Fort Bend Independent School District
School Health Services

Guidelines for Student Independent Diabetes Monitoring and Treatment at School

FBISD is committed to supporting students with diabetes to gain independence in the monitoring and treatment of his/her diabetes while at school or school sponsored events. The Texas Health and Safety code allows students who can demonstrate their ability to appropriately monitor and treat their diabetes to transport their own medications and supplies and to manage their diabetes independent of the school nurse or other school district staff.

The safety of all FBISD students is a primary concern of our district staff. For the safety of diabetic students as well as others, the following guidelines have been developed. ***Please read and sign the bottom of this form and return it to the school nurse indicating that you have read the guidelines listed below.***

- Both parent and physician's signatures are required on the ***Diabetes Management and Treatment Plan***, and must be on file in the school nurse's office before the student will be permitted to carry diabetic supplies at school. The form must be renewed at the beginning of every school year.

- The parent/guardian must supply all diabetic equipment. The school does not stock reserve supplies. **Parents are strongly encouraged to provide the school nurse with a secondary supply of emergency equipment** (e.g. a glucometer, lancets and Glucagon) in case the student becomes ill and his/her equipment is not available.

- Students may not share their equipment with other students. Stolen or missing supplies should be immediately reported to the school nurse.

- Students are required to carry and properly use a personal sharps disposal container, and should care for puncture sites and blood in such a way that others are not inadvertently exposed to the student's blood.

- Diabetic supplies should be kept in the student's direct possession at all times so that other students cannot easily access the supplies (The exceptions would be when the equipment is in the possession of a staff member).

- Equipment should be stored in a safe manner (i.e. so that glass insulin bottles wouldn't be bumped or broken or others punctured by sharps).

- Snacks may not be shared with peers in the classroom and should be an appropriate type of carbohydrate.

- Students are expected to test and treat symptoms in class in the least disruptive manner possible. A nearby staff member should be notified immediately if a student becomes ill or feels they may need assistance. **Please do not hesitate to ask for assistance**.

These guidelines apply to all school related activities. Because of the potential harm to self or others that could arise, infractions of these guidelines will be referred for disciplinary action.

Parent Signature:	Date:
Student Signature:	Date:

Revised 07/2018