LYNCH HILL

Week 3

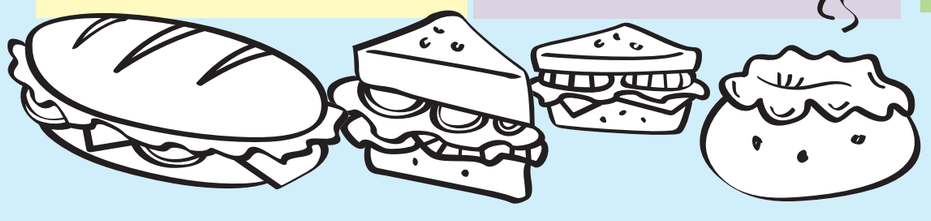
Lunch Menu

A HEALTHY, WIDE VARIETY AVAILABLE EVERYDAY



	Mon	Tues	Wed	Thurs	Fri
Mains	Vegetable & Bean Chilli Tacos	Chickpea Pakora Folded Naan	Vegetable Lasagne	Spanish Style Quorn Rice	Tomato & Mozzarella Arancini
	Lamb & Root Vegetable Hotpot	BBQ Chicken Leg	Beef Lasagne	Southern Chicken Burger	Battered Fish Fillet / Fish Fingers
	BBQ Chicken Wings	Piri Piri Chicken Wings	BBQ Chicken Wings	Jerk Chicken Wings	Hot & Spicy Chicken Wings
	Jacket Potato- Choice of Fillings	Jacket Potato- Choice of Fillings	Jacket Potato- Choice of Fillings	Jacket Potato- Choice of Fillings	Jacket Potato- Choice of Fillings
	Pasta of the day	Pasta of the day	Pasta of the day	Pasta of the day	
Sides	Spicy Rice	Mac Cheese	Garlic Bread	Sweet Potato Fries	Chips
	Cauliflower / Broccoli	Smokey Corn Ribs	Green Vegetable Medley	Sweetcorn / Fennel & Cabbage Slaw	Peas / Baked Beans
	Fresh Salad	Fresh Salad	Fresh Salad	Fresh Salad	Fresh Salad
Extra	Grab & Go- Paninis/Pizza Samosa/Nachos/Garlic Bread	Grab & Go- Paninis/Pizza Samosa/Nachos/Garlic Bread	Grab & Go- Paninis/Pizza Samosa/Nachos/Garlic Bread	Grab & Go- Paninis/Pizza Samosa/Nachos/Garlic Bread	Grab & Go- Paninis/Pizza Samosa/Nachos/Garlic Bread
	Baguettes / Wraps / Rolls / Sandwiches	Baguettes / Wraps / Rolls / Sandwiches	Baguettes / Wraps / Rolls / Sandwiches	Baguettes / Wraps / Rolls / Sandwiches	Baguettes / Wraps / Rolls / Sandwiches
Desserts	Ice Cream	Mixed Berry Sponge Cake with Custard	Cocoa & Beetroot Brownie	Apple & Sultana Strudel	Cocoa Sponge and Cocoa Custard
	Fruit Pots, Jelly, Yoghurts, Cookies, Cheese & Crackers	Fruit Pots, Jelly, Yoghurts, Cookies, Cheese & Crackers	Fruit Pots, Jelly, Yoghurts, Cookies, Cheese & Crackers	Fruit Pots, Jelly, Yoghurts, Cookies, Cheese & Crackers	Fruit Pots, Jelly, Yoghurts, Cookies, Cheese & Crackers

Weekend



PLUS:

WE SERVE FRESH FRUIT & VEG DAILY

