

Your District's Scorecard

Policy Assessment Name: **Triennial
Assesment (12/2025)**

District Name: **DALLAS COUNTY**

Congratulations! You have completed the WellSAT Policy Assessment. You can see your Policy scores for each item below. Please note if you are missing any of the federal requirements in Section 1. Items with a rating of "0" (item not addressed in the policy) or "1" (weak statement addressing the item) can be improved by referring to the links at wellsat.org/resources.

Section 1. Federal Requirements

Rating

FR1	Includes goals for nutrition education that are designed to promote student wellness.	1
FR2	Assures compliance with USDA nutrition standards for reimbursable school meals.	2
FR3	District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	1

FR4	Free drinking water is available during meals.	1
FR5	Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	1
FR6	Addresses compliance with USDA nutrition standards (Smart Snacks) for all food and beverages sold to students during the school day.	2
FR7	Regulates food and beverages sold in a la carte.	2
FR8	Regulates food and beverages sold in vending machines.	1
FR9	Regulates food and beverages sold in school stores.	1
FR10	Addresses fundraising with food to be consumed during the school day.	2
FR11	Regulates food and beverages served at class parties and other school celebrations in elementary schools. Use N/A if no elementary schools in district.	2
FR12	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	2

FR13	Addresses how all relevant groups will participate.	2
FR14	Identifies the officials responsible for compliance with all components of the local wellness policy in each school.	1
FR15	Addresses making the wellness policy available to the public.	2
FR16	Addresses the assessment of district implementation of the local wellness policy at least once every three years.	2
FR17	Addresses making triennial assessment results available to the public and specifies what will be included.	2
FR18	Addresses a plan for updating policy based on results of the triennial assessment.	1

Section 2. Nutrition Environment and Services

Rating

NES1	Addresses access to the USDA School Breakfast Program.	2
NES2	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	2

NES3

Specifies how families are provided information about determining eligibility for free/reduced price meals.

2

NES4

Specifies strategies to increase participation in school meal programs.

2

NES5

Specifies marketing to promote healthy food and beverage choices.

2

NES6

Addresses the amount of "seat time" students have to eat school meals.

2

NES7

☛ Addresses purchasing local foods for the school meals program.

2

NES8

USDA Smart Snack standards are easily accessed in the policy.

2

NES9

Exemptions for infrequent school-sponsored fundraisers.

2

NES10

Addresses foods and beverages containing caffeine at the high school level.

2

NES11

Addresses nutrition standards for all foods and beverages **served (not sold)** to students after the school day, including before and aftercare

2

	on school grounds, clubs, and after school programming.	
NES12	Addresses nutrition standards for all foods and beverages sold (not served) to students after the school day, including before and aftercare on school grounds, clubs, and after school programming.	2
NES13	Addresses food not being used as a reward.	2
NES14	Addresses availability of free drinking water throughout the school day.	2

Section 3. Nutrition Education Rating

NE1	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	2
NE2	All elementary school students receive sequential and comprehensive nutrition education.	2
NE3	All middle school students receive sequential and comprehensive nutrition education.	2
NE4	All high school students receive sequential and comprehensive nutrition education.	2

NE5	Nutrition education is integrated into other subjects beyond health education.	2
NE6	Links nutrition education with the food environment.	2
NE7	☛ Nutrition education addresses agriculture and the food system.	2

Section 4. Physical Education and Physical Activity

Rating

PEPA1	✖ There is a written physical education curriculum for grades K-12.	2
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	2
PEPA3	Physical education promotes a physically active lifestyle.	2
PEPA4	Addresses time per week of physical education instruction for all elementary school students.	2
PEPA5	Addresses time per week of physical education instruction for all middle school students.	2

PEPA6	Addresses time per week of physical education instruction for all high school students.	2
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	2
PEPA8	Addresses providing physical education training for physical education teachers.	2
PEPA9	Addresses physical education exemption requirements for all students.	2
PEPA10	Addresses physical education substitution for all students.	2
PEPA11	~~⇒~~ Addresses family and community engagement in physical activity opportunities at all schools.	2
PEPA12	~~⇒~~ Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	2
PEPA13	Addresses recess for all elementary school students.	2

PEPA14	~~≡✕~~ Addresses physical activity breaks during school.	2
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	2
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	2
PEPA17	~~≡✕~~ Addresses using physical activity as a reward.	2
PEPA18	Addresses physical activity not being used as a punishment.	2
PEPA19	Addresses physical activity not being withheld as a punishment.	2

Section 5. Employee Wellness **Rating**

EW1	~~≡✕~~ Addresses strategies to support employee wellness.	2
EW2	Encourages staff to model healthy eating and physical activity behaviors.	2

Section 6. Integration and Coordination **Rating**

IC1	Addresses the establishment of an ongoing district wellness committee.	2
IC2	Addresses the establishment of an ongoing school building-level wellness committee.	NA

