

Southam College Character and Culture Curriculum AY26/27

Curriculum Intent	The purpose of the Character and Culture curriculum is to develop students who are respectful, adaptable and informed in line with the whole school values. The curriculum builds over the three years introducing students to concepts and ideas in Year 7 and then extending this understanding by examining and evaluating the opinions of others and teaching students how to engage with them critically so that they can make informed decisions. Finally in Year 9 students are taught how to act independently and robustly in society, how to behave in a morally responsible manner and challenge negative actions wherever and whenever they encounter them. These strands are developed in age appropriate situations for students in Year 10 and 11.									
	Autumn 1.1 Relationships		Autumn 1.2 Health & wellbeing (RSE)		Spring 2.1 Health & wellbeing		Spring 2.2 Living in the Wider World		Summer 3.1 Health & wellbeing	Summer 3.2 Relationships
Link to Southam College Value	Kindness	Key Vocabulary	Resilience	Key Vocabulary	Confidence	Key Vocabulary	Kindness	Key Vocabulary	Confidence	Resilience
Year 7	<p>What are respectful relationships online?</p> <p>Dealing with online dangers and discrimination, stereotypes, Equality Act and what is a good friend.</p>	<p>Equality - Ensuring every individual has an equal opportunity.</p> <p>Prejudice - Judging someone without knowing them, on the basis of what they look like or what group they belong to.</p>	<p>How can I manage emotional and physical changes?</p> <p>Dealing with changes, personal hygiene, sleep, puberty, physical and mental health, vaccinations, introduction to consent.</p>	<p>consent- approval, permission, agreement</p>	<p>What is the importance of diet and exercise?</p> <p>Understanding the British Values, how our diet choices and physical activity impact on our health, including what constitutes a balanced diet, who physical activity impacts our health, health conditions, importance of hygiene and brushing teeth.</p>	<p>Macronutrients - essential nutrient required in large amounts for energy and bodily functions.</p>	<p>How is our country run?</p> <p>How politics affects our lives, democracy, systems in voting, the role of an MP and local issues.</p>	<p>democracy - equality, freedom, justice</p>	<p>What influences people into taking drugs?</p> <p>People's beliefs about drug users, prescription drugs, effects of smoking, effects of alcohol, what NPS are.</p>	<p>What makes successful relationships and how can we be respectful of one another?</p> <p>Protected characteristics - news articles surrounding each protected characteristic. Blood, organ and stem cell donation.</p>
Year 8	<p>How should I respect myself and others online?</p> <p>Purpose of British Values. Dealing with impact of technology on relationships e.g. self-esteem, sexting, gaming, cyberbullying</p>	<p>prejudice and stereotypes - preconceived, over-simplified, distorted</p> <p>discriminate - victimise, isolating, cruel</p> <p>equality - just, tolerant, compassionate</p> <p>empathy - concerned, considerate, sensitive</p> <p>harrasment - persecuted, stalked, provoked</p>	<p>Values, resisting gender stereotypes, responding to unhealthy behaviours in a relationship including an introduction to FGM, challenging unrealistic expectations in a relationship, being supportive when discussing identity and sexual orientation, consent, introduction to contraception.</p>	<p>assumptions - expectation, presumption</p>	<p>What skills do I need to develop for different careers pathways?</p> <p>Dealing with changes in career pathways, learning to negotiate and persuade, how skills and interests link to employment, what it means to be enterprising and how to develop communication skills.</p>	<p>adaptability - flexibility, versatility, resilience</p>	<p>How can we respect diversity?</p> <p>Recognising all the different ways society is diverse in terms of faith, culture and gender, disability and what human rights are.</p>	<p>diversity - distinct, difference, variety</p>	<p>Debates around drugs</p> <p>How can we evaluate some of the debates around drugs? Covering psychoactive drugs, alcohol, smoking and vaping.</p>	<p>Avoiding unhealthy relationships</p> <p>Knife crime, gangs, CCE, violence against women and girls, misinformation, disinformation and conspiracy theories.</p>
Year 9	<p>How can I challenge negative stereotypes?</p> <p>Dealing with discrimination, abuse, laws for online hate, responding to online hate, being an ally and supporting the British Values and Protected Characteristics.</p>	<p>prejudice and stereotypes - preconceived, over-simplified, distorted</p> <p>discriminate - victimise, isolating, cruel</p> <p>equality - just, tolerant, compassionate</p> <p>empathy - concerned, considerate, sensitive</p> <p>ally - advocate, champion, defend</p>	<p>How can I maintain a healthy and safe relationship?</p> <p>Positive and negative attitudes when beginning intimate relationships, dealing with sexual health attitudes and behaviours, STIs, consent, contraception and unplanned pregnancy, virginity testing and pornography.</p>	<p>intimacy - closeness, affection, confidentiality</p>	<p>How can I manage my finances efficiently?</p> <p>Difference between needs and wants, payslips, types of bank accounts, good money habits to protect your money.</p>	<p>management - investing, budgeting, accounting</p>	<p>Challenging extremist views and preventing radicalisation.</p> <p>Our role in making the community safe and welcoming, what is extremism? How are individuals radicalised? Mob mentality, challenging extremist views and prevention, the impact of misogyny.</p>	<p>extremism - fanaticism, bigotry, dogmatism</p>	<p>Drugs and the law</p> <p>Understanding the difference between possession, supplying and production and the consequences. Myths and facts about alcohol and cannabis, different types of influence and how to spot fake news.</p>	<p>Dangers of unhealthy relationships</p> <p>Trafficking, incels and online influences. Use of AI - sextortion and how to seek support. AI chatbots. FGM, virginity testing and hymenoplasty - the law and where to find support.</p>
Year 10	<p>Understanding different families and partnerships</p> <p>Different types of relationship, including marriage, forced marriage, arranged marriage, void/illegal and parenting.</p>		<p>How can I maintain a health and successful relationship?</p> <p>Intimacy - including consent, resolving conflict and types of abuse (FGM, sextortion, harassment)</p>		<p>Writing CVs</p> <p>Purpose of a CV, different sections, personal statement.</p>		<p>Writing CV's - preparing for future employment</p> <p>The format and presentation of a CV, tailoring a CV, producing the CV for The Employability Cup.</p>		<p>Radicalisation and extremism</p> <p>How can extremist views lead to a cycle of violence? The wider impact of extremism and how individuals can overcome challenges facing them.</p>	
Year 11	<p>Healthy & successful relationships</p> <p>Dealing with relationship challenges and abuse, personal values and assertive communicatio.</p>		<p>Understanding long-term relationships (RSE)</p> <p>Understanding different families, parental responsibilities, marriage and forced marriage</p>		<p>Future financial responsibility</p> <p>Dealing with lifelong financial responsibilities, renting, mortgages, pensions</p>		<p>Money survival skills</p> <p>Dealing with insurance, PAYE and National Insurance.</p>		<p>Revision skills</p>	

