

**ABSA
TRAINING
ACADEMY**

Boarding Professional Development

ON DEMAND CERTIFICATE COURSE



WHEN:

4 x 1hr sessions
Available On-Demand
with recorded sessions
Weekly session drops -
August 19, 26, September 2, 10

WHERE:

ABSA Online Learning Platform

WHO:

All Boarding Staff

COST:

\$275 inc GST per person -
not part of webinar bundle

HOW:

Register Online:

www.boarding.org.au/training-academy/certificate-courses/registration



Behaviour Management Pillars

A four-week Certificate Course that will teach boarding staff four essential principles of youth leadership and behaviour management: Connecting with Empathy, Balancing Warmth and Control, Focusing on Strengths and Keeping your Cool.

Young people are more volatile, impulsive, rebellious and disobedient than adults. Simply put, young brains function differently to adult brains and although that difference keeps things lively, it can generate exhausting misbehaviours. To manage those behaviours whilst preserving stamina and sanity, all boarding staff need practical tools grounded in robust research.

In this fast-paced course, participants will learn new approaches to nurturing relationships, maintaining equanimity, creating durable change and responding to novel challenges. Equipped with these tools, you'll discover much more to love about your job.



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Cancellation Policy

Cancellations received one week prior to commencement date will not be charged. Cancellations after this date will be given no refund, however registrations may be transferred.

Behaviour

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Course Details

Certificate Courses

As part of the professional learning opportunities offered by ABSA there is a range of Certificate Courses specifically aimed at professionals working in boarding schools. These certificates concentrate on one key aspect of learning and provide those undertaking the courses with in-depth knowledge of the topic. These also allow participants to obtain Continuing Professional Development points, ensuring the requirement of the Boarding Standard for Australian Schools and Residences to take part in continuous boarding specific learning can be tracked.

Objectives and Achievement Criteria

- Appreciate the interpersonal value of providing empathy before problem solving and demonstrate the appropriate use of compassion to nurture adult-child relationships.
- Understand the four basic parenting and leadership styles and demonstrate how to balance control and warmth in the boarding setting.
- Review the tenets of positive psychology and practice putting those principles into action in high-conflict or low achievement scenarios.
- Describe and demonstrate the transcendent constructs that permit adults to respond with poise and sensitivity to unexpected confrontations.



Course Structure

- Module 1 - Connecting with Empathy.
- Module 2 - Balancing Warmth and Control.
- Module 3 - Focusing on Strengths.
- Module 4 - Keeping your Cool.

Elements

- Webinars
- Readings
- Quizzes
- Tools and Resources