Overall District Policy Score

Total Comprehensiveness	District Score 100
Total Strength	District Score 93





Alabama State Department of Education Child Nutrition Program



Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

Recordkeeping for the Child Nutrition Program Administrative Review:

- ☒ a copy of the most recent triennial assessment, along with supporting documentation
- ☒ a copy of the current and previous board approval of the policy
- ☒ documentation demonstrating the policy has been made available to the public ☐ documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Dallas County Board of Education

Month and year of current assessment: **December, 2025**

Date of last Local Wellness Policy revision: 12-02-2025

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: dallask12.org click Child Nutrition link

Wellness Committee Information

How often does your district wellness committee meet? Annually

District Wellness Coordinator

Name	School	Job Title	Email Address
Latonia Thrash	Central Office	CNP Director	lthrash@dallask12.org

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Latonia Thrash	Central Office	CNP Director	lthrash@dallask12.org

District Wellness Committee Members

Name	School	Job Title	Email Address
Dr. Corey Jones	Central Office	Superintendent	cjones@dallask12.org
Erica Crum	DCHS	Principal	crumed@dallask12.org
Emilee Bjelke	Central Office	Lead Nurse	emilee.bjelke@dallask12.org
Audrey Wilks	Tipton Durant	School Nurse	awilks@dallask12.org
Chinita Irby	Salem	Principal	cirby@dallask12.org
Tommy Tisdale	KMHS	Principal	tisdalet@dallask12.org
Jessica Hughey	VGES	School Nurse	jessica.hughey@dallask12.org
Lakeshia Lewis	Brantley	Counselor	lewislj@dallask12.org
Annice Jessie	SSHS	Assistant Principal	ajessie@dallask12.org
Michelli Pettway	Martin Middle	School Nurse	mpettwaj@dallask12.org

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT 3.0 assessment tool](#) or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

☐ Alliance for a Healthier Generation Model Policy

☒ WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)

☐ Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

In reviewing and comparing our district policy with the model wellness policy, Dallas County Schools has ensured that our current Wellness Policy effectively addresses all requirements as identified by the WellSAT 3.0 assessment tool. Dallas County Schools will continue to improve policy and accomplish identified areas as necessary.

Section 2. Progress towards Goals

***NOTE: Required components are listed in blue.**

Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Describe progress and next steps:
<u>To be compliant with the USDA final rule and ALSDE:</u> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. If applicable, list additional school goals below:	Dallas County is in compliance with the USDA regulations for the National School Lunch and Breakfast program. We continually provide continued education for our CNP Staff to be sure they are knowledgeable of the importance of a reimbursable meal. We work with our principals and assistant principals to promote healthy fundraising activities and promote compliance of the 1-hour rule of foods sold during the school day.

Access to free potable water on campus	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. List how access to potable water is made available in schools.	All cafeterias provide free access to portable water for all patrons.

Section 2. Progress towards Goals continued

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps:
<u>To be compliant with ALSDE:</u> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> If applicable, list additional school goals below:	Dallas County has the 1-hour rule written in our wellness policy for the allowable times for the sale of these items. This policy is available to the public and it also is reviewed regularly at the district level among school personnel.

Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day. If applicable, list additional school goals below:	All schools within the Dallas County district provide a variety of forms of marketing and communication in accordance with the guidelines of the USDA. Along with signage and other forms of communication on campus, these guidelines are also shared on various school and district communication outlets on social media.

Section 2. Progress towards Goals continued

Physical Activity Goal(s)	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before, during and after school. List physical activity opportunities that are offered at schools:	The District Wellness policy addresses the state requirements for physical activity among the student body. Additionally, students are encouraged to participate in various forms of extracurricular activities that require and promote physical activity throughout the day.

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs. List how nutrition promotion and nutrition education are provided in schools:	The District strives to promote positive wellness affirmations. All information provided to the school community is distributed by the CNP managers and staff at each school location. Our students and staff are encouraged daily in the classroom, and other school settings to make positive lifestyle choices.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities. List other school-based activities that are offered by the district:	Dallas County School strives to provide positive wellness affirmations to our students, staff and stakeholders.

