



Nevada Interscholastic Activities Association

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To participate in any sport sanctioned by the Nevada Interscholastic Activities Association (NIAA), students must adhere to all NIAA rules, regulations, and policies. These standards have been approved by the NIAA Board of Control and adopted by all NIAA member schools. Schools and school districts may impose stricter or additional standards, such as attendance and behavior policies. Please consult your individual school and school district for additional information.

The following is a brief overview of many NIAA rules, regulations, and policies. For detailed information and a comprehensive list of all Nevada Administrative Code (NAC) regulations and NIAA policies, please visit the NIAA website at www.niaa.com.

Questions should be discussed with the school administration, who are able to review each student's situation.

We encourage student-athletes and their parent(s)/guardian(s) to review these standards carefully as you are responsible for compliance with these standards. Please note the NAC is a part of the Nevada Revised Statutes.

Online Registration	Students must register through Aktivite prior to trying out. [NAC 385B.702]
Physical Examination [NAC 385B.336]	- Students must pass an annual physical examination and be cleared by an NV physician. - Students must provide the school with a copy of the Medical Eligibility Form signed by the physician. - Students must participate on teams designated for their sex based on the accurate birth sex identified on the Medical Eligibility Form. [NIAA Eligibility and Participation Position Statement]
Age Limitation [R102-26 - Adopted July 1, 2026]	A student whose 19th birthday occurs prior to August 1 is ineligible for athletic participation during the following school year and any subsequent year. [NAC 385B.710]
Years of Eligibility [R094-26 - Adopted July 1, 2026]	- Students must be enrolled in Grades 9-12 and may not have received a high school diploma nor be enrolled full time in any postsecondary education institution to be eligible for NIAA-sanctioned sports [NAC 385B.706] - Students are eligible for eight consecutive semesters, starting with their enrollment in Grade 9, regardless of participation during the eligibility period. If a student is voluntarily retained during Grades 6-8 and enroll in high school credit-bearing coursework, they are deemed as beginning the eight semester. [NAC 385B.708]
Transfer/Residency Rules	General Transfer Rule [NAC 385B.716] - Students enrolled at a new school within 180 school days of the start of the season are presumed ineligible in any sport they rostered in within the previous 180 school days. Residency Rules [NAC 385B.712, NAC 385B.714] - A residency transfer including two proofs of address are required for all students who have not resided at the current address or who have not been continually enrolled at a school for 180 school days. - A document proving abandonment of a previous address is required for all registrations involving a student who has moved within the past 180 school days.

Transfer/Residency Rules	Zone of Attendance • Students are eligible at the school located within the zone of attendance in which the student and their parent(s)/legal guardian(s) reside. Charter and private schools have a zone of attendance that encompasses the state of Nevada. [NAC 385B.712] • Students who have transferred to a new school or who have enrolled at a school out of the zone of attendance within one year of receiving instruction from a person or who have participated as a part of a team affiliated with the school are ineligible for 180 school days. [R021-25, Sec. 3] Affidavit of Residency [NAC 385B.712] • Students who are enrolled at a school while living with their parent(s)/guardian(s) in a residence located in the home of another adult are ineligible for the first 180 school days of their enrollment. Charter School [NAC 385B.726] • Students who attend a charter school may not participate at their zoned school if they have the opportunity to participate in the sport at their charter school. If the sport is not offered, the student must be approved through the NIAA with proper documentation. Homeschool [NAC 385B.734] • Students who are homeschooled may participate at their zoned school after approval by the NIAA with the receipt received by their school district after submitting the Letter of Intent to Homeschool. Magnet School/Technical Academy • Students who initially enroll in Grade 9 at a magnet school or technical academy are eligible to participate in athletics. [NAC 385B.712] • Students who attend a magnet school or technical academy may not participate at their zoned school if they have the opportunity to participate in the sport at their enrolled school. If the sport is not offered, the student must be approved through the NIAA with proper documentation. [NAC 385B.724] Out of Zone Waiver [NAC 385B.744] • Students approved to attend a public school on an out of zone waiver are ineligible for varsity athletics for the first 180 school days of their enrollment. Private School [NAC 385B.732, NRS 385B.065] • Students who attend a private school may not participate at their zoned school, even if the sport is not offered. If the school enrolls 30 or fewer students in Grades 9-12 and does not offer the sport, the student may appeal to the NIAA to participate in that sport at their zoned school with approval through the School Board of Trustees.
Guardianship Rules	Divorce [NAC 385B.712, NAC 385B.714, NAC 385B.718] • Students whose parents are divorced are eligible with the parent who has primary physical custody. • If joint custody was determined prior to entering Grade 9, the student establishes eligibility with the parent with whom they enroll in Grade 9. • If joint custody is established while enrolled in high school, the student will retain their eligibility at their current school. • A change in guardianship will result in ineligibility for 180 school days.

