

ANGELA'S ANGELS & ATHLETES GYMNASTICS/ ATHLETIC PREP at Belvoir Christian Academy

Classes are offered for boys and girls in PK2 through 3rd grade.

Class Dates/Times: 2026 Fall semester 8/24-12/7 & 8/25-12/8

Pre-K2, 3 & 4 - Mondays – 10:00 – 10:30 and 10:30 - 11:00

Kindergarten – 3rd grade - Tuesdays - 3:20 – 4:00

\$200 per semester - Payment is due with this form.

Activities include forward rolls, backward rolls, cartwheels, handstands, balance beam movements, forward and backward pullovers on the bars, back/forward handspring movements, various jumping (plyometrics), age-appropriate fitness activities such as pushups, pull-ups, sit-ups, leg lifts, burpees, jumping jacks, bear crawls, duck walks, spider crawls, sprints, basketball, football, soccer drills, etc.

Make checks payable to **Angela's Angels and Athletes** and leave payment attached to this form at the childcare office or school office. Cash is accepted. Place it in an envelope with your child's name on it. No registration fee required.

We also offer classes at Boyd Buchanan, The Blessing Place, Hickory Valley, Memorial, Mill Creek, Ridgedale, Big Blue Marble Academy, and Grace Children's Center

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Name of Child Care/School _____ BCA _____

Child's Name _____ Parent's Name _____

E-mail _____ Phone _____

Teacher _____ Age/Grade _____

Contacts:

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Decades of Experience!

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