CHECKLIST:

Triennial Assessment was made public: Date: 12-16-2025

Last Wellness Policy Board approval: (if applicable) Date: Jan 22, 2026

Wellness Policy was made public: Date: 12-16-2025

SIGNATURES:



District Wellness Assessment Leader

PRINT NAME: Dr. Latonia Thrash

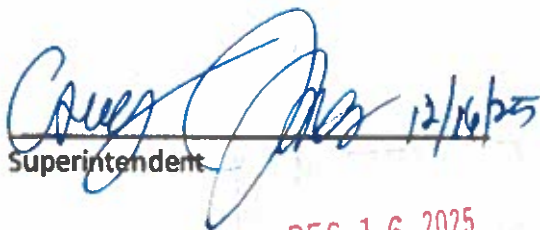
DATE: 12-02-2025



District Wellness Coordinator

PRINT NAME: Dr. Latonia Thrash

DATE: 12-02-2025

 12/16/25

Superintendent

PRINT NAME: Dr. Corey Jones

DATE: _____

DEC 16 2025

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

The blue area includes specific guidance. The gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Dallas County High School

Date: December 2, 2025

School Wellness Leader: Erica Crum

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSDE:</u> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per <u>Alabama Implementation of USDA Smart Snacks In School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.	X			
	X			
	X			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	x			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with ALSDE:</u> • All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf</u> (alsde.edu)	x			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> • Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.				
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Page 3 of 4

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	x			
Examples: • <i>Physical education: (structured and unstructured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i>	x	x		
List school goals in this section: All school have structured time for physical Education				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	x			
Examples: • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i>				
List school goals in addition to the required outreach included in this section: • School Breakfast Outreach • Summer Food Service Outreach National School Lunch				

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	x			
Examples: • Social Emotional Development • Counseling • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement				
List school wellness activity goals in this section: Family engagement Health Service Support Counseling Services				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (i.e., Nutrition Education, Physical Education/Activity)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☐ increasing engagement
- ☐ grant writing support
- ☐ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader:  DATE: 12/2/25

School Wellness Leader:  DATE: 12/2/25

Principal:  DATE: 12/2/25

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

The blue area includes specific guidance. The gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Keith Middle High School

Date: December 2, 2025

School Wellness Leader: Tommy Tisdale

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSDE:</u> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.	X			
	X			
	X			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	X			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)	x			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.				
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Page 3 of 4

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	x			
Examples: • <i>Physical education: (structured and unstructured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i>	x	x		
List school goals in this section: All school have structured time for physical Education				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	x			
Examples: • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i>				
List school goals in addition to the required outreach included in this section: • School Breakfast Outreach • Summer Food Service Outreach National School Lunch				

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	x			
Examples: • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i>				
List school wellness activity goals in this section: Family engagement Health Service Support Counseling Services				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (i.e., Nutrition Education, Physical Education/Activity)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☐ increasing engagement
- ☐ grant writing support
- ☐ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader:  DATE: 12/2/25

School Wellness Leader:  DATE: 12-2-25

Principal:  DATE: 12-2-25

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

The blue area includes specific guidance. The gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Southside High School

Date: December 2, 2025

School Wellness Leader: Annice Jessie

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
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	X			
	x			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	x			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
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If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.				
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	x			
Examples: • <i>Physical education: (structured and unstructured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i>	x	x		
List school goals in this section: All school have structured time for physical Education				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	x			
Examples: • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i>				
List school goals in addition to the required outreach included in this section: • School Breakfast Outreach • Summer Food Service Outreach National School Lunch				

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
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Examples: • Social Emotional Development • Counseling • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement				
List school wellness activity goals in this section: Family engagement Health Service Support Counseling Services				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (i.e., Nutrition Education, Physical Education/Activity)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☐ increasing engagement
- ☐ grant writing support
- ☐ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: *Datoua Thash* DATE: *12/2/2025*

School Wellness Leader: *[Signature]* DATE: *12/2/2025*

Principal: *[Signature]* DATE: *12/2/2025*

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

The blue area includes specific guidance. The gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Tipton Middle School

Date: December 2, 2025

School Wellness Leader: Audrey Wilks

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSD: • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks In School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.	X X x			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule: • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</u>	x			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with ALSDE: • All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)	x			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: • Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.				
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	x			
Examples: • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i>				
List school wellness activity goals in this section: Family engagement Health Service Support Counseling Services				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (i.e., Nutrition Education, Physical Education/Activity)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☐ increasing engagement
- ☐ grant writing support
- ☐ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: *Latina Thrash* DATE: *12/2/25*

School Wellness Leader: *Audrey Wilks* DATE: *12/2/25*

Principal: *[Signature]* DATE: *12/2/25*

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

The blue area includes specific guidance. The gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Martin Middle School

Date: December 2, 2025

School Wellness Leader: Michelli Pettway

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSDE:</u> - All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> - All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> - Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.	X			
	X			
	x			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	x			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with ALSDE:</u> • All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf</u> (alsde.edu)	x			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> • Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.				
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Page 3 of 4

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	x			
Examples: • <i>Physical education: (structured and unstructured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i>	x	x		
List school goals in this section: All school have structured time for physical Education				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	x			
Examples: • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i>				
List school goals in addition to the required outreach included in this section: • School Breakfast Outreach • Summer Food Service Outreach - National School Lunch				