Guardianship Rules	Separation • Students whose parents separate while enrolled in high school, will retain their eligibility at their current school. [NAC 385B.712] • If a separation occurs prior to Grade 9, the student establishes eligibility with the parent with whom they enroll in Grade 9. [NAC 385B.712] • A change in guardianship will result in ineligibility for 180 school days. [NAC 385B.712] Legal Guardians/Foster Parents • Students residing with a legal guardian or foster parent must be approved through the NIAA after providing proper court documents. [NAC 385B.712, NAC 385B.714, NAC 385B.718] Temporary Guardians • Students who reside with temporary guardians are ineligible. [NAC 385B.712]
Ineligibility	• Falsification of any documents or being dishonest regarding your residency, guardianship, enrollment, or academics may result in ineligibility for 360 school days (two years). [NAC 385B.776] • Students must complete a minimum of five practices after the official start date of the season to be eligible to participate in a contest for an NIAA-sanctioned sport. Baseball pitchers must have 10 practices. Golf and bowling are exempt. [NAC 385B.790] • Students may not participate in more than one sanctioned sport during a season nor participate in the same sanctioned sport more than once during a school year. [NAC 385B.332] • Students may not practice or participate in a sanctioned sport for more than one school during the season for that sanctioned sport. [NAC 385B.740] • A person shall not recruit or attempt to recruit a pupil to participate in a sanctioned sport. If a student is recruited they are ineligible to participate for up to 180 school days. [NAC 385B.342 NAC 385B.344, NAC 385B.346] • Students must remain amateurs in each sanctioned sport they wish to participate in. [NAC 385B.374]
One-Time Transfer Waiver [R021-25 Adopted July 1, 2026]	• Students who have not previously been granted a one-time transfer waiver and who have not been granted immediate eligibility under Section 7 of AB 184 (e.g. transferred prior to Grade 10 or transferred to a school using a lottery system), may apply for a waiver of ineligibility due to a transfer provided they have met all other NIAA regulation requirements and all school and school district policies. • The waiver will not be granted for transfers violating any guardianship, residency, enrollment, recruiting, or falsification of document regulation.
Assembly Bill 184 (AB184) [Adopted July 1, 2025]	• AB184 provides for hardship transfers and one-time transfers under certain circumstances, such as transferring prior to enrolling in Grade 10 and transferring to a school through a lottery system, except in cases of recruiting. • AB184 provides for a Level III appeal after an undesirable outcome in a Level II appeal. This is conducted by a designee from the school/school district.

Academic Eligibility <i>[NAC 385B.750-770]</i>	• Students must be enrolled in two units of credit during the season they wish to participate. • Students' academic status will be updated at each grading period (quarter and semester). • Students must pass two units of credit in the immediate preceding grading period. • Students may fail no more than one class in the immediate preceding grading period. • Students must obtain an unweighted grade point average of 2.0 in the immediate preceding grading period. • Students must maintain passing grades in all classes during the season, which is monitored through three-week grade checks by the school administrator. • Students who do not meet the minimum academic requirements at a grading period, as mentioned above, may regain eligibility at a three-week grade check. • Students who do not meet the minimum academic requirements at a grading period are immediately ineligible if failing a class during a three-week grade check (non-traditional status) • Students who have met minimum academic requirements at a grading period are provided a one-week probation period during the three-week grade check cycle to earn passing grades prior to becoming ineligible (traditional status). • Students in ninth grade are initially academically eligible until grades are posted in the first grading period of the year.
Substance Abuse Policy	• Students determined to be in possession of, or to have used, tobacco, an alcoholic beverage or a controlled substance is in violation of the NIAA Substance Abuse Policy. • First Violation requires six competitive weeks of suspension from participation in interscholastic competition. Four weeks of the suspension may be waived if the student successfully completes an appropriate substance abuse intervention program. A student may practice with the team during the suspension period. • Second Violation requires a minimum 90-day suspension from participation in interscholastic competition, which shall include a minimum of six competitive weeks of competition. The student must have a substance abuse evaluation assessment conducted by a licensed alcohol and drug counselor within ten days of the suspension, complete a substance abuse intervention program, and complete a minimum of ten (10) tobacco or alcohol/drug related support sessions. All requirements must be met before athletic eligibility is reinstated. A student may not practice with the team during the suspension period. • Third Violation results in ineligibility of the student from interscholastic athletics for the remainder of the student's high school career.
Ejections <i>[NAC 385B.822 - revised April 2, 2025]</i>	• Students ejected from a contest are suspended from the next two contests and cannot be on property for the contests, either home or away. Football ejections result in one contest suspension. • A third ejection in a season results in ineligibility for 180 school days and until reinstatement by the Executive Director. • Assault or battery against an official will result in ineligibility for 180 school days. • There is no appeal of an ejection or suspension. • Ejected players are required to complete the NFHS Sportsmanship course prior to reinstatement. • Spectators are expected to comply with the NIAA Spectator Policy.