



Working Together for Student Success

Local School Wellness Policy: Triennial Assessment Template

Background Information

An assessment of your school wellness policy must be conducted a minimum of once every three years per United States Department of Agriculture (USDA) regulations; however, Local Educational Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The template below is offered as a way to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy 2) how the wellness policy compares to model wellness policies 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment, as well as the current wellness policy, must be made available to the public. How these documents are shared publicly is the decision of the LEA. Many LEAs choose to post the results on their district website. Sponsors may use this template to organize the assessment conducted and make it available to the public.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. State agencies will assess compliance with the wellness policy requirements as a part of the General Areas of the Administrative Review every three years. Keep a copy of the results on file for at least three full school years plus the current year.

Section 1: General Information

School(s) included in the assessment: Southeast Dubois County Schools

Month and year of current assessment: July 2025

Date of last wellness policy revision: April 2023

Website address for the wellness policy and/or information on how the public can access a copy:
<https://www.sedubois.k12.in.us/rangercafe>

Section 2. Compliance with the Wellness Policy and Progress Towards Goals

At a minimum, school wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion
 - Nutrition education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages *sold* to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, *but not sold*, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards. ● Description of evaluation plan.

Using the tables below, indicate the language that is currently written in the school wellness policy in relation to each topic area. Next, assess and discuss whether the school is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Wellness Coordinator: Has identified at least one person as responsible for facilitating the wellness policy upkeep Name person responsible for facilitating the upkeep: <u>Superintendent</u>	☒		
Describe progress and next steps: The Superintendent and Nutrition Program Director continued to oversee implementation and annual review of the Local School Wellness Policy throughout the assessment period. Oversight responsibilities remained consistent, ensuring continued compliance with USDA wellness policy requirements. Next Steps: Continue annual review of the Wellness Policy. Provide annual wellness updates to administrators and school staff. Continue collaboration between district administration and the Nutrition Program Director.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Stakeholder Participation: Allow parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, evaluation and update of the wellness policy		☒	
Describe progress and next steps: The district continued to include administrators, food service staff, teachers, school health personnel, and community stakeholders in wellness initiatives throughout the assessment period. While wellness activities continued, the Wellness Committee did not consistently meet on a regular schedule, and meeting minutes were not consistently maintained. The district recognizes this as an opportunity for improvement and will establish a consistent meeting schedule with documented agendas, attendance records, and meeting minutes. Next Steps: Hold at least one documented Wellness Committee meeting annually. Maintain meeting agendas, attendance records, and meeting minutes. Increase participation from parents, students, school staff, and community members during policy review.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
USDA Requirements for School Meals: Has assured school meals meet the USDA requirements	☒		
Describe progress and next steps: School meals consistently met USDA meal pattern requirements throughout the assessment period. Fresh fruits, vegetables, whole grains, and lean protein options continued to be offered daily while expanding scratch cooking opportunities.			

The district strengthened its Farm to School efforts through a partnership with **Fischer Farms**. Prior to introducing locally sourced beef into school meals, each of the district's four schools hosted student taste-testing events, allowing students to sample the product and provide valuable feedback. This initiative increased student engagement while promoting healthy food choices and supporting local agriculture.

Next Steps:

Continue expanding Farm to School partnerships when feasible. Increase opportunities for scratch cooking and locally sourced menu items. Continue evaluating menus using student feedback.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutritional Guidelines for all foods and beverages sold: Has set nutritional guidelines for foods and beverages sold on the school campus during the school day	☒		
Describe progress and next steps: All competitive foods and à la carte items continued to meet USDA Smart Snacks standards. Product compliance is reviewed before items are offered for sale. Next Steps: Maintain 100% Smart Snacks compliance. Review competitive food offerings annually.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutritional Guidelines for non-sold foods and beverages: Has set nutritional guidelines for foods and beverages not sold but made available on the school campus during the school day	☒		
Describe progress and next steps: Healthy classroom celebration alternatives continue to be promoted. Staff are encouraged to provide non-food rewards whenever appropriate, and healthy options are communicated with families. Next Steps: Continue promoting healthy classroom celebrations. Increase awareness of non-food rewards.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Food & Beverage Marketing: Allow marketing on the school campus during the school day of only those foods and beverages that meet the competitive food/beverage requirements (Smart Snacks)	☒		

Describe progress and next steps:Food and beverage marketing during the school day continues to comply with Smart Snacks requirements. Competitive food marketing remains minimal, while healthy meal choices are promoted through school communications and cafeteria signage.

