



BREAKFAST

AUGUST 2026

BERMUDIAN SPRINGS SECONDARY SCHOOLS

No Charge for Meals
Milk \$0.650



Monday

Tuesday

Wednesday

Thursday

Friday



schoolcafe

4

5

6

7

10

11

12

13

14

17

18

19

20

21

Sausage Egg N Cheese Croissant
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice

Day 1

Bacon Egg N Cheese Biscuit
Hash brown
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice

Day 2

Fresh Baked Cinnamon Rolls
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

Day 3

French Toast Sticks
Sausage Links
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

Day 4

Assorted Doughnut Holes
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice

Day 5

Sausage Egg N Cheese Croissant
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice

Day 6



WELCOME BACK!