Chapel that is accessible at any hour throughout the week. For security reasons, the Adoration Chapel door is equipped with a locking keypad. To obtain the code for the chapel, please contact the St. Monica parish office at 206-232-2900 prior to your visit.

ENCOUNTER SEATTLE CAMPUS SUMMER INTENSIVE

AN INTRODUCTION TO THE
ENCOUNTER SCHOOL OF MINISTRY

JULY 31 - AUG 1 | HOLY FAMILY CATHOLIC CHURCH



DANIELLE
CURL



GABBY
MAA



DR. KERRY
MCMAHON



KYLIE
HOLZKNECHT



MIKAELA RINK
WORSHIP

Encounter School of Ministry Summer Intensive

What if one weekend could change the trajectory of your faith? The Seattle Summer Intensive is designed to ignite your relationship with Jesus, activate the gifts of the Holy Spirit and send you home transformed.

Register at ascendnw.regfox.com/2026-summer-intensive

Every summer, we offer a power-packed intro event which allows those interested in the Encounter School of Ministry to experience a sample of a "student's life" and to gain a better understanding of what to expect as a student. We've created intro sessions to the first 4 quarters of ESM, so you can get a taste of the *Identity, Prophecy, Healing and Inner Healing* quarters, over a period of just a few days. The session content, praise and worship, prayer and environment of the Summer Intensive mimic the weekly sessions throughout the school year.

ADMINISTRATION & STEWARDSHIP

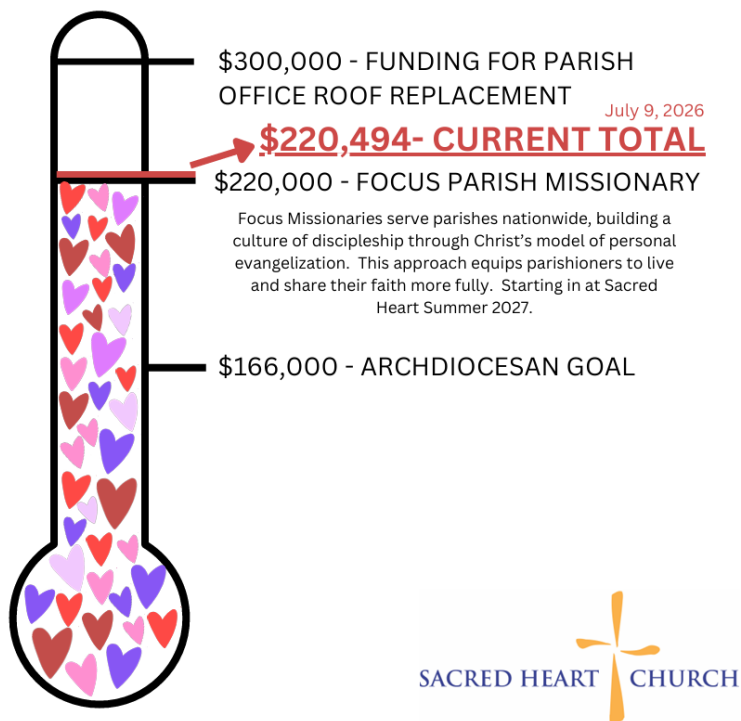
Annual Catholic Appeal 2026 Together in Faith

Please make your **2026 ACA** gift today!



THANK YOU FOR YOUR GENEROUS SUPPORT OF THE ANNUAL CATHOLIC APPEAL!

SACRED HEART ANNUAL CATHOLIC APPEAL 2026



FINANCIAL GOAL

Thank you to all who have responded to the needs of our regional Church by supporting the 2026 Annual Catholic Appeal! Our journey as Catholics is not undertaken alone. We are all a part of this one body of Christ and your generosity speaks to the impact that our community can have.

We are excited to announce that we have met our parish goal of \$220,000. The parish rebate will fund our project to bring a FOCUS Missionary to Sacred Heart beginning in the summer of 2027. Any additional ACA rebate funds will go towards the funding for the parish office roof replacement.

