Triennial Assessment Tool

Every three years or more often, if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to a Model Policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.** **This State Agency template is provided as a guide and is intended to be customized to meet district-specific needs. Please do not download and upload customized document without vetting to ensure alignment with local procedures and ADA compliance.*

Date of Assessment: 05/28/2026 Name of District: Jefferson City School System Number of Schools in District: 4

Nutrition Education Goal(s): The Jefferson City School nutrition education program will	**Status (select one):**	**Number of Compliant Schools:**	**Notes:**
1. be integrated into health education and the core curriculum at all school levels and grades. Teachers are encouraged to incorporate nutrition education into the areas of math, science, social studies, and language arts as applicable.	Completed	4	No adjustment required but requested additional documentation be provided by the department for teachers to use.
2. Be sequential, comprehensive, and standards-based, designed to provide students with the knowledge and skills necessary to promote a healthy lifestyle.	Completed	4	No adjustment requested
3. Include enjoyable, developmentally appropriate, and culturally relevant topics and activities.	Partially Completed	4	Requested more documentation from SNP
4. Build a collection of health-related media and information for parents, students and teacher use.	Not Completed	0	Requested School Nutrition news letter from department as corrective action
5.	Choose an item.		
Nutrition Promotion Goal(s): Please reference above	**Status (select one):**	**Number of Compliant Schools:**	**Notes:**
1.	Choose an item.		
2.	Choose an item.		

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3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Physical Activity Goal(s): Jefferson City Schools will	**Status (select one):**	**Number of Compliant Schools:**	**Notes:**
1. give all students in grades K-12 opportunities for physical activity during the school year through daily recess periods or required/elective physical education classes	Completed	4	No adjustment requested
2. provide a certified physical education teacher for all physical education classes.	Completed	4	No adjustment requested
3. encourage students to become involved in physical activity through school sponsored events, events in the community and by participating in extra-curricular activities	Completed	4	No adjustment requested
4. offer an interscholastic sports program at the high school and middle school.	Completed	4	No adjustment requested
5. offer a range of activities that meet the needs, interests, and abilities of all students, including boys, girls, students with disabilities, and students with special health-care needs.	Completed	4	No adjustment requested

Other School-Based Activities that Promote Student Wellness Goal(s):	**Status (select one):**	**Number of Compliant Schools: 4**	**Notes: JCS offers several wellness-based activities to the students at all grade levels- No change recommended**
1. Dragon Dash	Completed		
2. Dragon Fit	Completed		
3. Run Club/Glow Run	Completed		
4. Special Olympics	Completed		
5. All extracurricular activities	Completed		
Nutrition Guidelines for All Foods and Beverages Sold to Students: All schools will follow standards and nutrition guidelines for all foods and beverages	**Status (select one):**	**Number of Compliant Schools:**	**Notes:**

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available on campus during the school day that			
1. are consistent with federal meal pattern requirements and nutrition standards	Completed	4	No adjustment requested
2. prohibit the sale to students on the school campus during the school day of competitive foods that do not meet the federal criteria	Partially Completed	**2**	JMS 8th grade picnic, Sped Breakfast
3. adhere to the healthy, hunger-free kids act of 2010 and state requirements regarding exempt fundraisers	Completed	4	No adjustment requested
4. prohibit the marketing or advertising of foods and beverages that do not meet the Smart Snacks in school nutrition standards.	Completed	4	No adjustment requested
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Not Sold to Students *(i.e., classroom parties, foods given as reward)*	**Status (select one):**	**Number of Compliant Schools: 4**	**Notes: No specific language in the policy but all students are given the choice to go through the lunch line if food is provided in the classroom.**
1.	Choose an item.		
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Policies for Food and Beverage Marketing	**Status (select one):**	**Number of Compliant Schools:**	**Notes:**
1. prohibit the marketing or advertising of foods and beverages that do not meet the Smart Snacks in school nutrition standards.	Completed	**4**	
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

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Fueling Georgia's Future

Wellness Policy Leadership *Name of school official(s) who are responsible to ensure compliance.*	**Title and School**	**Notes:**
1. Savannah Hix	Director of School Nutrition	
2. Hannah Morgan	Bookkeeper of School Nutrition- Parent	
3.		
4.		
5.		
Wellness Committee Involvement *List of committee members' names*	**Title and Organization**	**Notes:**
1. Jessica Fergason	JA Principal/Parent	
2. Samantha Barrett	JA AP Principal/Parent	
3. Brandi Peiplow	SPED Director	
4. Maria Rainey	School Social Worker and Homeless Liaison/ Parent	
5. Jaquline Scales	School Psychologist/Parent	

Public Notification *Where it is posted i.e., webpage, handbook, etc.*	**How often it is updated/released:**	**Notes:**
1. Website	Annually	Voted on during summer board meeting and then presented to the public via JCS website
2.		
3.		
4.		
5.		

KEY	
Completed	select if you have met this goal at all schools

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Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success and the areas the district wants to work on in the coming years. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

District Name: Jefferson City School System Date: 05/28/2026

		Yes/No	Comments
1	Policy contains specific language regarding nutrition education.	Yes	Education portion could be more thorough
2	Policy contains specific language regarding nutrition promotion.	Yes	
3	Policy contains specific language regarding physical activity as part of health education.	Yes	
4	Policy contains specific language regarding **increased** student activity including physical activity breaks, active academics, and before and after school activities.	Yes	
5	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes	
6	Policy contains specific language regarding other activities that promote student wellness. This includes community	No	Could be more thorough

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	partnerships, family engagement, staff wellness, and professional learning.		
7	Policy contains specific language regarding nutrition requirements established by local, state, and federal regulations.	Yes	
8	Policy contains specific language regarding competitive foods and beverages.	Yes	
9	Policy contains specific language regarding food use in celebrations and rewards.	No	Recommendation to add
10	Policy contains specific language regarding fundraising guidelines.	Yes	
11	Policy contains specific language regarding food and beverage marketing in schools.	Yes	
12	Policy contains specific language regarding water availability and promotion.	No	Recommendation to add
13	Policy contains specific language regarding promotion of healthy food and beverages.	Yes	
14	Policy contains specific language regarding staff qualifications and professional development.	No	Recommendation to add
15	Policy contains specific language regarding community involvement, including outreach and communication to the community.	Yes	
16	School Food Authority (SFA) has convened a Wellness Committee.	Yes	
17	Wellness committee meets at least 4 times per year.	No	Must meet 4 times a year, required revision
18	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	Yes	Committee recommended to be revised each school year to capture more representatives
19	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates	No	Committee just formed, action plan to be revised in upcoming school year. Recommend revising each school year.

	roles, responsibilities, actions, and timelines specific to each school.		
20	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	Yes	
21	SFA has retained records that document compliance with policy requirements.	Yes	
22	SFA annually informs families and the public of basic policy information. Information includes policy content, updates, and implementation status.	Yes	
23	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are posted publicly. If the assessment has not occurred, determine plans for the evaluation.	Yes	
24	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy?	Yes	If policy is to be updated, further meetings with superintendent and legal representatives of the school are required.

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