

Y11 KS4 Curriculum Overview: Health and Social Care (Pearson BTEC LEVEL 1/ Level 2 Tech Award – Year 2)

Rationale: In year 11, students will build on their knowledge from Year 10 to study and apply the factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and how to design a health and wellbeing improvement plan. Students study and explore practically, health and social care services and how they meet the needs of real service users. They also develop skills applying care values.



Term / Length of Unit	Outline	Assessment	Home Learning	Resources	Knowledge/Skills End Points	Reading
Y11 Autumn 1	<p>PSA2: Health and Well Being: Learning Aim A and B</p> <p>A: Factors affecting Health and Wellbeing. Students will explore how factors can affect an individual's health and wellbeing positively or negatively</p>	<p>Progress: Interpreting data</p> <p>End of topic tests</p> <p>Command words:</p> <ul style="list-style-type: none"> • Explain • Describe • Identify • Outline 	<p>Writing tasks:</p> <p>Celebrity health case studies</p>	<p>Purple exercise books.</p> <p>Full schemes of learning with associated resources on Staff Resources – Health and Social Care – 2025-2026–Blood Pressure machine, Thermometer, Oxygen Saturation monitor</p>	<p>Key knowledge/skills: To be able to define health and wellbeing. Interpret indicators that can be used to measure physiological health. Interpret data and interpret lifestyle data</p> <p>Keywords: Hypertension/Hypotension Blood Pressure Body Mass Index Peak flow genetic inheritance ill health (acute and chronic) Diet (balance, quality and amount) Substance use personal hygiene</p>	<p>Key terms list for topics:</p> <p>Academic text from exam board Essay annotations Extended writing Patient case studies</p>



<p>Y11 Autumn 2</p>	<p>PSA2 3: Health and Well Being: Learning Aim C</p> <p>C1: Person-centred health and wellbeing improvement plans Students will explore the features of health and wellbeing improvement plans. It links to, and consolidates, knowledge and understanding from Component 2, support services and also care values in terms of the need for a person centred approach. The importance of a person-centred approach that considers an individual's needs, wishes and circumstances.</p>	<p>PPE: Exam questions, using past Sample Assessment Material provided by BTEC.</p>	<p>Writing tasks: Creating health improvement plans</p>	<p>Full schemes of learning with associated resources on Staff Resources –</p>	<p>Key knowledge/skills: The importance of a person-centred approach that considers individual's needs, wishes and circumstances.</p> <p>Keywords: Person centred approach Expected life events Unexpected life events Life Circumstances.</p>	<p>Key terms list for topics:</p> <p>Academic text from exam board Essay annotations Extended writing Patient case studies</p>
<p>Y11 Spring 1 Part 2</p>	<p>Component 3: Health and Well Being: C2</p> <p>C2: Obstacles to implementing plans Students will explore the obstacles that individuals can face when implementing these plans and how they may be mitigated.</p>	<p>External examination: February</p>	<p>Writing tasks: Evaluating improvement plans</p>	<p>Full schemes of learning with associated resources on Staff Resources –</p>	<p>Key knowledge/skills: To identify Potential obstacles: emotional/psychological, low self-esteem, time availability of resources, lack of support and barriers to accessing identified services.</p> <p>Keywords: Physical Indicators Hypotension Hypertension Barriers Support</p>	<p>Key terms list for topics</p> <p>Academic text from exam board Essay annotations Extended writing Patient case studies</p>

<p>Y11 Spring Part 2</p>	<p>Component 2: Health and social care services and values: Learning aim B Students will explore and practise applying the different care values that are key to the delivery of effective health and social care services</p>	<p>Summative: written assignment, preparing for Assessment using criteria as set by BTEC.</p>	<p>Writing tasks: Recommendations for improvement plans</p>	<p>Full schemes of learning with associated resources on Staff Resources –</p>	<p>Key knowledge/skills: To understand Care values: empowering and promoting independence by involving individuals, where possible, in making choices, e.g. about treatments they receive or about how care is delivered respect for the individual by respecting service users' needs, beliefs and identity maintaining confidentiality, preserving the dignity of individuals to help them maintain privacy and self-respect effective communication that displays empathy and warmth safeguarding and duty of care, keeping individuals safe from physical harm, promoting anti-discriminatory practice by being aware of types of unfair discrimination and avoiding discriminatory behaviour</p> <p>Keywords: Care Values Safeguarding Confidentiality Empowerment, Promoting independence Dignity Respect & effective communication</p> <p>Challenge: Demonstrate the care values independently in a health or social care context, making suggestions for improvements of own application of the care values that incorporate feedback.</p>	<p>Key terms list for topics Academic text from exam board Essay annotations Extended writing Patient case studies</p>
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<p>Y11 Spring 2</p>	<p>LF: Component 2: Health and social care services and values: Learning Aim B Students will reflect on own application of care values, including using teacher or service-user feedback</p>	<p>Summative: written assignment, preparing for Assessment using criteria as set by BTEC.</p>	<p>Written coursework task:</p>	<p>Full schemes of learning with associated resources on Staff Resources –</p>	<p>Key knowledge/skills: To identify key aspects of a review: identifying own strengths and areas for improvement against the care values receiving feedback from teacher or service user about own performance responding to feedback and identifying ways to improve own performance.</p> <p>Keywords: Observation, Self-respect, Identity Person centred care</p> <p>Challenge: Demonstrate the care values independently in a health or social care context, making justified and appropriate recommendations for improvements of own application of the care values that incorporate feedback.</p>	<p>Key terms list for topics Academic text from exam board Essay annotations Extended writing Patient case studies</p>
<p>Y11 Summer 1</p>	<p>Consolidation of content covered from Year 10 and Year 11.</p>	<p>Revision Exam</p>		<p>Full schemes of learning, Past Papers and Mark Schemes with associated resources on Staff Resources –</p>		