Section 3: School Level Progress Report

Page 4 of 4

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	x			
Examples: • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i>				
List school wellness activity goals in this section: Family engagement Health Service Support Counseling Services				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (i.e., Nutrition Education, Physical Education/Activity)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☐ increasing engagement
- ☐ grant writing support
- ☐ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: *Astoria Ghossein* DATE: 12/2/25

School Wellness Leader: *Michelle Pettway* DATE: 12/02/25

Principal: *John S. Smith* DATE: 12/02/2025

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

The blue area includes specific guidance. The gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Valley Grande Elementary

Date: December 2, 2025

School Wellness Leader: Jessica Hughey

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSDE:</u> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks In School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.	X			
	X			
	x			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	x			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)	x			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.				
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	x			
Examples: • <i>Physical education: (structured and unstructured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i>	x	x		
List school goals in this section: All school have structured time for physical Education				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	x			
Examples: • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i>				
List school goals in addition to the required outreach included in this section: • School Breakfast Outreach • Summer Food Service Outreach National School Lunch				

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	x			
Examples: • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i>				
List school wellness activity goals in this section: Family engagement Health Service Support Counseling Services				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (i.e., Nutrition Education, Physical Education/Activity)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☐ increasing engagement
- ☐ grant writing support
- ☐ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: Ratonia Thresh DATE: 12/2/25

School Wellness Leader: Hope Hughes DATE: 12/2/25

Principal: Adrienne Lee DATE: 12/2/25

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

The blue area includes specific guidance. The gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Brantley Elementary

Date: December 2, 2025

School Wellness Leader: Lakeisha Lewis

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSDE:</u> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.	X			
	X			
	x			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	x			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with ALSDE:</u> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf</u> (alsde.edu)	x			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.				
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Page 3 of 4

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	x			
Examples: • <i>Physical education: (structured and unstructured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i>	x	x		
List school goals in this section: All school have structured time for physical Education				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	x			
Examples: • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i>				
List school goals in addition to the required outreach included in this section: • School Breakfast Outreach • Summer Food Service Outreach - National School Lunch				

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	x			
Examples: • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i>				
List school wellness activity goals in this section: Family engagement Health Service Support Counseling Services				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (i.e., Nutrition Education, Physical Education/Activity)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☐ increasing engagement
- ☐ grant writing support
- ☐ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: Aatencia Thash DATE: 12/2/25

School Wellness Leader: Debra Lewis DATE: 12/02/2025

Principal: John B. Solomon DATE: 12/2/2025

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

The blue area includes specific guidance. The gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Salem Elementary

Date: December 2, 2025

School Wellness Leader: Chinita Irby

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSDE:</u> - All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> - All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> - Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.	X			
	X			
	x			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	x			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with ALSDE:</u> • All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks In School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf</u> (alsde.edu)	x			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> • Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.				
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

Page 3 of 4

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	x			
Examples: • <i>Physical education: (structured and unstructured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i>	x	x		
List school goals in this section: All school have structured time for physical Education				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	x			
Examples: • <i>Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year</i> • <i>National School Lunch/School Breakfast Week promotion</i>				
List school goals in addition to the required outreach included in this section: • School Breakfast Outreach • Summer Food Service Outreach - National School Lunch				

Section 3: School Level Progress Report

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	x			
Examples: • Social Emotional Development • Counseling • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement				
List school wellness activity goals in this section: Family engagement Health Service Support Counseling Services				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (i.e., Nutrition Education, Physical Education/Activity)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☐ increasing engagement
- ☐ grant writing support
- ☐ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: DATE: 12/2/25 School Wellness Leader: DATE: 12/2/25
Aatunya Shash *Chinita Riley*
Principal: *Chinita Riley* DATE: 12/2/25

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

The blue area includes specific guidance. The gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Southside Elementary

Date: December 2, 2025

School Wellness Leader: Monica Savage

Page 1 of 4

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSDE:</u> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks In School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.	X			
	X			
	X			
If applicable, list additional school goals below:				

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	x			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report continued

Page 2 of 4

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with ALSDE:</u> • All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks In School and Fundraising Activity <u>Smart, Snack and Fundraiser Guidance and Implementation.pdf</u> (alsde.edu)	x			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks In School</u> nutrition standards on the school campus, during the school day.				
If applicable, list additional school goals below:				

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☐ content specific training (i.e., Nutrition Education, Physical Education/Activity)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☐ increasing engagement
- ☐ grant writing support
- ☐ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

Signatures:

District Wellness Assessment Leader: *Antonia Thomas* DATE: *12/2/25*

School Wellness Leader: *Monica Savage MSN, BS, NIA* DATE: *12/15/25*

Principal: *[Signature]* DATE: *12/2/25*

District Wellness Committee Members continued

Name	School	Job Title	Email Address
Wykeshia Carter	Parent	Bookkeeper	wlcarter@dallask12.org
Monica Savage	SSES	School Nurse	monica.savage@dallask12.org