



Food Zone

Summer Menu Week 8 July 20th - July 24th

Heights High 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast Menu		
WG Cinnamon Roll With 100% Fruit Juice Assorted Fresh Fruit and Cupped Fruit	WG Assorted Breakfast Bread with Fresh Banana Assorted Fresh Fruit And Cupped Fruit	WG Cinnamon Toast Crunch Bar with 100% Fruit Juice Assorted Fresh Fruit and Cupped Fruit	WG Maple Panckes With Fresh Orange Slices Assorted Fresh Fruit and Cupped Fruit	WG Assorted Fruit Muffin With Yogurt 100% Fruit Juice Assorted Fresh Fruit and Cupped Fruit
Sweet and Sour Chicken Popcorn Chicken with Fried Brown Rice Steamed Broccoli Cantaloupe Assorted Fresh Fruit and Vegetable Bar	WG Cheese Bosco Sticks With Marinara Sauce Glazed Carrots Watermelon Assorted Fresh Fruit and Vegetable Bar	Spicy or Regular Chicken Filet Sandwich with Seasoned Green Peas Baked Fresh Fries Fresh Strawberries Assorted Fresh Fruit and Vegetable Bar	WG Cheese or Pepperoni Pizza with Seasoned Green Beans Honey Dew Assorted Fresh Fruit and Vegetable Bar	Beef Tacos Soft Tortilla Shells With Seasoned Corn, Black Beans, Brown Rice, Shredded Cheese Salsa and Sour Cream Fresh Grapes Assorted Fresh Fruit and Vegetable Bar

MENU SUBJECT TO CHANGE

Milk is Offered with Every Meal! Choices Include: Fat Free Chocolate and Low Fat White

Breakfast

Assorted Fresh, Dried Fruit, 100% Fruit Juice, String Cheese, Assorted Grahams, Whole Grain Cereal, Cereal Bars, Muffins, Donuts, Bagels and Assorted Milk will be Offered Daily

Lunch

Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director @ 216-320-2007 .

This Institutin is an Equal Opportunity Provider

Free Summer Meals Program Any Child 18 and Under

Open to Public

Breakfast

8:00am-9:30am

Lunch

11:00am-1:00pm

Heights High School: June 1st- August 7th

Boulevard Elementary: June 8th- August 7th

Oxford Elementary: June 8th- June 27th

Noble Elementary: June 10th-July 31st

Gearity Elementary: August 3rd- August 12th (Mon. thru Thur. Only)

All Sites Closed June 19th and July 3rd