Thank you to all who have returned your ACA pledges and gifts, as well as those who are recurring monthly donors. We have heard from 35% of our parishioners. If you have not made your pledge, we ask you to prayerfully consider making a gift today. You can donate using the QR code, fill out a pew envelope or go online to archseattle.org/giveaca.

Together in faith, we can support the mission of the Church throughout our local Catholic community.



Scan the QR Code for Online Giving to Sacred Heart Parish.



Stewardship of Treasure

Sunday collection totals

July to May 31, 2026 Budget	\$1,524,164
July to May 31, 2026 Actual	\$1,532,904

+\$8,740

Prior year actual (July– May 2025) \$1,517,010

Thank you for your generosity!!

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 7/19

Wisdom 12:13,16-19
Psalm 86:5-6,9-10,15-16
Romans 8:26-27
Matthew 13:24-43

Monday 7/20

Micah 6:1-4,6-8
Psalm 50:5-6,8-9,
16bc-17,21,23
Matthew 12:38-42

Tuesday 7/21

Micah 7:14-15,18-20
Psalm 85:2-8
Matthew 12:46-50

Wednesday 7/22

Song of Songs 3:1-4b
Psalm 63:2-6,8-9
John 20:1-2,11-18

Thursday 7/23

Jeremiah 2:1-3,7-8,12-13
Psalm 36:6-7b,8-11
Matthew 13:10-17

Friday 7/24

Jeremiah 3:14-17
(Psalm) Jeremiah
31:10-12d,13
Matthew 13:18-23

Saturday 7/25

2 Corinthians 4:7-15
Psalm 126:1b,2-6
Matthew 20:20-28

Sunday 7/26

1 Kings 3:5,7-12
Psalm 119:57,72,76-77,
127-130
Romans 8:28-30
Matthew 13:44-52

MASS INTENTIONS

Sunday 7/19

9:00 AM Mass: RIP SR. MARY LOUISE DIJULIO
by Bill & Angela Wright

11:00 AM Mass:

RIP SIDNEY CHARLES CALLAGHAN
by Jen & Matt Fassnacht

5:00 PM Mass : PRIEST PRIVATE INTENTION

Monday 7/20

RIP RUFINA GALLARDO by Carol Gallardo

Wednesday 7/22

RIP GAYLE BARRICKMAN by Anita Leising

Thursday 7/23

RIP ELIOT ABRAMSON by Phoebe Kwan

Friday 7/24

INT JOANNA COLLINS by Sacred Heart Parish Staff

Saturday 7/25

INT THE PARISHIONERS OF SACRED HEART

Sunday 7/26

9:00 AM Mass: RIP FR. PATRICK RITTER (2020)
by Sacred Heart Parish & School Staff

11:00 AM Mass:

INT HAYDEN FAMILY by Emily Kirwin

5:00 PM Mass : PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Pray for the sick of Sacred Heart
and St. Monica Parish Family

The Deceased

Pray for the deceased of Sacred Heart
and St. Monica Parish Family

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Welcome to Sacred Heart Parish

Thank you for worshiping with us today! We extend a warm welcome to all our parishioners and visitors. Whether you are just passing through or looking for a new parish family, we pray you find Sacred Heart inviting and spiritually uplifting. If you are new to Sacred Heart or haven't yet registered with the parish, we encourage you to take this step. To register, please visit our website, sacredheart.org or call our office at 425-454-9536.

POPE'S PRAYER INTENTION - JULY

For Respect For Human Life

Let us pray for the respect and protection of human life in all its stages, recognizing it as a gift from God.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

YOUTH MINISTRY

High School Mass* & Mochas



Come join Fr. Nagel and the youth ministers
for conversation and coffee on us!

Monday, July 13th
9am @ Mercerdale Park,
Mercer Island

Monday, July 20th
9am @ Queen Bee Cafe,
Clyde Hill

Monday, July 27th
9am @ Mercerdale Park,
Mercer Island

*We will substitute Mass for morning prayer, enjoy your sleep in!

SACRED HEART SCHOOL



Celebrate 75 Years of Sacred Heart School as a Sponsor!

