Intensity Behavior Scale

(Can download and edit/modify for own use; can use number scale or label; see page 2)
**Note: If you are using a numbered scale, (i.e., 1-5), be sure to indicate specific definitions for numerical values.*

Student's Name:	**Observer:**
Date:	
Target Behavior:	
Operational Definition of Target Behavior:	

Description of Behavior by Intensity Level

Level 1	
Level 2	
Level 3	
Level 4	
Level 5	

Behavior Rating System

Time Behavior Occurred	**Intensity Level of Target Behavior**				
	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
	1	2	3	4	5
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	1	2	3	4	5
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	1	2	3	4	5

Measuring Intensity of Behavior Example of an intensity scale by descriptor:

- **Mild:** Disruptive but not dangerous; Student refuses to do work and taps foot and pencils.
- **Moderate:** Verbal/physical threats and/or destructive to physical environment; Student rips up pages in book and throws it across the room.
- **Severe:** Poses a physical danger to student and/or others; Student strikes peers with sufficient force to cause bruising or student grabs peer around the neck in an attempt to choke him or her.

Anxiety Example by number:

- **0**: No observable behavior of anxiety, student appears relaxed, calm, and participates in all activities
- **1**: Mild anxiety, student may say they do not want to participate but will follow passively behind a peer
- **2**: Mild-to-moderate anxiety, student will follow passively behind a peer but will avoid eye contact when talking with adult
- **3**: and so on til 4 or 5