

August 2026 Intermediate Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
 Bell Peppers Season in Texas: May - June; August - November Did you know? The longer a bell pepper is left to ripen, the sweeter it becomes 				
2% White Milk and Whole White Milk are offered daily at breakfast.	Our unit priced breakfast consists of 3 or more food components, at least one must be a fruit or vegetable	Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk	All breakfast cereals contain at least 51% whole grain.	Student Breakfast: \$2.00 Adult Breakfast: \$4.00
17 Staff Development	18 Biscuit & Sausage or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	19 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	20 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	21 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
24 Breakfast Sausage Pizza or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	25 Biscuit & Sausage or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	26 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	27 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	28 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
31 Breakfast Sausage Pizza or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	Looking for a part-time job with hours that align with the school schedule?	We have 5-hour and 6-hour openings in our school kitchens that allow you to work mornings through early afternoon	Weekends and holidays are off just like the school schedule! Healthcare benefits are included.	Visit our Employment Link! 

Announcements

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com



Households must reapply every year to maintain free or reduced price meals if eligible

Online deposits to meal accounts can be made at www.schoolcafe.com with a small service fee.

Cash or check deposits to meal accounts are always accepted at the school kitchen with no fee.

Please include child's name and ID number with all cash or check deposits sent to the school cafeteria (preferably in a sealed envelope).

Each student is given a photo ID badge

- Required to be used for every food transaction
- Also used when riding the bus!



Menus are Subject to Change

www.SquareMeals.org



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 06/20/25

August 2026 Intermediate Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
 Bell Peppers Season in Texas: May - June; August - November Did you know? The longer a bell pepper is left to ripen, the sweeter it becomes 				
2% White Milk and 2% Chocolate Milk are offered daily at lunch.	Our unit priced lunch consists of 3 or more food components, at least one must be a fruit or vegetable	Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk	Peanut Butter & Jelly Sandwich, Grilled Cheese Sandwich available daily	 Student Lunch: \$3.00 Adult Lunch: \$5.40
17 Staff Development	18 Chicken & Cheese Crispy Taco or Cheese Enchiladas or Chicken Popper Salad Vegetables, Fruits Milk	19 Mac & Cheese or Chicken Nuggets or Chicken Popper Salad Tomato Soup, Fruits Vegetables, Milk	20 5" Round Pizza (Cheese & Pepperoni) or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	21 Cheeseburger or Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits, Milk Frozen Friday Fun Treat!
24 Beef Meatballs & Marinara with Garlic Toast or Cheesy Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits, Milk	25 Beef & Cheese Crispy Taco or Chicken Cheese Empanada or Chicken Popper Salad Vegetables, Fruits Milk	26 Beef Steak Fingers or Chicken Drumsticks or Chicken Popper Salad Vegetables, Fruits Milk	27 5" Round Pizza (Cheese & Pepperoni) or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	28 Cheeseburger or Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits, Milk Frozen Friday Fun Treat!
31 Orange Chicken with Stir Fry Rice or Eggrolls or Fruit & Yogurt Plate Vegetables, Fruits, Milk	Looking for a part-time job with hours that align with the school schedule?	We have 5-hour and 6-hour openings in our school kitchens that allow you to work mornings through early afternoon	Weekends and holidays are off just like the school schedule! Healthcare benefits are included.	Visit our Employment Link! 

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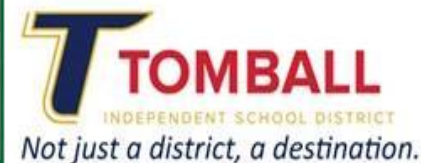
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August 2026 Intermediate Window Lunch



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Monday

Tuesday

Wednesday

Thursday

Friday



Bell Peppers

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May - June; August - November

Did you know?

The longer a bell pepper is left to ripen, the sweeter it becomes



2% White Milk and
2% Chocolate Milk are
offered daily.

Our unit priced lunch consists
of 3 or more food components,
at least one must be a fruit or
vegetable

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

Peanut Butter & Jelly Sandwich,
Grilled Cheese Sandwich
available daily

Student Lunch: \$3.00
Adult Lunch: \$5.40

17

Staff Development

18

Chicken Tenders or
Chicken Popper Salad
Vegetables, Fruits
Milk

19

Chicken Sandwich or
Chicken Popper Salad
Vegetables, Fruits
Milk

20

Chicken Bites or
Chicken Popper Salad
Vegetables, Fruits
Milk

21

Cheeseburger or
Chicken Popper Salad
Vegetables, Fruits
Milk

24

Cheese Stuffed Breadsticks
or Fruit & Yogurt Plate
Vegetables, Fruits
Milk

25

Chicken Tenders or
Chicken Popper Salad
Vegetables, Fruits
Milk

26

Chicken Sandwich or
Chicken Popper Salad
Vegetables, Fruits
Milk

27

Chicken Bites or
Chicken Popper Salad
Vegetables, Fruits
Milk

28

Cheeseburger or
Chicken Popper Salad
Vegetables, Fruits
Milk

31

Cheese Stuffed Breadsticks
or Fruit & Yogurt Plate
Vegetables, Fruits
Milk

Looking for a part-time job
with hours that align with
the school schedule?

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Weekends and holidays
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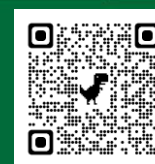


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Updated 06/20/25



Tomball ISD Plateful Child Nutrition - Parent Letter 2026-2027

FREE & REDUCED MEAL BENEFITS APPLICATION

USDA Waivers for free meals for all students due to the pandemic have ended. **Households must apply every year** for free or reduced price meal benefits. Households may complete an application at www.schoolcafe.com

MORE THAN JUST A MEAL APPLICATION

Families who think they may qualify for free or reduced meals are encouraged to apply. The process is quick and filling out an application may help provide:

- ⇒ **School Funding:** Our district can receive increased funding to support students in a variety of ways
- ⇒ **Discounts for Students:** Certain academic fees may be discounted or waived for eligible students

MEAL PRICES

Breakfast:

PK/Elem/Int \$2.00 JH \$2.25
HS \$2.50

Lunch:

PK \$2.75 Elem/Int \$3.00
JH \$3.25, Premium \$3.75
HS \$3.50, Premium \$4.00 Premium Plus \$4.25

SCHOOL CAFE

Download the SchoolCafe App or visit the SchoolCafe website to access your student's meal account. Creating an account gives parents the ability to:

- Make payments with a credit card
- View purchase history and set restrictions
- Apply for free or reduced meals



CHARGE POLICY

Students may charge meals up to the value of two breakfasts and two lunches. An automated phone call and email occurs when a negative balance appears on a student's account. If a student account exhausts the grace period/charge limit, the student must select a peanut butter and jelly or toasted cheese sandwich entree for lunch and/or a cereal entrée for breakfast until the negative balance is paid. A la Carte items are not available for charging.

ANY QUESTIONS?

Contact Plateful Child Nutrition
281-357-3170 ext. 6217

NOW HIRING FOR CHILD NUTRITION!

For more information please visit our website
<https://www.tomballisd.net/about-tisd/>