As Sacred Heart School celebrates its 75th Anniversary, we invite parishioners and local businesses to become part of this milestone year by joining our School Sponsorship Program.

Sponsorship is a meaningful way to support Catholic education while gaining visibility among our vibrant community of more than 275 school families. Sponsorship opportunities include recognition at school events, in publications, on campus and through school communications throughout the year.

If you own a business, work for a company that values community involvement or know someone looking for a meaningful way to make an impact, we encourage you to explore our sponsorship opportunities. Your partnership directly supports the students, programs and faith-filled mission that have been at the heart of Sacred Heart School for 75 years. To learn more about sponsorship opportunities, please contact Corey Raney at craney@sacredheart.org in the School Development Office today!

Join Archbishop Paul D. Etienne for the

Mass for Peace

August 6 | 12pm | St. James Cathedral



Archdiocese
of Seattle



Registration Now Open CYO Soccer and Cross Country

Registration for fall soccer and cross country is open for all Sacred Heart parishioners and students in grades K-8. No experience required, only the desire to learn and have fun! Register: teamsideline.com/sites/seattlecyo/home.

Missed a Sacrament?

It is never too late! If you or someone in your family has missed celebrating a sacrament such as Baptism, First Communion or Confirmation, please contact the parish office at 425-454-9536. We are here to assist and guide your family in sacramental preparation.

COMMUNITY OUTREACH - COMMUNITY EVENTS



Don't Miss the 2026 Good Start Back to School Bus!

Or you'll miss your chance to help up to 2000 students from low-income families in the Bellevue School District start the new school year with pride!

The **Good Start Back to School** bus bin will be parked in the Narthex through August 2. That's where you can deposit backpacks and **checks** for this Congregations for Kids project. But hurry, the bus leaves after August 9 for Spiritridge Elementary School, where our donations will be added to those collected by other Eastside congregations and organizations. There, backpacks will be organized and tagged and home-use supplies sorted and boxed to help these children from low-income families in Bellevue have a good start back to school.

Checks for purchasing school supplies for home use and additional backpacks, made out to Sacred Heart Parish, clearly marked "Back to School" or made out to *Congregations for Kids/ EISCC*.

Donations may be made online:

congregations4kids.org



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Next week our parish will offer a collection to support the Solidarity Fund for the Church in Africa. As the Church in Africa grows, its need for pastoral leaders increases. The Solidarity Fund supports pastoral projects that build the capacity of the Church and foster lasting peace and reconciliation across a continent often marked by division and tension. To learn more, visit uscbb.org/africa.

Tee off to support future priests

8/4/26



REGISTER



Golf Fore Seminarians

Archdiocese of Seattle – Crozier Society

Brown Bag Sunday Collection This Weekend, July 18 - 19

★ TOP REQUESTED ITEMS LAST MONTH

-  **SPAM**
Versatile protein staple always in high demand
-  **MARUCHAN RAMEN SOUP**
Quick and affordable comfort meal
-  **PROGRESSO SOUP**
Hearty easy-to-eat meal option

Healthy Pantry Alternatives:

- Low-sodium canned chicken
- Tuna or salmon in water
- Beans & lentils
- Peanut butter

Thank you for your continued support!





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Parishoners Matt & Christina
Celebrating with Don!

Our Client Don

After 65 years in his beloved Bellevue home, Don decided to downsize to Aegis Living. He simply handed us the keys and we took care of everything!

Don Lovell

God Bless Matt and Christina for being such a talented, loyal, loving, faithful couple in preparing and selling my memory home.

Don Lovell



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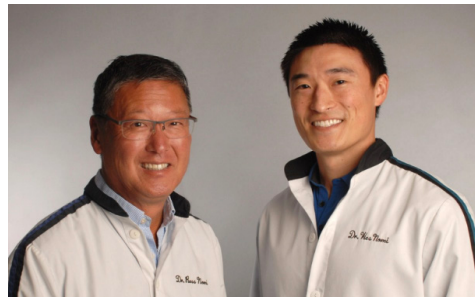
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for weekly parish bulletins



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