



WFISD Health Services Department

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Severe Allergy Management: Parent Checklist

Welcome & Safety Instructions

Dear Parent/Guardian,

Our primary goal is to ensure a safe, inclusive, and healthy learning environment for your child. In accordance with Texas Education Code guidelines, managing a life-threatening allergy requires close collaboration between home and school. Please review and complete the checklist below before your child begins the school year. All medical forms and medications must be hand-delivered to the campus clinic by an adult; students may not transport medications unless explicitly authorized for self-carry.

Checklist

- ☐ Notice of Medical Disclosure/Consent Form 499-042 (Sign by parent/guardian)
- ☐ Family Food Allergy Health History Form 499-039 (Sign by parent/guardian)
- ☐ Emergency Action Plan (Signed by physician and parent/guardian)
- ☐ Dietary Accommodation Form (Only if requesting school cafeteria meal modifications/restrictions)
- ☐ Medication Administration Request Form 499-131 (Signed by physician and parent/guardian)
 - ☐ Epinephrine Auto Injector (Unopened, unexpired, with pharmacy label attached)
 - ☐ Medication Self Carry Agreement Form 499-131-A (Only if student will self-carry. Signed by physician and parent/guardian)

Helpful Reminders & Tips

- Schedule a brief meeting with the campus nurse to review documents and finalize your child's Individualized Healthcare Plan (IHP)
- Provide a safe classroom snack for your child for those unexpected parties or events.
- Review symptoms and safety rules with your child. Reinforce key rules such as never sharing or trading food, notifying and seeking help from an adult immediately should a reaction occur.
- Set a reminder to replace epinephrine before they expire.
- Update contact information immediately if numbers or emergency contacts change.
- Provide updates to the campus nurse immediately after medical visits if medication or dosage changed. Remember for any medication changes a new medication order is required.

We appreciate your help in our effort to provide the best care for your child