Next Steps:

Continue annual review of marketing materials. Increase promotion of healthy school meals and nutrition education activities.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutrition Education: Has at least 2 goals for nutrition education List goals: 1. Nutrition education is incorporated into the health curriculum. 2.Nutrition concepts are integrated into classroom instruction when appropriate.	☑		
Describe progress and next steps: The district successfully met the previous nutrition education goals by continuing classroom instruction aligned with state standards while reinforcing healthy eating habits through school meal programs and wellness activities. Next Steps: Promote nutritious school meals that support lifelong healthy eating habits			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Nutrition Promotion: Has at least 2 goals for nutrition promotion List goals: 1. Encourage students to increase consumption of healthy foods and water. 2.Promote nutritious school meals that support lifelong healthy eating habits	☑		
Describe progress and next steps: Previous nutrition promotion goals were successfully achieved.The district's new Farm to School partnership with Fischer Farms . Before locally sourced beef was added to school menus, all four schools hosted student taste-testing events that allowed students to sample the product and provide feedback. These events promoted student engagement, increased awareness of locally sourced foods, and encouraged students to try nutritious menu options.The district also continued promoting healthy menu choices through fresh fruits, vegetables, whole grains, and appealing meal offerings. Next Steps: Conduct at least one nutrition promotion activity or taste-testing event each school year. Continue expanding Farm to School partnerships when feasible.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Physical Activity: Has at least 2 goals for physical activity List goals: 1. Continue meeting Indiana Physical Education Standards 2. Provide opportunities for movement throughout the school day.	☒		
Describe progress and next steps: Previous physical activity goals were successfully achieved. Students continued participating in physical education classes, athletics, and extracurricular activities. Classroom movement opportunities were encouraged when appropriate. Next Steps: Encourage classroom movement breaks. Continue supporting extracurricular athletics and physical activity opportunities.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Other Activities: Has at least 2 goals for Other School-Based Activities that promote student wellness List goals: 1. Encourage participation in extracurricular clubs and athletics. 2. Promote family involvement in healthy lifestyles.	☒		
Describe progress and next steps: Previous goals were successfully achieved through continued participation in school athletics, extracurricular clubs, and wellness activities. Schools continued encouraging family involvement in healthy lifestyles through school and community activities. Next Steps: Promote employee wellness opportunities. Increase participation in family wellness and community health activities.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Evaluation: Every three years LEA has evaluated the wellness policy with an evaluation tool and has notified the public of the results. The assessment will determine: • to what extent the LEA is in compliance with the school wellness policy • the extent to which the local wellness policy compares to model school wellness policies • the progress made in attaining the goals of the school wellness policy Name person responsible for monitoring the policy: Jamie Pund, Superintendent		☑	

Describe progress and next steps:The required Triennial Assessment was completed, and the district continued implementing its Local School Wellness Policy. An area identified for improvement is maintaining consistent documentation of Wellness Committee meetings and annual wellness policy reviews.

Procedures will be implemented to ensure annual meetings are scheduled, documented, and used to review progress toward wellness goals.

Next Steps: Conduct annual Wellness Committee meetings. Maintain agendas, attendance records, and meeting minutes. Review progress toward wellness goals annually. Complete the next Triennial Assessment as required.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
Communication: Annually inform and update parents, students, staff, and the community about the content and implementation of the wellness policy and provide a way for additional stakeholders to be able to participate	☑		

Describe progress and next steps:The Local School Wellness Policy continues to be available on the district website. Following completion of this assessment, the updated Triennial Assessment will also be made publicly available. Stakeholders will continue receiving opportunities to participate in future wellness initiatives and committee meetings.

Next Steps:
Publish annual wellness updates.
Continue communicating wellness initiatives through the district website, newsletters, and school communications.

Include any additional notes, if necessary:

Section 3. Comparison to Model School Wellness Policies

Indicate model policy language used for comparison. Model policies may be found [here](#).

- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ Upgrade Sample Language
- ☒ Other (please specify): Indiana Department of Education Triennial Assessment Template

Describe how the school wellness policy compares to model wellness policies.

Southeast Dubois County School Corporation's Local School Wellness Policy continues to meet the requirements established by USDA and aligns closely with Indiana Department of Education model wellness policy recommendations. Since the previous assessment, the district has maintained compliance with federal nutrition standards while expanding nutrition promotion activities, increasing Farm to School initiatives through its partnership with Fischer Farms, providing student taste-testing opportunities at all four schools, supporting physical activity, and strengthening healthy school meal offerings.

The assessment also identified an opportunity to improve the consistency of Wellness Committee meetings and documentation. The district has established measurable goals to strengthen stakeholder participation and annual wellness policy review during the next assessment cycle.

Southeast Dubois County Schools remains committed to fostering a school environment that supports the health, wellness, and academic success of all students through continuous improvement of its wellness initiatives.